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SWIM CANADA

MARCH 1991

DARREN WARD, UNIVERSITY OF CALGARY SWIM CLUB

Marco Chiesa

THE FINALS®

PUT YOURSELF IN THIS BEAUTIFUL SCENE

The Ontario Swimming Development Camp will again be at camps AK-O-MAK, for girls and across the lake campsite, CHIKOPI for boys.

The philosophy for our camp is to supplement competitive swimming experience with other aquatic related activities in a widerness camp setting.

We feel that an atmosphere away from the chlorinated pools and gymnasium will ease the transitory period between the end of the summer break and resumption of the indoor short course competitive season. We also feel it helpful for swimmers to have some other time to do other sports and activities while maintaining their swimming skills.

Our activities both in and out of the water have been selected toward the development of the competitive swimmer. The daily schedule will include over three hours of intensive swim instruction, lectures, dry-land conditioning, stroke drills and in the water conditioning.

Our camp has always had the best coaching staff available in North America. We hope to continue this excellent tradition.

The camp is open to swimmers between the ages of 8 and 17. Since acceptance is on a first-come first-served basis, see inside the back cover for additional information on these camps, then call if in need of further information.

THE ONTARIO SWIMMING DEVELOPMENT CAMP

AUG.17-AUG.31,1991

APPLICATION FORM
Deadline for application with full payment: July 15, 1991
Non refundable deposit: $50.00

Registration fee: $ 625.00
$25 off for early registration by or before March 15, 1991
$25 off for 2nd child in family

NAME AGE SEX HEIGHT WEIGHT

ADDRESS CITY PROV POSTAL CODE

PHONE FEE T-SHIRT SIZE

I would like to apply for the 1991 Camp through this application and have further information sent to me

PARENT SIGNATURE DATE

RETURN FORM WITH PAYMENT TO
Camp Akomak (Girls) Camp Chikopi (Boys)
174 Stanley Street, Unit 101
Brantford, Ont., N3S 7S3 Tel:(519)756-1617
1-800-368-4152

■ Saskatoon Goldfins Swim Club is recruiting a full-time Head Coach. Candidates must have completed NCCP Level II and be willing to continue on to Level III. Starting date is September 1, 1991.

Competitive position of club consists of 60+ swimmers from novice to national level. Developmental program teaching swimming strokes is an integral part of the club.

Successful applicant to have thorough knowledge of stroke instruction as well as good motivation and communication skills. Experience with age group programs is desireable.

Send resume with three references, salary expectations and experience to:

Saskatoon Goldfins Swim Club
Box 8217, Saskatoon, SK
S7K 6C5

Deadline for applications: Apr.30,91

■ Interested in Head Coach position with Age Group level club or Senior Coach with National club. Extensive Canadian and European experience. Contact:

Marek R. Barlowski
22A Dr.Taha Hussein #17
Zamalek, Cairo, Egypt.
Tel: (202) 341-4286

■ Swimming coach with extensive experience coaching in Poland seeks a Canadian position.

I am 34 years of age and have coached for seven years including five years as a head coach and two additional years in Germany. Interested parties contact me at:

Jerzy Partyka,
54 Laurel Street
Waterloo, Ontario, N2J 2H2
Tel (519) 888-0345

■ Scarborough Swim Club is accepting applications for various coaching positions commencing September 1, 1991. Previous coaching experience is required. Salary negotiable. Interested applicants submit resume to:

Darrin Muma, Head Coach
Scarborough Swim Club
3464 Kingston Road, Sute 202
Scarborough, Ontario, M1M 1R5
Tel: (416) 266-4531

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FAX: 1-604-980-0196

CALENDAR

1991

March

13-14 World Cup 1, Milano, ITA
16-17 World Cup 2, Bonn, GER
19-20 World Cup 3, Malmo, SWE
22-23 World Cup 4, Rostock, GER
26-27 World Cup 5, Leningrad, URS
29-30 World Cup 6, Sheffield, GBR
8 Nation Youth Meet

April

5-7 Dartmouth Invitational
Saint John Invitational
Ajax Invitational at Univ.of Toronto
6-7 Guelph Sprints
9-10 World Cup 7, Victoria
12-14 Chinook Invitational, Calgary
13-14 Etobicoke Pepsi Pentathlon
19-21 Quebec Team I
25-28 Edmonton Keyano International
26-28 Standard Invitational, St.Catharines
Quebec Team II

May

3-5 Atlantic Cup 2, Halifax
4-5 Univ.Calgary Dual for Dollars
10-12 Toronto Aquanauts Invitational
11-12 Lethbridge Sprints
18-20 HYACK Age Group Invitational
24-26 Canada Cup West, Vancouver
Thornhill Invitational,Calgary
Guelph Invitational
Canada Cup East, Montreal

June

30-2 Youth Championships, Ste-Foy
Nova Scotia Age Groups
7-9 Ajax Invitational at Univ.ofToronto
14-16 Etobicoke Pepsi Age Group
15-16 Edmonton Keyano Senior Meet
28-30 Saskatchewan Championships

July

5-7 East Coast Champs, St.John's
Quebec Cup, Montreal
12-14 Alberta Championships
19-21 Quebec Age Groups
14-25 FISU Games, Sheffield,ENG
(15-20 swimming events)
26-28 Eastern Cup, Saint John
Western Cup, Winnipeg

August

30-3 Summer Nationals, Vancouver
4-18 Pan American Games, Havana
(11-17 swimming events)
22-25 Pan Pacifics, Edmonton

December

14-15 World Cup, Toronto

1992

February

26-29 Winter Nationals, Winnipeg

May

13-17 Olympic Trials, Montreal

July

25-Aug 9 Olympic Games, Barcelona
(26-31 swimming events)

COVER

IRONMAN Feats at Winter Nationals are rare. Darren Ward competed in 8 individual events, winning three. Best previous results have been obtained by Stephen Pickell, CDSC,1976 and Alex Baumann, LUSC, 1981

Pickell, 1976		**Baumann,1981**	
50 fr	23.63 (1)	200 fr	1:47.83 (1)
100 free	51.51 (1)	400 fr	3:49.22 (1)
200 free	1:52.10 (1)	1500fr	15:08.85 (1)
100 bk	56.88 (1)	200 IM	2:00.55 (1)
200 bk	2:04.67 (1)	400 IM	4:12.67 (1)
100 fly	55.69 (1)		
200 IM	2:09.67 (3)		
Ward,1991			
50 fr	23.13 (7)	100 fly	54.15(2)
100 free	49.77 (3)	200 fly	2:00.62 (4)
200 free	1:48.07 (1)	200 IM	1:59.36 (1)
100 br	1:03.95 (7)	400 IM	4:15.89 (1)

SWIMMER DIES IN ACCIDENT

OAK BAY, B.C.—Three killer whales dragged a trainer to her death after a show at Sealand of the Pacific, just outside Victoria.

Keltie Byrne, the 20-year old trainer who had ridden on the back of one of the whales during the show, fell into the water as she walked along the edge of the whale pool, a witness said.

But as Byrne was being helped out, one of the whales grabbed her foot and pulled her back into the water. She screamed for help. For about five minutes the whales pushed her around the tank, dragging her under and playfully grabbing her in their mouths.

Byrne was a member of the University of Victoria swimming team and was to have competed at the national finals in Halifax.

Many of Keltie Byrne friends in swimming were shocked to hear about her death during Winter Nationals. She had done most of her swimming in Edmonton. She started out as an 8-year old and grew with the Edmonton Keyano SC. She reached the top, with her gold medal performance at the 1986 Summer Nationals. Her specialty was the 200 individual medley. Her winning time was 2:22.31. She also finalled in breaststroke, picking up a bronze in the 100. She was 15 then. It was to be her best Nationals.

For the past 18 months she had been a part-time employee at Sealand and had started to swim with the University of Victoria Vikes.

She earned selection to the CIAU final by winning the 200 breast at the Western Conference Champs. at the University of Alberta in Edmonton. She was a finalist in the 100 breast and the 200 IM.

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MARCH 1991
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Consecutive Number 166

TEWKSBURY ON TOP OF THE WORLD

Patricia Young

CALGARY—Right time. Right place. Right talent. No matter how or when Mark Tewksbury, UCSC, fell into the blue waters at his hometown Lindsay Park pool, he came up with a world best.

The morning of the 100 backstroke Tewksbury had an extra incentive to swim fast. His father had slipped away from work just to watch him swim. Neither knew that this was going to be a world best performance, but both hoped it would be.

"I thought he would break the record," his father, Roger Tewksbury said. "We don't get that many chances to see him race, so to have all this happening in Calgary is very special for us."

"His father likes to watch him race," Mark's mother, Donna said. "I get too nervous. I'd rather just hear about it after it is all over. It's just too hard for me."

That night, with the stands jammed, it seemed that all of Calgary was watching as Tewksbury glided past his morning record of 53.32 and established a new standard of 52.89.

"It was so easy," crowed Tewksbury. "I can't believe the time. In the morning I was just seeing what was happening after World Champs.

"It has been a strange period, emotionally for me. I've been coming down, but I still have the whole year ahead of me."

There may be some controversy surrounding Tewksbury's swims. He established the marks using the newly approved backstroke turn which allows a backstroker to turn without having to touch the wall with his hand first. The new turns are not officially recognized until March 3, 1991. At that time all short course world bests will be deemed world records.

"I don't think it will be any harder for me to swim fast in March," said Tewksbury. "It will be neat to see how fast I can go.

"I don't want to kid anyone, there are three or four swimmers who are right there with me. For a while this event is going to be crazy and it's fun to the forerunner. I won't hand over the title. I want to keep this one.

"I couldn't ask for anything more than breaking this record in Calgary."

Tewksbury did not stop his streak after setting a new 100 back record. He went right on and crushed the 50 and 200 backstroke records. The 50 back records, one in the morning and one during the finals were no surprise. But even Tewksbury was stupefied by his world best time of 1:55.93 in the 200 back final. Only a slow morning swim in the 200 backstroke prevented him from making it six for six world bests.

Mark Tewksbury in record form. Patty Young

"It's a hat trick! Three in a row. This is the biggest shock of my life," said an almost speechless Tewksbury. "I just tried to keep it steady throughout the race. I can't believe this. Owwww!"

"I wasn't expecting a world best in the 200," UCSC head coach, Deryk Snelling said. "Mark now has the confidence to go with his awesome speed and we are just starting to see what that combination means for him.

"I've always believe that Mark was a great, really great, 200 swimmer. He has shied away from it in the past, but has always raced it when he's been asked.

"His technique is right on. There is no weakness in his arsenal."

Pity the poor backstrokers in his line of fire.

If Mark Tewksbury was winning kudos as the fastest man in the pool, then his teammate Darren Ward was after the Ironman award for the hardest working swimmer. He won the male swimmer of the meet award.

Ward swam an amazing eight events over four days. What makes it even more incredible is the, way he swam; fast.

He netted gold in three individual events, 200 freestyle, 200 and 400 individual medley and relay golds in the 4x50 free relay, 4x200 free relay and the 4x100 medley relay. He picked up silver in the 100 butterfly and 4x100 free relay.

"I was pleased with my performances," the 23 year old Calgary swimmer said. "I wasn't feeling very well here...flu or something, so I'm a little surprised at my performances.

"I swam personal bests in all my events. Now that's something that doesn't happen every meet."

Ward has reason to be proud. His time in the 200 individual medley places him seventh on the all time world ranking list. With this confidence he may be able to overcome the jitters he's experienced in the past at major international meets.

"If the World Championships are any indication of what can happen at the Olympic Games, the I feel I have as good a chance as anyone," Ward said.

"At the Worlds I didn't crash under the pressure. I've been learning at each big meet I go to.

"I feel that the experience that I've picked up on the World Cup has really helped me. I don't think that international racing will be a problem."

If Ward is going to excel as an elite swimmer he will have to narrow his focus. Picking his specialty will not be easy.

"I think I would like to concentrate on the 200 and 400 individual medley. I finally broke the two minute barrier and not many people have done that. That encourages me a lot.

"It is hard to say what I will specialize in. I should narrow down to at least five events."

The UCSC women did not leave all the gold digging chores to the Calgary men. Freestyler Andrea Nugent wiped Allison Higson's Canadian 100 freestyle record off the books with a time of 55.85.

"It was a painful swim at the end," the 22 year old Nugent said. "I had to be aggressive. I didn't know how close I was going to be to the record.

"I've been doing a lot of stroke work and power training. I can feel the difference in the water. I'm really pleased with the results.

Beth Hollihan, 200 fly winner. Patty Young

Nugent's win proved to herself that she is taking the right direction with her training. She also hopes that she has proved something to that nameless official who provoked her two years ago.

"He came up to me after I had a bad race and told me to quit. He said I was too old. Can you believe that? At 20 I'm washed up?

"There was no way I was going to listen to that kind of talk. This sport is seeing older women who are still very fast. I'm only 22 and I'm way stronger than I was four years ago.

"They can just kept telling me to quit and I'll just stick around breaking records."

While Nugent broke records in the 100 free, TOMAC sprintmeister, Dean "Kondo" Kondziolka, settled for breaking blocks. Kondziolka didn't do it on purpose, he was merely following the tradition established by Sandy Goss.

Kondziolka's block buster performance worked in his favour. He won the 50 freestyle in a time of 22.35. Marcel Gery, NYAC won the silver and third place, temporarily, went to Arthur Li, UCSC.

Li is going to school in California and his family lives in Hong Kong. Understandably there was confusion over Li's actual status and his eligibity for a spot in the finals. (Only those eligibe for international selection could swim in the final). He was disqualified and teammate Steven VanderMeulen took over third place.

Marianne Limpert, 18, trains under Byron MacDonald at the University of Toronto. Most people only became aware of her presence when she appeared out of nowhere and qualified for the World Championships in the 200 IM.

Limpert's only real competition in that event in Calgary was Nancy Sweetnam, LLSC. Sweetnam took a slight lead early in the race, but Limpert was able to pull past her to win. Her time of 2:13.87 almost equalled the Canadian and Commonwealth record of 2:13.18 set by Nancy Garapick in 1979.

"I would have like the record," Limpert said. "I've had a hard time focusing here. I seem to respond better when I'm under pressure and I just didn't feel that.

"Racing Nancy did motivate me. It really got me going. I know people will say that there is a 'rivalry' between us, but there isn't. We happen to be very close to each other in the same event. It's just racing.

"I could have been in better shape right now. I took a week off after the World Championships and went to Fiji and did some visiting when I got home. I haven't been back in the water that long.

"I'm very pleased with my results. The new backstroke turn has improved the event I think. What I will have to work on is going out faster and concentrate on my backstroke. I was pleased with my breaststroke here."

Nikki Dryden, record setter in 200 back. Patty Young

The winner of the high point female swimmer award was Nancy Sweetnam, LLSC. She won the 400 individual medley and 200 breaststroke and picked up a silver in the 200 individual medley and a bronze in the 100 fly.

"The first event that Nancy ever qualified for Nationals in was the 200 breaststroke," coach Marion Sweetnam said. "I decided to start swimming her in other events because Allison (Higson) and Guylaine (Cloutier) dominated breaststroke. That is when we moved to individual medley."

"My legs were a bit sore," Nancy Sweetnam said. "The 200 IM was the last day of the meet and I could feel it. I'm pleased with the meet and I'm very pleased with my times. They were all personal bests."

The women in Canada are finally coming out from under what ever rock it is that they've been hiding under. Three individual Canadian records were set at this meet and one was narrowly missed. None of the men broke any individual records.

The fact that these records are being set in events that in the past have been regarded as laughable shows that, finally, someone is taking their job seriously.

Nikki Dryden, IS, is one of woman to be taken very seriously. The 15 year old, 6'1" Victoria swimmer broke the Canadian and Commonwealth 200 backstroke records. She also won the 100 back, but her talents are not limited to one stroke. Dryden is also a strong distance freestyler. She proved this when she won a bronze in the 400 freestyle.

Dryden is just starting to find her place in the sport. As a nine year old she had already set a British Columbia age group record, but that was in high jump, a discipline that is also perfectly suited for her long build. She was a member of the 1991 World Championship swim team.

"I have just started training hard," Dryden said. "When I was in at the World Championships it was amazing to see all the world records. It's really inspiring.

"The Worlds were overwhelming, but I wouldn't say that they are intimidating."

Kristin Topham, EPS, set a Canadian record of 1:00.45 in the 100 butterfly, breaking her former record of 1:00.48.

"We had expected a little more," her coach Cliff Barry said. "She works hard and has a good attitude, so you can't ask for more than that."

The University of Calgary swept both the men's and women's team titles. The UCSC women's 4x50 and 4x100 free relays set new Canadian records. Calgary also set a national mark in the men's 4x50 free relay.

The winner of the rookie of the meet award was won by 14 year old Lisa Virgini, PCSC. This award is given for the best performance by a first time national qualifier. The top single performance of the meet was by Mark Tewksbury for his world best in the 100 backstroke. ■

WINTER NATIONALS

1991 WINTER NATIONALS
Calgary, Feb.29-23 (25 M) ✳=Canadian record

WOMEN

50 METRES FREESTYLE

Kristin Topham,17,EPS	25.85	25.66
Andrea Nugent,22,UCSC	25.86	25.72
Cindy Unruh,20,SPART	26.14	26.05
Lori Melien,18,UCSC	26.14	26.06
Allison Higson,17,UCSC	26.49	26.30
Karen Chow,17,HYACK	26.31	26.34
Sharon Turner,18,HYACK	26.48	26.35
Gabriella Kuntz,17,UCSC	26.36	26.45
Consolation		
Edith Lachapelle,14,GO	26.73	26.43
Shauna Collins,13,ROD	26.50	26.44
Julie Howard,14,BRANT	26.76	26.60
Patricia Levesque,17,SELCT	26.78	26.68
Melanie Mackwood,17,MAC	26.54	26.81
Stephanie Lemay,16,BBF	26.66	26.83
Erin Murphy,21,MANTA	26.62	27.03
Janet Mayville,16,YORK	26.85	27.12

100 METRES FREESTYLE

Andrea Nugent,22,UCSC	55.95	✳55.85
Sharon Turner,18,HYACK	56.67	56.81
Lori Melien,18,UCSC	56.89	56.82
Kimberley Paton,18,BRANT	57.20	56.94
Cindy Unruh,20,SPART	57.20	56.96
Shauna Collins,13,ROD	57.10	57.02
Karen Chow,17,HYACK	57.15	57.23
Kristin Topham,17,EPS	56.91	57.40
Consolation		
Jill Lakusiak,16,MANTA	57.96	57.50
Patricia Levesque,17,SELCT	57.42	57.59
Gabriella Kuntz,17,UCSC	58.11	57.75
Danielle Kennedy,17,PDSA	58.55	57.89
Edith Lachapelle,14,GO	58.01	57.95
Petrina Lessard,16,PCSC	57.74	58.69
Barb Austin,17,ROD	58.35	58.78
Janet Mayville,16,YORK	58.20	59.44

200 METRES FREESTYLE

Kimberley Paton,18,BRANT	2:03.38	2:01.03
Allison Higson,17,UCSC	2:02.43	2:02.63
Jocelyn Jay,18,BRANT	2:03.42	2:02.70
Alicia Hicken,15,EPS	2:03.64	2:03.19
Danielle Kennedy,17,PDSA	2:02.68	2:03.48
Petrina Lessard,16,PCSC	2:04.29	2:03.65
Julie Barbeau,15,ELITE	2:03.70	2:04.37
Nikki Dryden,15,IS	2:04.16	2:05.74
Consolation		
Jennifer Hutchison,18,PCSC	2:04.96	2:03.66
Sharon Turner,18,HYACK	2:04.29	2:04.22
Chris Hashimoto,19,NYAC	2:04.67	2:04.64
Jill Lakusiak,16,MANTA	2:04.75	2:04.77
Joanne Malar,15,HWAC	2:04.78	2:04.83
Carrie Fowlie,14,PDSA	2:05.03	2:06.08
Cindy Unruh,20,SPART	2:05.11	2:06.08
Patricia Levesque,17,SELCT	2:05.03	2:06.14

400 METRES FREESTYLE

Tara Seymour,18,EKSC	4:21.31	4:15.60
Jocelyn Jay,18,BRANT	4:18.68	4:15.92
Nikki Dryden,15,IS	4:18.24	4:16.17
Allison Higson,17,UCSC	4:20.98	4:16.44
Kimberley Paton,18,BRANT	4:19.19	4:16.46
Danielle Kennedy,17,PDSA	4:20.51	4:17.77
Erin Holland,17,UCSC	4:18.09	4:18.74
Debbie Wurzburger,21,EKSC	4:18.70	4:22.81
Consolation		
Stephanie Shewchuk,16,EPS	4:23.02	4:20.13
Peggy Corkum,16,EPS	4:21.64	4:20.49
Jill Savege,16,TRENT	4:21.45	4:21.98
Maria Gaudin,18,EKSC	4:23.51	4:21.98
Brigitta Davidson,17,GO	4:23.60	4:22.08
Cindy Bertelink,15,COBRA	4:23.51	4:22.22
Leanne Wilkinson,15,IS	4:23.45	4:23.72
Marla Dowdeswell,17,ROD	4:21.42	4:27.60

800 METRES FREESTYLE

Stephanie Shewchuk,16,EPS	8:44.17
Erin Holland,17,UCSC	8:47.41
Debbie Wurzburger,21,EKSC	9:47.55
Tara Seymour,18,EKSC	8:49.89
Jocelyn Jay,18,BRANT	8:51.45
Peggy Corkum,16,EPS	8:55.62
Cindy Bertelink,15,COBRA	8:56.10
Karen Ward,24,SELCT	8:56.86
Consolation	
Carrie Fowlie,14,PDSA	8:58.18
Brigitta Davidson,17,GO	8:58.40
Jill Savege,16,TRENT	8:58.54
Cathy Dufresne,15,PLUS	8:58.93
Tisha Stojkovic,17,WAC	9:02.63
Marla Dowdeswell,17,ROD	9:05.35
Chantal Harrison,16,CAMO	9:06.40
Julie Durward,18,PDSA	9:06.63

1500 METRES FREESTYLE (800 split)

Stephanie Shewchuk,16,EPS	8:49.37	16:39.78
Debbie Wurzburger,21,EKSC	8:50.15	16:43.64
Tara Seymour,18,EKSC	8:49.10	16:46.23
Peggy Corkum,16,EPS	8:51.16	16:53.63
Erin Holland,17,UCSC	8:52.53	16:55.25
Marla Dowdeswell,17,ROD	9:02.21	17:09.07
Shyanne Shannon,14,TIDE	9:03.11	17:09.28
Cindy Bertelink,15,COBRA	9:09.14	17:09.34
Consolation		
Julie Durward,18,PDSA	9:07.35	17:14.15
Cathy Dufresne,15,PLUS	9:04.26	17:17.42
Michelle Sallee,17,PDSA	9:08.83	17:20.87
Tisha Stojkovic,17,WAC	9:07.37	17:21.97
Chantal Harrison,16,CAMO	9:12.22	17:27.87
Carrie Fowlie,14,PDSA	9:13.75	17:30.89
Shannon Brown,15,IS	9:15.28	17:33.46
Alicia Belluz,15,HWAC	9:21.11	17:46.63

50 METRES BACKSTROKE

Anne Barnes,20,UCSC	29.87	29.53
Christine Harris,20,HYACK	29.88	29.66
Lori Melien,18,UCSC	29.77	29.70
Nikki Dryden,15,IS	29.98	29.85
Nadine Rolland,15,SUPER	30.00	29.86
Michelle Lischinsky,16,MANTA	30.47	30.22
Manon Simard,22,ELITE	30.45	30.27
Melanie Mackwood,17,MAC	30.55	30.40
Consolation		
Hadas Pade,NYAC(ISR)	30.01	30.08
Julie Howard,14,BRANT	30.83	30.51
Stephanie Lemay,16,BBF	30.69	30.60
Kathy Monar,16,GOLD	30.75	30.67
Nadine Emond,17,CNMN	30.94	30.73
Katrina Walters,15,PSW	31.00	30.96
Susan Banman,13,ROD	30.90	31.10
Heather Armitage,18,WISC	31.00	31.67

100 METRES BACKSTROKE

Nikki Dryden,15,IS	1:02.81	1:02.45
Anne Barnes,20,UCSC	1:02.81	1:02.54
Lori Melien,18,UCSC	1:03.24	1:03.03
Manon Simard,22,ELITE	1:04.26	1:03.39
Christine Harris,20,HYACK	1:03.91	1:03.60
Nadine Emond,17,CNMN	1:04.70	1:04.44
Michelle Lischinsky,16,MANTA	1:04.51	1:04.45
Lisa Virgini,14,PCSC	1:04.52	1:05.44
Consolation		
Hadas Pade,17,NYAC(ISR)	1:03.67	1:04.19
Shyanne Shannon,14,TIDE	1:05.79	1:04.45
Kathy Monar,16,GOLD	1:04.84	1:04.60
Beth Hazel,17,EPS	1:05.02	1:04.66
Melanie Quevillon,14,CNO	1:05.45	1:05.33
Nadine Rolland,15,SUPER	1:04.94	1:05.54
Erica Nagy,14,COBRA	1:05.72	1:05.78
Rebecca Glennie,18,NYAC	1:05.73	1:06.30

200 METRES BACKSTROKE

Nikki Dryden,15,IS	2:15.39	✳2:12.18
Joanne Malar,15,HWAC	2:14.21	2:13.83
Beth Hazel,17,EPS	2:16.88	2:13.83
Nadine Emond,17,CNMN	2:16.52	2:14.84
Shyanne Shannon,14,TIDE	2:17.28	2:15.31
Lisa Virgini,14,PCSC	2:17.77	2:16.66
Anne Barnes,20,UCSC	2:18.16	2:17.05
Erica Nagy,14,COBRA	2:16.64	2:18.25
Consolation		
Kathy Monar,16,GOLD	2:19.66	2:17.67
Michelle Lischinsky,16,MANTA	2:18.59	2:18.02
Rebecca Glennie,18,NYAC	2:19.56	2:18.78
Shanon Connolly,17,NYAC	2:19.99	2:19.06
Katrina Walters,15,PSW	2:20.58	2:19.28
Laura Pagnucco,20,UCSC	2:19.70	2:19.58
Susie Miller,16,ROW	2:20.07	2:20.01
Christine Harris,20,HYACK	2:21.27	2:20.53

50 METRES BREASTSTROKE

Marianne Limpert,18,NYAC	33.08	32.49
Isabelle Groulx,16,POLAR	32.96	32.87
Guylaine Cloutier,19,ELITE	33.13	32.88
Kathryn Owen,20,KAC	33.26	33.25
Carwai Seto,17,HTAC	33.32	33.26
Carmen Boudreau,19,PDSA	33.77	33.55
Lisa Blackburn,19,GO	33.61	33.69
Jennifer Heagy,13,SPART	33.87	33.76
Consolation		
Nathalie Giguere,18,SELCT	34.24	33.69
Anita Lee,16,PDSA	34.03	33.78
Megan Sullivan,16,MUSAC	34.08	33.92
Stephanie Richardson,14,NYAC	34.11	33.93
Sheryl Ross,16,COBRA	34.30	34.17
Anne Blachford,14,COBRA	34.38	34.35
Chantal Dubois,16,SELCT	34.39	34.38
Debbie Matejicka,17,MM	34.37	34.58

100 METRES BREASTSTROKE

Guylaine Cloutier,19,ELITE	1:09.85	1:09.32
Nancy Sweetnam,17,LLSC	1:10.37	1:09.41
Marianne Limpert,18,NYAC	1:10.58	1:10.42
Nathalie Giguere,18,SELCT	1:11.48	1:10.79
Lisa Flood,19,UNATT	1:11.44	1:11.15
Carwai Seto,17,HTAC	1:11.00	1:11.24
Chantal Dubois,16,SELCT	1:11.62	1:11.26
Lisa Blackburn,19,GO	1:11.61	1:12.18
Consolation		
Stephanie Richardson,14,NYAC	1:12.05	1:11.98

Chantal Pelland,18,ELITE	1:11.98	1:12.00
Isabelle Groulx,16,POLAR	1:11.75	1:12.24
Anne Blachford,14,COBRA	1:12.15	1:12.30
Allison Higson,17,UCSC	1:13.05	1:12.57
Megan Sullivan,16,MUSAC	1:12.31	1:12.58
Kathryn Owen,20,KAC	1:13.07	1:12.86
Carmen Boudreau,19,PDSA	1:12.77	1:13.33
200 METRES BREASTSTROKE		
Nancy Sweetnam,17,LLSC	2:32.39	2:28.58
Nathalie Giguere,18,SELCT	2:28.68	2:29.03
Guylaine Cloutier,19,ELITE	2:31.01	2:29.74
Chantal Dubois,16,SELCT	2:33.54	2:33.70
Marianne Limpert,18,NYAC	2:34.81	2:33.80
Carmen Boudreau,19,PDSA	2:35.57	2:34.70
Chantal Pelland,18,ELITE	2:35.04	2:35.28
Carwai Seto,17,HTAC	2:35.45	2:35.32
Consolation		
Jennifer Heagy,13,SPART	2:37.07	2:33.14
Isabelle Groulx,16,POLAR	2:37.89	2:36.12
Sheila Hewerdine,16,LAC	2:37.54	2:36.30
Stephanie Richardson,14,NYAC	2:38.74	2:36.64
Anne Blachford,14,COBRA	2:37.94	2:37.04
Andrea Mortin,15,ROD	2:38.70	2:37.64
Megan Sullivan,16,MUSAC	2:38.53	2:37.73
Kathryn Owen,20,KAC	2:39.13	2:40.64
50 METRES BUTTERFLY		
Kristin Topham,17,EPS	27.35	27.17
Andrea Nugent,22,UCSC	27.88	27.63
Sarah Evanetz,15,PDSA	28.55	28.28
Lori Melien,18,UCSC	28.52	28.48
Debbie Gaudin,20,EKSC	28.63	28.54
Marianne Limpert,18,NYAC	28.86	28.91
Stephanie Lemay,16,BBF	29.03	29.06
Rose Vogelaar,21,UCSC	29.05	29.25
Consolation		
Lisa Robertson,16,HYACK	29.13	28.89
Catherine Schier,18,UCSC	29.07	29.06
Shauna Collins,13,ROD	29.64	29.09
Kathryn McBurney,15,WISC	29.29	29.13
Jessica Amey,14,UCSC	29.08	29.19
Beth Hollihan,18,NYAC	29.49	29.32
Allison Barriscale,14,IS	29.58	29.69
Fiona Woods,27,GOLD	29.60	29.97
100 METRES BUTTERFLY		
Kristin Topham,17,EPS	✱1:00.46	✱1:00.45
Andrea Nugent,22,UCSC	1:02.83	1:01.73
Nancy Sweetnam,17,LLSC	1:02.56	1:01.91
Debbie Gaudin,20,EKSC	1:02.86	1:02.64
Lori Melien,18,UCSC	1:02.86	1:02.65
Jennifer Hutchison,18,PCSC	1:03.14	1:02.97
Patricia Levesque,17,SELCT	1:03.35	1:03.27
Beth Hazel,17,EPS	1:03.02	1:03.45
Consolation		
Sarah Evanetz,15,PDSA	1:03.62	1:02.01
Catherine Schier,18,UCSC	1:03.50	1:03.25
Sandra Marchand,17,ELITE	1:04.09	1:03.75
Fiona Woods,27,GOLD	1:03.94	1:03.80
Beth Hollihan,18,NYAC	1:04.13	1:03.93
Kathryn McBurney,15,WISC	1:04.08	1:04.71
Janet Mayville,16,YORK	1:04.04	1:05.00
Jessica Amey,14,UCSC	1:04.09	1:05.50
200 METRES BUTTERFLY		
Beth Hollihan,18,NYAC	2:15.22	2:13.66
Maria Gaudin,18,EKSC	2:15.07	2:14.29
Mojca Cater,21,,EKSC	2:15.04	2:14.46
Sheila Hewerdine,16,LAC	2:17.24	2:15.98
Adrienne Kovacs,20,NYAC	2:16.30	2:17.59
Sandra Marchand,17,ELITE	2:17.04	2:17.69
Jacynthe Pineau,16,SELCT	2:15.79	2:18.18
Beth Hazel,17,EPS	2:16.79	2:18.57
Consolation		
Fiona Woods,27,GOLD	2:17.33	2:17.90
Catherine Schier,18,UCSC	2:17.62	2:18.23
Leanne Wilkinson,15,IS	2:17.31	2:18.32
Donna McGinnis,22,EKSC	2:18.43	2:18.46
Jennifer Hutchison,18,PCSC	2:17.77	2:18.46
Iona Allen,16,HTAC	2:19.12	2:18.47
Janet Mayville,16,YORK	2:19.87	2:21.41
Lisa Woods,20,IS	2:20.07	2:22.38
200 METRES INDIVIDUAL MEDLEY		
Marianne Limpert,18,NYAC	2:18.15	2:13.87
Nancy Sweetnam,17,LLSC	2:17.57	2:14.56
Joanne Malar,15,HWAC	2:17.98	2:16.70
Sheila Hewerdine,16,LAC	2:19.31	2:17.77
Chantal Pelland,18,ELITE	2:21.02	2:20.10
Allison Barrsiacel,14,IS	2:20.90	2:20.20
Brandee Alexander,19,UMAN	2:21.19	2:20.50
Clare Matthews,18,PDSA	2:21.22	2:22.35
Consolation		
Holly McComb,15,PCSC	2:23.12	2:19.74
Jennifer Goldsmith,17,PDSA	2:22.30	2:21.12
Janet Mayville,16,YORK	2:22.75	2:21.31
Guylaine Cloutier,19,ELITE	2:22.62	2:22.49
Annabel Bicknell,20,HYACK	2:22.22	2:22.60
Lisa Woods,20,IS	2:22.81	2:22.70
Shannon Bell,16,PDSA	2:23.00	2:22.77
Julie Durward,18,PDSA	2:22.44	2:24.06
400 METRES INDIVIDUAL MEDLEY		
Nancy Sweetnam,17,LLSC	4:49.73	4:44.95
Sheila Hewerdine,16,LAC	4:53.17	4:48.84
Joanne Malar,15,HWAC	4:50.09	4:49.64
Marianne Limpert,18,NYAC	4:56.04	4:51.27
Jennifer Goldsmith,17,PDSA	4:53.56	4:51.43
Tara Seymour,18,EKSC	4:54.27	4:52.68
Leanne Wilkinson,15,IS	4:55.37	4:56.27
Mojca Cater,21,EKSC	4:55.31	4:57.26
Consolation		
Jocelyn Jay,18,BRANT	4:57.04	4:54.49
Holly McComb,15,PCSC	4:58.94	4:55.56
Iona Allen,16,HTAC	4:59.26	4:56.43
Chantal Pelland,18,ELITE	4:58.26	4:57.21
Claire Matthews,18,PDSA	4:59.12	4:57.71
Annabel Bicknell,20,HYACK	5:00.48	4:59.92
Allison Barriscale,14,IS	4:58.98	5:03.11
Brandee Alexander,19,UMAN	5:00.48	5:08.80
4x100 METRES MEDLEY RELAY		
University of Calgary SC		4:11.82
1:02.72 Anne Barnes, 1:12.02 Allison Higson, 1:01.66 Lori Melien, 55.42 Andrea Nugent		
Laval +Longueuil ELITE		4:13.25
1:04.28 Manon Simard, 1:09.29 Guylaine Cloutier, 1:02.59 Sandra Marchand, 57.09 Julie Barbeau		
North York AC		4:15.56
1:04.53 Hadas Pade, 1:11.42 Marianne Limpert, 1:02.91 Beth Hollihan, 56.70 Chris Hashimoto		
Etobicoke Pepsi		4:15.81
Halifax Trojans		4:20.21
Select Ste-Foy		4:20.65
Pacific Dolphins		4:20.84
Hyack Swim Club		4:20.97
4X50 METRES FREE RELAY		
University of Calgary SC		✱1:43.14
26.35 Allison Higson, 26.00 Gabriella Kuntz, 25.47 Lori Melien, 25.32 Andrea Nugent		
Etobicoke Pepsi		1:46.14
25.84 Kristin Topham, 26.47 Carmen Kondra, 26.76 Michelle Killins, 27.07 Alicia Hicken		
Regina Optimist Dolphins		1:46.99
26.50 Shauna Collins, 27.27 Susie Banman, 26.81 Chris McEwan, 26.41 Barb Austin		
Hyack Swim Club		1:47.50
North York AC		1:47.66
Pacfic Dolphins		1:47.80
University of Calgary SC B		1:47.99
Pointe Claire SC		1:48.94
4x100 METRES FREE RELAY		
University of Calgary SC		✱3:45.90
57.35 Allison Higson, 57.41 Gabriella Kuntz, 55.62 Lori Melien, 55.52 Andrea Nugent		
North York AC		3:51.15
57.08 Marianne Limpert, 58.28 Kathy Bald, 57.38 Chris Hashimoto, 58.41 Chris Perry		
Regina Optimist Dolphins		3:51.78
58.74 Barb Austin, 56.37 Shauna Collins 58.49 Susie Banman, 58.18 Chris McEwan		
Hyack Swim Club		3:53.17
Laval+Longueuil ELITE		3:53.56
University of Calgary SC B		3:54.51
University of Calgary SC C		3:55.02
Select Ste-Foy		3:56.33
4x200 METRES FREE RELAY		
Pacific Dolphins		8:16.21
2:04.31 Danielle Kennedy, 2:03.98 Julie Durward, 2:04.58 Carrie Fowlie, 2:03.34 Jennifer Goldsmith		
University of Calgary SC		8:20.09
2:04.12 Allison Higson, 2:06.62 Laura Pagnucco, 2:04.76 Andrea Nugent, 2:04.59 Erin Holland		
Edmonton Keyano SC		8:22.93
2:04.68 Tara Seymour, 2:05.42 Maria Gaudin, 2:07.65 Deb Wurzburger, 2:05.18 Debbie Gaudin		
North York AC		8:23.22
Island Swimming		8:24.13
Etobicoke Pepsi		8:25.27
Laval+Longueuil ELITE		8:28.73
Pointe Claire SC		8:30.23

MEN

50 METRES FREESTYLE		
Dean Kondziolka,18,TOMAC	22.36	22.35
Marcel Gery,25,NYAC	22.86	22.63
Steven VanderMeulen,21,UCSC	23.16	22.87
Regen Lacoursiere,24,PCSC	23.09	22.92
Sebastien Goulet,20,UNATT	23.13	23.16
Robert Braknis,18,CAC	23.15	23.44
Darren Ward,22,UCSC	23.14	30.35
Asthur Li,18,UCSC	23.10	disq
Consolation		
Mark Tewksbury,23,UCSC	23.25	23.38
Andre Denton,24,NYAC	23.40	23.47
Ron Page,22,PDSA	23.30	23.48
Tarek Raafat,24,GO	23.30	23.51
Jeff Welechuk,19,EKSC	23.44	23.55
Deke Botsford,23.EPS	23.44	23.57
Todd MacNeil,20,UMAN	23.40	23.59
Jeff Sumner,20,EYSC	23.37	23.65
100 METRES FREESTYLE		
Marcel Gery,25,NYAC	50.28	49.64
Dean Kondziolka,18,TOMAC	49.92	49.74

Darren Ward,22,UCSC	50.47	49.77
Ron Page,22,PDSA	50.41	50.31
Stephane Hebert.22.,SELCT	50.47	50.32
Sebastien Goulet,20,UNATT	50.46	50.38
Regent LaCoursiere,24,PCSC	50.67	50.82
Steven VanderMeulen,21,UCSC	50.45	52.16
Consolation		
Tarek Raafat,24,GO	51.35	51.16
Todd MacNeil,20,UMAN	51.38	51.34
Gary VanderMeulen,21,UCSC	51.23	51.42
Arthur Li,18,UCSC	51.14	51.43
Frank Samel,17,EPS	51.32	51.45
Taras Pawlowsky,20,POLAR	51.42	51.67
Andrew Ross,18,KISU	51.14	51.68
Turlough O'Hare,21,PDSA	51.31	51.72
200 METRES FREESTYLE		
Darren Ward,22,UCSC	1:48.80	1:48.07
Turlough O'Hare,21,PDSA	1:49.65	1:48.83
Gary VanderMeulen,21,UCSC	1:49.64	1:48.87
Sean Swain,19,UCSC	1:50.35	1:50.48
Ron Page,22,PDSA	1:50.98	1:50.62
Ron Clark,22,UCSC	1:51.25	1:50.82
Robbie McFarlane,17,GOLD	1:51.38	1:51.48
Steven VanderMeulen,21,UCSC	1:51.01	1:53.01
Consolation		
Frank Samel,17,EPS	1:51.93	1:50.78
Mark Phillips.20,EKSC	1:51.85	1:51.15
Baldev Ahluwalia,21,BROCK	1:52.28	1:51.30
Raz Dar,18,EKSC	1:51.07	1:52.06
Paul Szekula,22,EPS	1:51.76	1:52.36
David Goodkey,21,EKSC	1:51.95	1:52.42
Arthur Li,18,UCSC	1:51.34	1:53.03
Jon Kelly,25,IS	1:52.30	disq
400 METRES FREESTYLE		
Gary VanderMeulen,21,UCSC	3:55.79	3:51.57
Turlough O'Hare,21,PDSA	3:56.21	3:51.57
Chris Bowie,23,EKSC	3:56.53	3:52.26
Robbie McFarlane,17,GOLD	3:56.26	3:54.72
Sean Swain,19,UCSC	3:56.76	3:55.41
Baldev Ahluwalia,21,BROCK	3:56.63	3:57.26
Dave McLellan,17,LAC	3:57.28	3:58.23
Brett Regan,20,IS	3:57.08	3:59.30
Consolation		
Harry Taylor,22,EKSC	3:58.97	3:53.79
Paul Deshaies,19,CNMN	3:57.78	3:55.12
Owen VonRichter,15,EPS	3:58.14	3:55.93
Bill Lomax,18,EKSC	3:59.80	3:57.78
Jaret Abel,16,EKSC	3:58.41	3:58.57
Jim Chapmsn,17,POLAR	3:59.60	3:59.35
Dave Chisholm,18,LAC	3:58.32	3:59.43
Mark Phillips,20,EKSC	3:59.45	3:59.71
800 METRES FREESTYLE		
Harry Taylor,22,EKSC		7:59.56
Dave McLellan,17,LAC		8:00.80
Chris Bowie,23,EKSC		8:05.69
Gary VanderMeulen,21,UCSC		8:09.49
Bill Lomax,18,EKSC		8:10.05
Dave Chisholm,18,LAC		8:16.11
Jaret Abel,16,EKSC		8:17.26
Raz Dar,18,EKSC		8:19.56
Consolation		
Pauil Deshaies,19,CNMN		8:20.08
Bob Pearson,20,POLAR		8:25.79
Martin Campeau,18,SELCT		8:28.53
Rod Castellanos,18,HWAC		8:28.58
Jayson Knack,17,BRANT		8:32.08
Matthew Cardwell,17,PCSC		8:34.85
Matt Fraser,18,LAC		8:41.01
Craig Devitt,17,UNATT		8:44.87
1500 METRES FREESTYLE	(800 split)	
Harry Taylor,22,EKSC	8:05.02	15:11.95
Dave McLellan,17,LAC	8:07.18	15:14.51
Chris Bowie,23,EKSC	8:13.65	15:27.89
Bill Lomax,18,EKSC	8:13.27	15:31.26
Dave Chisholm,18,LAC	8:15.69	15:35.58
Owen VonRichter,15,EPS	8:16.11	15:37.93
Jaret Abel,16,EKSC	8:25.60	15:44.66
Paul Deshaies,19,CNMN	8:12.13	15:47.22
Consolation		
Matthew Cardwell,17,PCSC	8:25.83	15:53.79
Bob Pearson,20,POLAR	8:21.55	15:58.51
Sean Swain,19,UCSC	8:35.31	16:00.68
Liam Wesseloh,15,NYAC	8:27.35	16:03.37
Raz Dar,18,EKSC	8:41.83	16:10.52
Martin Campeau,18,SELCT	8:36.67	16:12.82
Rod Castellanos,18,HWAC	8:34.65	16:13.43
Jamie Stevens,16,MANTA	8:40.76	16:23.63
50 METRES BACKSTROKE		
Mark Tewksbury,23,UCSC	25.01	24.79
Marcel Gery,25,NYAC	25.74	25.75
Deke Botsford,23,EPS	26.03	26.22
Yves Guillemette,21,SELCT	26.71	26.40
Robert Braknis,18,CAC	26.49	26.50
Jeff Welechuk,19,EKSC	26.82	26.73
Duane Dobko,17,AAC	26.79	26.78
Kevin Draxinger,23,PDSA	26.84	26.87
Consolation		
Francois Gravel,20,SELCT	27.45	26.63
Dustin Boyachek,21,UMAN	26.89	26.64
Greg Miller,18,PDSA	27.51	27.05
Greg Wells,19,UCSC	27.28	27.10
Stephen Clarke,17,COBRA	27.55	27.13
Brendt Garlick,18,CAJ	27.54	27.23
Brent Helmstaedt,19,UCSC	27.50	27.34
Steven VanderMeulen,21,UCSC	26.92	27.63
100 METRES BACKSTROKE		
Mark Tewksbury,23,UCSC	*53.32	*52.89
Deke Botsford,23,EPS	55.77	55.43
Kevin Draxinger,23,PDSA	56.49	55.89
Paul Szekula,22,EPS	56.65	56.09
Jeff Welechuk,19,EKSC	56.47	56.45
Robert Braknis,18,CAC	57.16	56.71
Duane Dobko,17,AAC	56.69	56.74
Stephen Hulford,19,ROW	56.86	57.32
Consolation		
Stephen Clarke,17,COBRA	57.40	57.15
Dustin Boyachek,21,UMAN	57.90	57.39
Greg Wells,19,UCSC	57.53	57.80
Rick Cosgrove,21,EPS	57.41	57.96
Greg Miller,18,PDSA	57.96	58.07
Brent Helmstaedt,19,UCSC	58.49	58.19
Ken McDonald,20,CASC	58.78	58.31
Jon Dean,16,HYACK	58.65	59.14
200 METRES BACKSTROKE		
Mark Tewksbury,23,UCSC	1:58.83	*1:55.93
Kevin Draxinger,23,PDSA	2:00.41	1:55.93
Deke Botsford,23,EPS	2:01.82	2:00.09
Paul Szekula,22,EPS	2:03.20	2:00.09
Gary VanderMeulen,21,UCSC	2:03.16	2:01.01
Stephen Hulford,19,ROW	2:01.83	2:01.19
Duane Dobko,17,AAC	2:03.24	2:02.78
Jeff Welechuk,19,EKSC	2:03.73	2:03.42
Consolation		
Francois Gravel,20,SELCT	2:03.84	2:02.36
Greg Miller,18,PDSA	2:05.09	2:04.38
Jasen Pratt,18,EKSC	2:04.13	2:04.40
Greg Wells,19,UCSC	2:05.31	2:04.65
Matthew Adams,17,TRENT	2:04.36	2:04.94
Ian Wogrinetz,17,NKSC	2:05.27	2:05.31
Ron Clark,22,UCSC	2:05.36	2:05.94
Rick Cosgrove,21,EPS	2:05.50	2:07.69
50 METRES BREASTSTROKE		
David Loyola,20,UCSC	29.39	28.79
Jon Cleveland,20,UCSC	29.23	28.91
Stephen Shumka,19,IS	29.20	28.91
Robert Fox,22,EKSC	29.49	29.08
Emile Veroni,18,UCSC	29.47	29.23
Dave Bowie,19,EKSC	29.38	29.39
Cameron Grant,19,EKSC	29.44	29.42
Andrew Trussler,18,GO	29.57	29.90
Consolation		
Curtis Myden,17,UCSC	29.99	29.65
Francis Montreuil,21,SELCT	30.12	29.78
Dustin Boyachek,21,UMAN	29.59	29.85
Mike Lamothe,17,GO	30.12	29.89
Jason Meyer,18,HYACK	30.03	30.05
Jason Smith,21,UMAN	30.16	30.12
Rusty Jones,16,MANTA	30.06	30.14
Kamal Shah,23,NYAC	29.93	30.29
100 METRES BREASTSTROKE		
Curtis Myden,17,UCSC	1:02.33	1:02.49
Robert Fox,22,EKSC	1:03.17	1:02.59
Jon Cleveland,20,UCSC	1:03.03	1:02.60
Andrew Trussler,18,GO	1:03.56	1:03.50
Mike Lamothe,17,GO	1:02.75	1:03.58
Stephen Shumka,19,IS	1:04.04	1:03.67
Darren Ward,22,UCSC	1:04.07	1:03.95
David Loyola,20,UCSC	1:03.78	1:04.21
Consolation		
Bryce Milsom,18,EKSC	1:04.64	1:04.13
Cameron Grant,19,EKSC	1:04.15	1:04.36
Francis Montreuil,21,SELCT	1:04.37	1:04.44
Jason Meyer,18,HYACK	1:04.45	1:04.48
Jesse Jodoin,19,CNO	1:04.72	1:04.82
Jason Smith,21,UMAN	1:04.91	1:04.99
Kamal Shah,23,NYAC	1:04.99	1:05.05
Rodney Thomas,23,KEETA	1:04.91	1:06.13
200 METRES BREASTSTROKE		
Jon Cleveland,20,UCSC	2:16.64	2:14.20
Robert Fox,22,EKSC	2:15.60	2:14.61
Curtis Myden,17,UCSC	2:18.21	2:15.03
Andrew Trussler,18,GO	2:17.11	2:16.17
Mike Lamothe,17,GO	2:18.15	2:17.98
Jesse Jodoin,19,CNO	2:18.47	2:18.01
Stephen Shumka,19,IS	2:19.16	2:18.36
Francis Montreuil,21,SELCT	2:19.34	2:19.15
Consolation		
Cameron Grant,19,EKSC	2:19.38	2:18.06
Jasen Pratt,18,EKSC	2:21.34	2:19.22
Rodney Thomas,23,KEETA	2:19.96	2:19.96
Jason Meyer,18,HYACK	2:20.89	2:20.00
Dave Bowie,19,EKSC	2:21.60	2:20.46
John Grootveld,21,NYAC	2:20.23	2:20.77
Vaughn Thompson,15,PDSA	2:20.59	2:21.19
Darren Nichols,17,EKSC	2:21.50	2:21.55
50 METRES BUTTERFLY		
Marcel Gery,25,NYAC	24.43	24.28
Tom Ponting,26,UCSC	24.99	24.42

Stephen Clarke,17,COBRA	25.20	24.92
Sebastien Goulet,20,UNATT	25.32	25.08
Regent Lacoursiere,24,PCSC	25.54	25.14
Steve Sweetnam,19,LLSC	25.46	25.48
Justin Finney,16,PCSC	25.58	25.51
Deke Botsford,23,EPS	25.44	25.57
Consolation		
Arthur Li,18,UCSC	24.95	25.24
Sean Watson,18,HWAC	25.85	25.79
Miguel Munoz,17,EPS	25.94	25.92
Martin Russocki,19,EYSC	25.89	25.96
Michael Browne,17,OSC	26.08	26.03
Tarek Raafat,24,GO	26.08	26.06
David Loyola,20,UCSC	25.97	26.17
Jason Bishop,17,HYACK	25.95	26.24
100 METRES BUTTERFLY		
Marcel Gery,25,NYAC	55.87	53.28
Darren Ward,22,UCSC	54.43	54.15
Senastien Goulet,20,UNATT	54.70	54.37
Tom Ponting,26,UCSC	55.02	54.78
Gary VanderMeulen,21,UCSC	55.38	54.97
Stephen Clarke,17,COBRA	56.00	55.19
Ron Watson,22,NYAC	56.15	56.45
Regen Lacoursiere,24,PCSC	56.03	56.64
Consolation		
Jon Kelly,25,IS	56.31	56.03
Andrew Boyd,20,NYAC	56.18	56.32
Justin Finney,16,PCSC	56.51	56.42
Ron Page,22,PDSA	56.33	56.96
Deke Botsford,23,EPS	56.34	57.03
Ken McDonald,20,CASC	56.56	57.04
Frank Samel,17,EPS	56.81	57.04
Steve Sweetnam,19,LLSC	56.55	57.21
200 METRES BUTTERFLY		
Gary VanderMeulen,21,UCSC	2:00.67	1:58.90
Tom Ponting,26,UCSC	2:01.54	2:00.20
Jon Kelly,25,IS	2:01.63	2:00.58
Darren Ward,22,UCSC	2:01.54	2:00.62
Andrew Boyd,20,NYAC	2:02.38	2:00.77
Mike Meldrum,22,UCSC	2:01.84	2:01.71
Robbie McFarlane,17,GOLD	2:02.90	2:02.57
Louis-M.Girouard,22,UCSC	2:03.32	2:02.74
Consolation		
Ken McDonald,20,CASC	2:04.00	2:02.39
Frank Samel,17,EPS	2:03.55	2:02.98
Jasen Pratt,18,EKSC	2:05.04	2:03.15
Bernard Lapierre,19,POLAR	2:03.32	2:03.76
Stan McLaurin,20,GO	2:04.90	2:04.26
Ron Clark,22,UCSC	2:04.31	2:04.37
Ron Page,22,PDSA	2:03.77	2:04.48
Yvan Pepin,19,ELITE	2:05.20	2:06.23
200 METRES INDIVIDUAL MEDLEY		
Darren Ward,22,UCSC	2:04.61	1:59.36
Curtis Myden,17,UCSC	2:04.23	2:02.61
Yves Guillemette,21,SELCT	2:04.94	2:02.71
Ron Watson,22,NYAC	2:05.24	2:02.78
Robert Fox,22,EKSC	2:05.03	2:03.39
Mike Meldrum,22,UCSC	2:05.13	2:03.54
Dave Bowie,19,EKSC	2:04.63	2:03.98
Jasen Pratt,18,EKSC	2:05.03	2:04.24
Consolation		
Arthur Li,18,UCSC	2:04.98	2:04.55
Rick Cosgrove,21,EPS	2:05.94	2:04.74
Tarek Raafat,24,GO	2:06.53	2:05.57
John Dolynchuk,18,GMAC	2:06.43	2:06.64
Frank Samel,17,EPS	2:06.84	2:06.64
Doug McKay,17,BROCK	2:07.21	2:07.21
Jon Cleveland,20,UCSC	2:07.36	2:07.78
Ryan Duggan,18,EKSC	2:07.21	2:08.54
400 METRES INDIVIDUAL MEDLEY		
Darren Ward,22,UCSC	4:22.05	4:15.89
Curtis Myden,17,UCSC	4:22.34	4:15.92
Jasen Pratt,18,EKSC	4:20.55	4:20.31
Mike Meldrum,22,UCSC	4:24.72	4:23.49
Jaret Abel,16,EKSC	4:27.75	4:27.20
Owen VonRichter,15,EPS	4:26.44	4:27.20
Andrew Foulds,18,TBT	4:27.25	4:29.92
Sean Swain,19,UCSC	4:24.86	5:36.05
Consolation		
Bernard Lapierre,19,POLAR	4:30.82	4:25.19
Dave Bowie,19,EKSC	4:28.15	4:26.64
Stephen Baird,18,GO	4:28.50	4:27.04
John Dolynchuk,18,GMAC	4:30.42	4:27.72
Ken McDonald,20,CASC	4:29.93	4:31.41
Jayson Knack,17,BRANT	4:31.25	4:31.95
Clinton Stevens,18,UCSC	4:30.40	4:32.20
Doug McKay,17,BROCK	4:30.97	4:35.36
4x100 METRES MEDLEY RELAY		
University of Calgary SC		3:37.00
52.94 Mark Tewskbury, 1:01.17 Jon Cleveland, 53.34 Darren Ward, 49.25 Steve VanderMeulen		
University of Calgary SC B		3:42.43
56.58 Gary VanDerMeulen, 1:02.40 Curtis Myden, 53.41 Tom Ponting, 50.04 Arthur Li		
Select Ste-Foy		3:45.66
56.86 Yves Guillemette, 1:03.50 Francis Montreuil, 54.18 Stephane Hebert, 51.14 Antoine Pomerleau		
North York AC		3:47.10
Pacific Dolphins		3:47.19
Edmonton Keyano SC		3:48.28
Gloucester Ottawa Kingfish		3:50.30
University of Calgary SC C		3:50.97
4x50 METRES FREE RELAY		
University of Calgary SC		*1:30.19
23.06 Arthur Li, 22.56 Darren Ward, 22.50 St. VanderMeulen, 22.07 Mark Tewksbury		
North York AC		1:31.44
23.32 Ron Watson, 22.71 Andre Denton, 23.39 Paul Torriero, 22.02 Marcel Gery		
Edmonton Keyano SC		1:32.16
23.75 Dave Goodkey, 22.97 Jeff Welechuk, 22.54 Rob Fox, 22.90 Mark Phillips		
University of Calgary SC B		1:32.22
Etobicoke Pepsi		1:32.53
Select Ste-Foy		1:33.84
University of Calgary SC C		1:34.30
University of Manitoba		1:35.02
4x100 METRES FREE RELAY		
University of Calgary SC		3:21.05
50.67 Arthur Li, 50.11 Mark Tewksbury, 50.42 Tom Ponting, 49.85 Steve VanderMeulen		
University of Calgary SC B		3:23.48
50.46 Darren Ward, 51.16 Ron Clark, 50.73 Gary VanderMeulen, 51.13 Clinton Stevens		
North York AC		3:23.79
51.98 Andre Denton, 52.25 Paul Torriero, 50.41 Ron Watson, 49.15 Marcel Gery		
University of Calgary SC C		3:26.79
Etobicoke Pepsi		3:27.34
Select Ste-Foy		3:27.90
Gloucester Ottawa Kingfish		3:29.35
University of Manitoba		3:30.34
4x200 METRES FREE RELAY		
University of Calgary SC		7:16.41
1:47.65 Darren Ward, 1:48.62 Gary VanderMeulen, 1:50.52 Ron Clark, 1:49.62 Sean Swain		
University of Calgary SC B		7:23.74
1:52.37 St. VanderMeulen, 1:50.87 Curtis Myden, 1:50.91 Arthur Li, 1:49.59 Tom Ponting		
Pacific Dolphins		7:25.61
1:51.43 Kevin Draxinger, 1:51.20 Ron Page, 1:54.28 Greg Miller, 1:48.70 Turlough O'Hare		
Edmonton Keyano SC		7:25.66
Edmonton Keyano SC B		7:34.59
Gloucester Ottawa Kingfish		7:34.89
Select Ste-Foy		7:37.29
London Aquatic Club		7:39.49

FINAL TEAM SCORING

COMBINED

1	University of Calgary SC	1483
2	Edmonton Keyano SC	726
3	Etobicoke Pepsi Swimming	478.5
4	North York AC	438
5	Pacific Dolphin SC	364.5
6	Select Ste-Foy	266
7	Island Swimming	211
8	Laval+Longueuil ELITE	191
9	London Aquatic Club	165
10	Pointe Claire SC	160
	Gloucester Ottawa Kingfish	160
12	Hyack Swim Club	157
13	Brantford Aquatic Club	140
14	Lindsay Ligthinbolts	131
15	Regina Optimist Dolphins	82
16	Hamilton-Wentworth AC	74.5
17	Ciry of Brampton AC	70
18	Saskatoon Goldfins	68
19	Club de Natation Montreal Nord	55
	Mississauga AC	55
21	University of Manitoba	53
22	Halifax Trojans	47
	Piscine Olympique+LaSalle POLAR	47
24	Fraser Valley Spartans	45
25	Manta Aquatic Club	36

WOMEN			MEN		
1	UCSC	482	1	UCSC	1001
2	EPS	293	2	EKSC	491
3	EKSC	235	3	NYAC	210
4	NYAC	228	4	EPS	185.5
5	ELITE	180	5	PDSA	185
6	PDSA	179.5	6	SELCT	127
7	HYACK	146	7	GO	125
	IS	146	8	LAC	104
9	SELCT	139	9	IS	65
10	BRANT	133	10	PCSC	56

TOP PERFORMANCES

1	1054	100 back	52.89	Mark Tewksbury,UCSC
2	993	200 IM	1:59.36	Darren Ward,UCSC
3	985	100 fly	53.28	Marcel Gery,NYAC
4	976	400 IM	4:15.92	Curtis Myden,UCSC
5	972	100 fly	1:00.45	Kristin Topham,EPS
6	968	200 back	1:59.19	Kevin Draxinger,PDSA
7	968	200 IM	2:13.87	Marianne Limpert,NYAC
8	966	50 free	22.35	Dean Kondziolka,TOMAC
9	966	200 back	2:12.18	Nikki Dryden,IS
10	961	100 back	55.43	Deke Botsford,EPS
11	961	200 breast	2:20.58	Nancy Sweetnam,LLSC
12	959	200 breast	2:28.68	Nathalie Giguere,SELCT

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POOLSIDE WITH TURLOUGH O'HARE

When I focus on both the 200 and 400 free I swim better in both. I don't know if I'm just older and able to focus more on one event or if I would have swum the 400 faster at the World Champs. I felt left out not being in it.

If I want to race with the "big boys" and swim really fast then I have to go out faster than 52. I've got to be in the 51 or 50 if I want to be near world best times.

I'm not intimidated by international swimming. The swimmers in the 200 and 400 freestyle at the world level are a good bunch of guys. Everyone really wants to win, but they aren't trying to psych anyone out. You just get up there and do your job and hope to win.

I'm a consistent swimmer. I swim well shaved, unshaved and I'm very predictable. That is the way the coach likes it. Tom (Johnson) and I try to gage our expectations of my performance on that basis. Depending on the work I've done and how prepared I am we decide how fast I'll go and usually I come right up to the standards we set.

My training is becoming more specific.I'm learning what works for me. In the past I've trained too hard and its been my downfall. I'd go too hard and get sick. I now train just below the peak level. I've learned to take the peaks and the valleys as they come in training. Before I'd try to do a best workout situation all the time and when you do that you are just going to end up crashing.

I'm studying exercise science which covers physiology, anatomy, etc. I'll tell Tom ideas I've learned, but I let him do the application. I'm not the coachand I don't want to coach myself. The final decision is always his.

I decided I wanted to swim really well for UBC so I wasn't fully prepared for Nationals. I let Nationals take a backseat. I'm geared up for the student games. I've never been to them and I want to go and swim fast. ■

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RECORD SWIMS BY TURLOUGH O'HARE

HALIFAX—UBC's Turlough O'Hare bettered two Canadian records in the 200 and 400 freestyle but ironically lost out to teammate Kevin Draxinger for top performer of the meet.

Draxinger handily won both backstrokes and his near world best in the 200 of 1:56.03 earned 1022 points on the performance table. O'Hare's best swim was worth 988. Draxinger had the benefit of the new FINA no-hand touch turn. He added silvers in the 200 free and 200 IM.

Dave Johnson with flyer Debbie Gaudin

O'Hare had a superb meet. In addition to his record swims, his 1500 was a near perfect effort. His final time of 15:00.85 just fell short of breaking the 15 minute barrier. Twenty minutes later he earned a silver in the 100 free with 50.29.

UBC's five golds earned Tom Johnson *"Men's Coach of Year"* award.

All told three CIAU records were set in men's swimming. Calgary added another team title with 539 points to Toronto's 400 and Alberta's 346.

Calgary's strength came from winning all relays and double golds from breaststroker Jon Cleveland, as well as wins from Steven Vander-Meulen in the 100 free and Mike Meldrum in the 400 IM.

Women's swimming was dominated by swimmers from the Universite de Montreal. Patricia Noall won three golds in record times 200-400 free and 400 IM. Manon Simard took both backstrokes with a record swim in the 100. Pascale Choquet won the 50-100 free and was second in the 100 back.

They combined to win all three relays. That earned *"Women's Coach of the Year"* for Alain Lefebvre, but it wasn't enough to take the team title which Toronto won with 437 to Montreal's 379. UBC was third with 350 points.

Winning the women's team title showed Toronto's team depth, but they lacked an event winner. Top performers with silvers were Andrea Papamandjaris in the 100-200 free, Kia Puhm in the 200 back and Adrienne Kovacs in the 200 fly.

Alberta's Debbie Gaudin won both flys with a CIAU record of 1:01.00 in the 100.

Swimming in the CIAU is steadily improving. The Western provinces have strengthened their programs by keeping senior swimmer at home.

Pascale Choquet

In Ontario and Quebec a number of prominent swimmers are attending American universities to the detriment of the CIAU. It is hard to fight the appeal of scholarships—there are over 900 universities with swimming programs in the US. And a scholarship is a four-year deal, while Canadian carding is only for the current year.

The weakest area remains Atlantic Canada with only three swimmers in the meet they were hosting. A total of just under 180 swimmers competed this year. ■

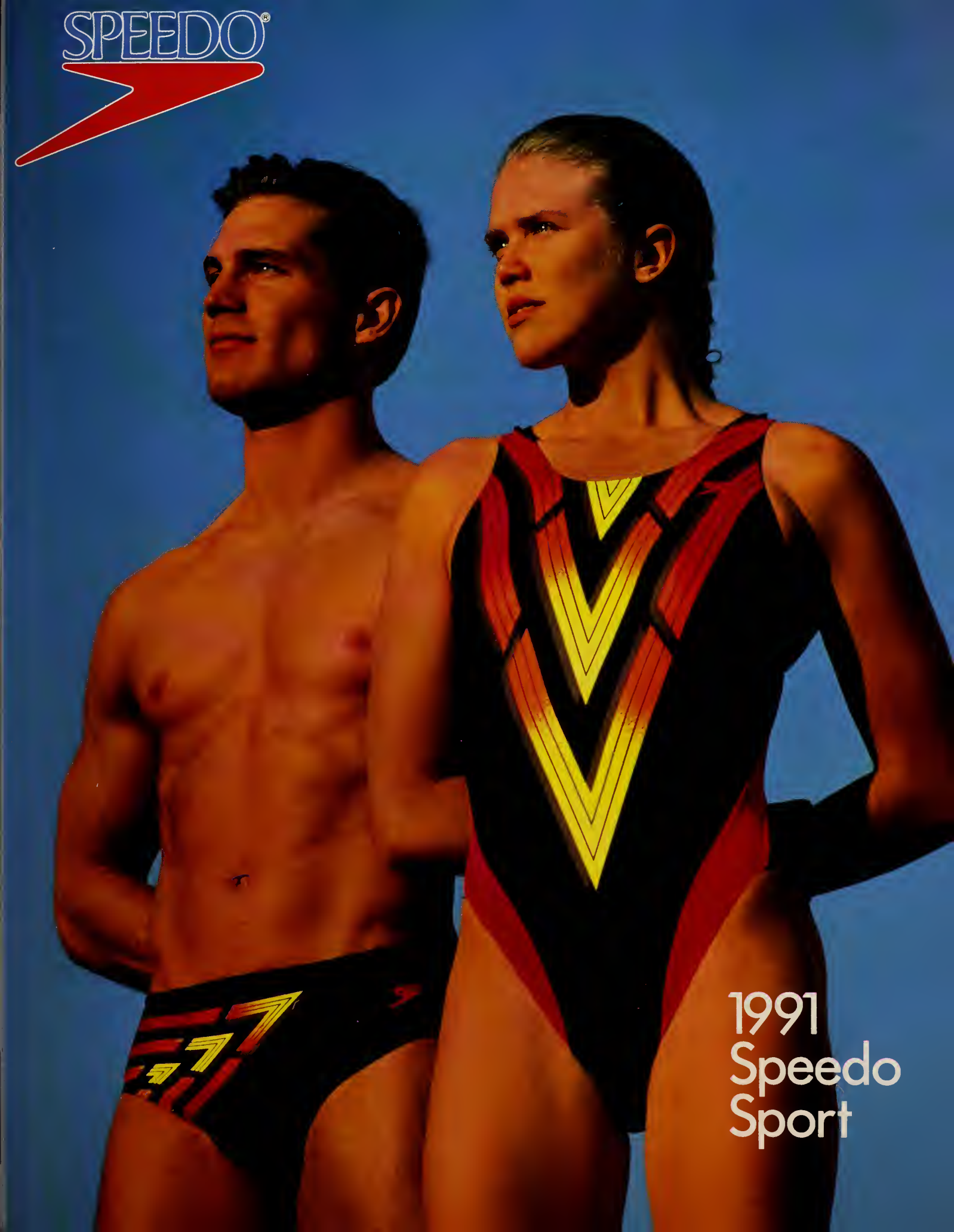
1991 CIAU CHAMPIONSHIPS

Halifax, March 1-3 (25 m) ✱ = CIAU record

WOMEN		
50 METRES FREESTYLE		
Pascal Choquet,21,UdM	25.67	25.63
Brandee Alexander,19,MAN	26.67	26.63
Chantal Rouleau,26,UdM	26.81	26.65
Marie-C.Potvin,20,LAV	26.82	26.70
Debbie Gaudin,20,ALB	26.98	26.75
Wendy Trempe,BRO	27.07	26.91
Andrea Papamandjaris,21,TOR	27.00	26.98
Allison Gilbert,21,UBC	27.27	27.15
Cons:Manon Simard,22,UdM	27.29	27.28
100 METRES FREESTYLE		
Pascal Choquet.21.UdM	57.05	56.56
Andrea Papamandjaris,21,TOR	57.55	56.91
Patricia Noall,20,UdM	57.87	57.64
Sally Gilbert,20,UBC	58.26	57.81
Debbie Gaudin,20,ALB	58.42	58.07
Allison Gilbert,21,UBC	58.44	58.17
Rose Vogelaar,CAL	58.60	58.46
Wendy Trempe,BRO	58.47	58.56
Cons:Brandee Alexander,19,MAN	58.80	58.43
200 METRES FREESTYLE		
Patricia Noall,20,UdM	2:02.14	✱2:00.32
Andrea Papamandjaris,21,TOR	2:04.36	2:02.23
Erin Holland,CAL	2:04.20	2:03.48
Sally Gilbert,20,UBC	2:03.64	2:04.24
Allison Gilbert,21,UBC	2:04.53	2:04.27
Karen Ward,24,LAV	2:05.57	2:04.44
Johna Janelle,18,TOR	2:06.67	2:06.68
Catherine Schier,CAL	2:05.94	2:07.14
Cons:Gen. Paquette,20,UdM	2:08.32	2:06.13
400 METRES FREESTYLE		
Patricia Noall, 20, UdeM	4:17.02	✱4:11.06
Erin Holland,CAL	4:21.36	4:16.51
Karen Ward,24,LAV	4:21.80	4:18.63
Gisele Roy,21,UdS	4:23.76	4:22.57
D'Arcy Musselman,20,TOR	4:24.49	4:23.85
Laura Pagnucco,CAL	4:24.43	4:23.93
Kim Samel,20,TOR	4:24.84	4:24.44
Allison Gilbert,21,UBC	4:24.05	4:25.30
Cons:Sally Gilbert,20,UBC	4:25.26	4:22.85
800 METRES FREESTYLE		
Erin Holland,CAL		8:44.23
Karen Ward,24,LAV		8:51.46
Gisele Roy,21,UdS		8:53.44
Laura Pagnucco,CAL		9:02.72
Kim Samel,20,TOR		9:02.93
Annick Ouellette,LAV		9:08.75
Jody Nicholson,LU		9:17.83
Natasha Cassivi,20,UdM		9:18.76
Cons:9:18.86 Lisa Holubetz,18,ALB		9:18.86
100 METRES BACKSTROKE		
Manon Simard,22,UdM	1:03.04	✱1:02.80
Pascal Choquet,21,UdM	1:04.95	1:03.79
Kirsty Salmon,BRO	1:05.84	1:04.91
Kia Puhm,19,TOR	1:05.33	1:05.33
Kira Leskew,McM	1:06.59	1:06.02
Martha Towers,19,ALB	1:06.55	1:06.21
Alicia Smith,18,MAN	1:06.31	1:06.35
Claudia Besner,20,LAV	1:05.85	1:06.53
Cons:Michelle Woods,18,UBC	1:06.65	1:06.57
200 METRES BACKSTROKE		
Manon Simard,22,UdM	2:15.12	2:15.36
Kia Puhm,19,TOR	2:19.65	2:16.86
Alicia Smith,18,MAN	2:20.16	2:18.41
Catherine McKenna,19,TOR	2:21.05	2:19.08
Laura Pagnucco,CAL	2:19.95	2:19.98
Kirsty Salmon,BRO	2:22.01	2:20.85
Michelle Woods,18,UBC	2:22.86	2:22.45
Claudie Besner,20,LAV	2:23.07	2:23.67
Cons:Suzy Stanton,21,VIC	2:23.50	2:20.73
100 METRES BREASTSTROKE		
Carmen Boudreau,19,UBC	1:12.87	1:12.26
Jill Lutz,22,QNS	1:13.15	1:12.66
Wendy Lamers,UG	1:13.20	1:13.66
Allison Batstone,BRO	1:13.92	1:13.99
Brandee Alexander,19,MAN	1:14.82	1:14.57

Josee Theriault,22,UdM	1:15.41	1:14.90
Marie-C.Potvin,20,LAV	1:14.83	1:15.01
D'Arcey Musselman,20,TOR	1:14.98	1:15.70
Cons:Meaghan Seagrave,18,UNB	1:16.38	1:15.19
200 METRES BREASTSTROKE		
Carmen Boudreau,19,UBC	2:33.24	2:33.34
Jill Lutz,22,QNS	2:39.57	2:38.42
D'Arcy Musselman,20,TOR	2:42.11	2:39.86
Allison Batstone,BRO	2:42.64	2:40.76
Meaghan Seagrave,18,UNB	2:43.78	2:40.79
Madeline Gaudet,LAV	2:44.81	2:42.40
Sue Smith,McM	2:42.58	2:42.81
Andrea Maechler,21,TOR	2:44.28	2:51.88
Cons:Wendy Lamers,UG	2:45.85	2:42.85
100 METRES BUTTERFLY		
Debbie Gaudin,20,ALB	1:01.92	*1:01.00
Catherine Schier,CAL	1:04.44	1:03.27
Lisa Woods,21,VIC	1:05.50	1:04.06
Nancy Lovrinic,19,UBC	1:04.47	1:04.23
Adriene Kovacs,20,TOR	1:04.88	1:04.31
Claudie Besner,20,LAV	1:04.91	1:04.42
Tracy Darling,20,McG	1:05.28	1:05.37
Rose Vogelaar,CAL	1:05.27	1:05.60
Cons:Heather Anderson,19,MAN	1:06.20	1:05.57
200 METRES BUTTERFLY		
Debbie Gaudin,20,ALB	2:17.41	2:14.33
Adrienne Kovacs,20,TOR	2:18.43	2:14.93
Catherine Schier,CAL	2:18.64	2:16.71
Anne Taylor,21,ALB	2:19.83	2:18.32
Kim Samel,20,TOR	2:19.60	2:19.32
Tracy Darling,20,McG	2:21.97	2:20.83
Nancy Lovrinic,19,UBC	2:20.17	2:21.10
Lisa Woods,21,VIC	2:22.97	2:23.44
Cons:Andrea Maechler,21,TOR	2:24.90	2:22.32
200 METRES INDIVIDUAL MEDLEY		
Nancy Lovrinic,19,UBC	2:20.66	2:18.29
Brandee Alexander,19,MAN	2:21.51	2:20.08
Sue Smith,McM	2:22.40	2:20.55
Lisa Woods,21,VIC	2:22.47	2:20.55
Kia Puhm,19,TOR	2:23.68	2:22.92
Carmen Boudreau,19,UBC	2:23.69	2:23.02
Catherine McKenna,19,TOR	2:24.71	2:24.17
Andrea Maechler,21,TOR	2:23.92	2:25.37
Cons:Michelle Woods,18,UBC	2:26.21	2:22.62
400 METRES INDIVIDUAL MEDLEY		
Patricia Noall,20,UdM	4:53.84	*4:47.10
Nancy Lovrinic,19,UBC	4:55.84	4:51.65
Anne Taylor,21,ALB	4:58.64	4:53.58
Kia Puhm,19,TOR	4:57.21	4:56.93
Sue Smith,McM	4:59.25	4:58.03
Michelle Woods,18,UBC	5:01.57	4:58.43
Gisele Roy,21,UdS	5:01.23	5:00.12
D'Arcy Musselman,20,TOR	5:00.57	5:02.48
Cons:Adrienne Kovacs,20,TOR	5:01.85	4:59.11
4X100 METRES MEDLEY RELAY		
Universite de Montreal		4:17.14
University of British Columbia		4:20.80
University of Toronto		4:21.31
Brock University		4:23.64
University of Manitoba		4:23.74
Universite Laval		4:25.52
University of Alberta		4:27.44
McMaster University		4:29.54
4X100 METRES FREE RELAY		
Universite de Montreal		3:52.42
University of British Columbia		3:54.97
University of Calgary		3:55.81
University Laval		3:56.12
University of Manitoba		3:56.48
University of Toronto		3:57.75
McMaster University		4:03.94
University of Western Ontario		4:03.98
4X200 METRES FREE RELAY		
Universite de Montreal		*8:22.33
University of British Columbia		8:22.54
University of Calgary		8:25.58
University of Toronto		8:32.59
University of Alberta		8:34.97
Universite Laval		8:36.21
McMaster University		8:49.46
University of Manitoba		8:51.47
MEN		
50 METRES FREESTYLE		
Brad Creelman,UWO	23.12	22.80
Steven VanderMeulen,CAL	23.30	23.05
Dave Higgins,21,UBC	23.30	23.26
Stephane Hebert,21,LAV	23.73	23.34
Jeff Sumner,UG	23.58	23.52
Jeff Welechuk,20,ALB	23.59	23.54
Eric Simoneau,22,LAV	23.41	23.58
Paul Torreiro,24,TOR	23.67	23.79
Cons:Ron Wohlert,BRO	23.78	23.67
100 METRES FREESTYLE		
Steven VanderMeulen,CAL	50.91	50.00
Turlough O'Hare,21,UBC	50.57	50.29
Stephane Hebert,21,LAV	50.22	50.34
Ron Watson,TOR	50.65	50.56
Brad Creelman,UWO	51.32	51.04
Richard Holt,McM	51.09	51.11
Baldev Ahluwalia,BRO	51.38	52.05
Ron Clark,CAL	51.11	52.07
Cons:Jeff Welechuk,20,ALB	51.61	51.23
200 METRES FREESTYLE		
Turlough O'Hare,21,UBC	1:47.94	*1:46.32
Kevin Draxinger,23,UBC	1:49.38	1:49.08
Stephane Hebert,21,LAV	1:51.30	1:49.39
Ron Clark,CAL	1:50.82	1:49.63
Baldev Ahluwalia,BRO	1:50.32	1:50.07
Steven VanderMeulen,CAL	1:50.65	1:50.23
Stan McLaurin,20,TOR	1:51.34	1:50.78
David Goodkey,21,ALB	1:50.83	1:50.91
Cons:Chris Fenton,McM	1:53.05	1:52.02
400 METRES FREESTYLE		
Turlough O'Hare,21,UBC	3:55.27	*3:43.95
Chris Bowie,24,ALB	3:56.32	3:51.96
Brett Regan,20,VIC	3:56.09	3:53.93
Ron Clark,CAL	3:57.54	3:54.71
Greg Streppel,22,VIC	3:56.45	3:55.40
Stan McLaurin,20,TOR	3:58.03	3:55.53
Stephen Merker,McM	3:57.53	3:55.73
Sean Swain,CAL	3:56.28	3:55.77
Cons: Baldev Ahluwalia,BRO	4:00.00	3:56.93
1500 METRES FREESTYLE		
Turlough O'Hare,21,UBC		15:00.85
Chris Bowie,24,ALB		15:13.14
Trevor Scheffel,McM		15:25.11
Greg Streppel,22,VIC		15:32.16
Sean Swain,CAL		15:48.96
Stephen Merker,McM		15:50.02
Scott Mercer,McM		15:59.15
Jason Bell,18,UBC		16:10.33
Cons:Joe Sanders,UWO		16:20.62
100 METRES BACKSTROKE		
Kevin Draxinger,23,UBC	56.02	55.28
Yves Guillemette,21,LAV	57.30	55.95
Jeff Welechuk,20,ALB	56.87	56.41
Mike Woolhouse,CAL	57.06	56.70
Steve Hulfrod,19,TOR	56.50	56.74
Matt Butler,25,WIN	57.19	56.89
Paul Hughes,21,UBC	57.23	57.58
Francois Gravel,20,LAV	57.31	57.69
Cons;Jared Scheffel,McM	58.06	57.85
200 METRES BACKSTROKE		
Kevin Draxinger,23,UBC	1:57.06	*1:56.03
Jeff Welechuk,20,ALB	2:04.11	2:01.26
Steve Hulford,19,TOR	2:03.45	2:01.34
Francois Gravel,20,LAV	2:02.99	2:01.92
Paul Hughes,21,UBC	2:03.78	2:02.47
Bernhard Volz,22,TOR	2:04.28	2:02.90
Brent Helmstaedt,CAL	2:04.29	2:03.30
Bernard Lapierre,19,UdM	2:04.14	2:15.41
Cons:Yves Guillemette,21,LAV	2:04.49	2:02.30
100 METRES BREASTSTROKE		
Jon Cleveland,CAL	1:02.09	1:01.88
Grey Fairley,McM	1:03.94	1:02.99
Joe Agocs,TOR	1:04.51	1:03.32
David Loyola,CAL	1:04.67	1:03.63
Francis Montreuil,21,LAV	1:04.16	1:03.94
Bryce Milsom,19,ALB	1:03.89	1:04.07
Cameron Grant,21,ALB	1:04.33	1:04.33
Jason Smith,21,MAN	1:04.51	1:04.57
Cons:John Grootveld,21,TOR	1:05.28	1:05.04
200 METRES BREASTSTROKE		
Jon Cleveland,CAL	2:16.05	2:15.84
Bryce Milsom,19,ALB	2:20.66	2:17.85
Grey Fairley,McM	2:20.27	2:18.39
Cameron Grant,21,ALB	2:19.94	2:18.48
John Grootveld,21,TOR	2:20.18	2:18.69
Jason Smith,21,MAN	2:21.12	2:19.56
Joe Agocs,19,TOR	2:21.14	2:19.95
David Loyola,CAL	2:20.55	2:20.96
Cons:Francis Montreuil,21,LAV	2:21.33	2:18.87
100 METRES BUTTERFLY		
Brad Creelman,UWO	55.41	54.65
Stephane Hebert,21,LAV	56.57	55.02
Ron Watson,TOR	55.60	55.46
Steve Sweetnam,UG	56.77	56.36
Mike Meldrum,CAL	56.68	56.73
Louis-M.Girouard,CAL	56.90	56.79
J.J.Neely,McM	56.54	56.84
Andrew Boyd,21,TOR	56.41	58.06
Cons:Francois Gravel,20,LAV	57.81	56.79
200 METRES BUTTERFLY		
Andrew Boyd,21,TOR	2:03.43	1:59.18
Mike Meldrum,CAL	2:04.35	2:01.12
Louis-M.Girouard,CAL	2:04.37	2:02.18
Stan McLaurin,20,TOR	2:03.72	2:02.37
John Mohr,20,ALB	2:04.58	2:03.33
Bernard Lapierre,19,UdM	2:04.01	2:03.43
Chris Fenton,McM	2:04.13	2:03.44
Steve Hulford,19,TOR	2:04.91	2:12.91
Cons:Ron Clark,CAL	2:09.01	2:05.61
200 METRES INDIVIDUAL MEDLEY		
Ron Watson,21,TOR	2:05.82	2:01.68
Kevin Draxinger,23,UBC	2:03.55	2:01.94
Dave Bowie,19,ALB	2:04.54	2:02.78
Yves Guillemette,21,LAV	2:04.58	2:03.54
Grey Fairley,McM	2:04.95	2:04.05
Mike Meldrum,CAL	2:04.20	2:04.91
David Loyola,CAL	2:05.16	2:05.04
Chris Fenton,McM	2:05.04	2:06.70
Cons:Andrew Boyd,21,TOR	2:06.18	2:03.88
400 METRES INDIVIDUAL MEDLEY		
Mike Meldrum,CAL	4:21.12	4:17.91
Grey Fairley,McM	4:23.66	4:20.82
Bernard Lapierre,19, UdM	4:26.15	4:41.84
Dave Bowie,19,ALB	4:26.90	4:23.05
Ron Watson,21,TOR	4:24.69	4:23.10
Greg Streppel,22,VIC	4:23.80	4:23.21
Sean Swain,CAL	4:25.75	4:24.21
Stephen Merker,McM	4:27.37	4:26.81
Cons:Yves Guillemette,21,LAV	4:28.04	4:24.35
4X100 METRES MEDLEY RELAY		
University of Calgary		3:43.58
University of Toronto		3:43.97
Universite Laval		3:45.63
University of Alberta		3:47.38
McMaster University		3:47.44
University of British Columbia		3:53.36
University of Manitoba		3:55.25
University of Western Ontario		3:57.28
4X100 METRES FREE RELAY		
University of Calgary		3:21.74
University of British Columbia		3:22.98
Universite Laval		3:23.24
McMaster University		3:24.00
University of Toronto		3:24.35
University of Alberta		3:24.63
Brock University		3:28.38
University of Western Ontario		3:30.97
4x200 METRES FREE RELAY		
University of Calgary		7:20.51
University of British Columbia		7:23.05
University of Alberta		7:26.41
McMaster University		7:29.08
University of Toronto		7:36.81
University of Western Ontario		7:46.37
Brock University		7:50.48
McGill University		7:51.43

SPEEDO®



1991 Speedo Sport

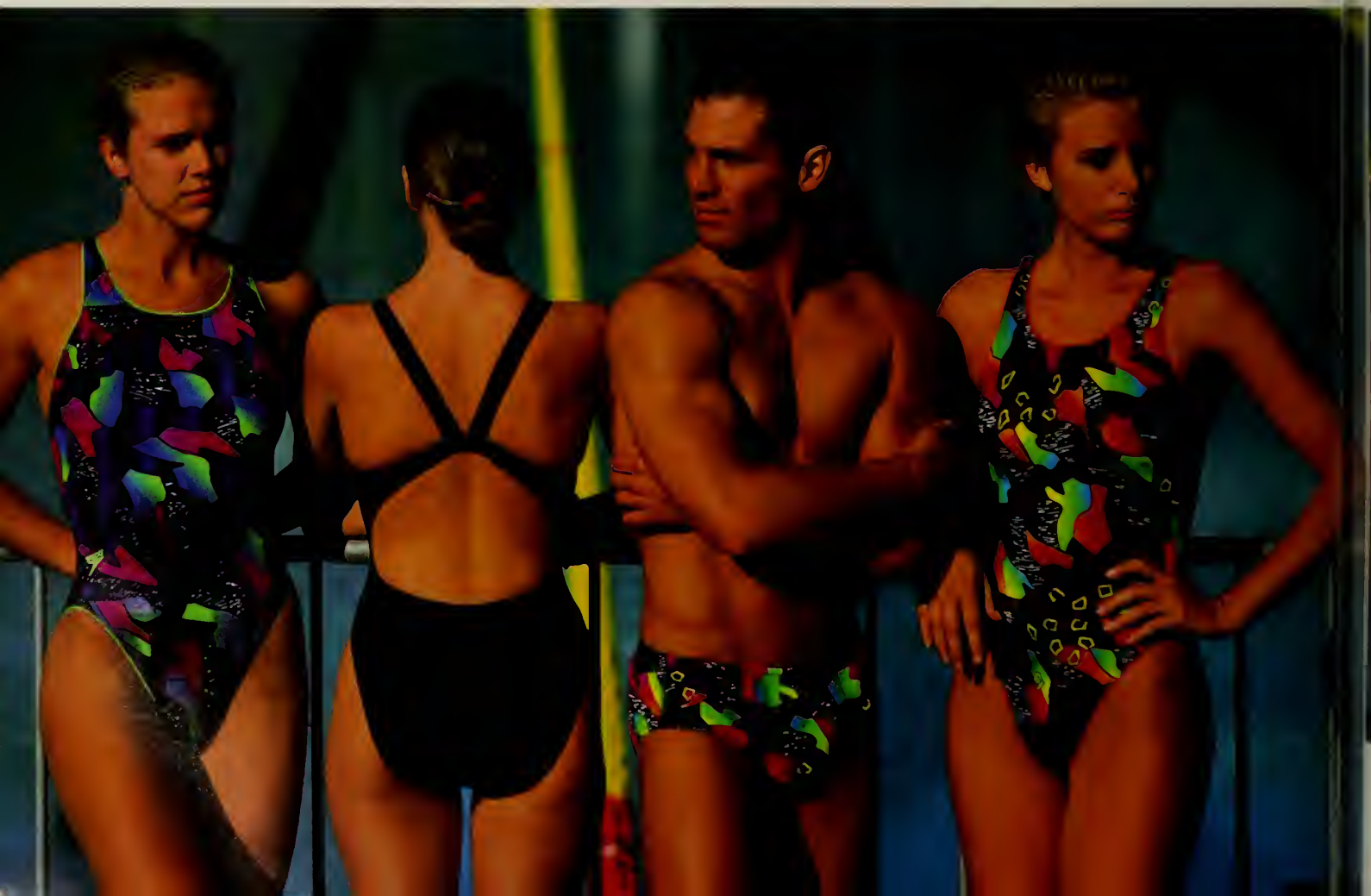
All styles Antron® Nylon/Lycro® Spandex unless otherwise indicated.

Eclipse
Female Fusianback
Youth 824045,
Adult 824046
Male Youth 825045,
Adult 825046
001-Black, 041-Navy

Prism Record Breaker
Female Youth 824053,
Adult 824054
Male Youth 825053,
Adult 825054
001-Black, 041-Navy

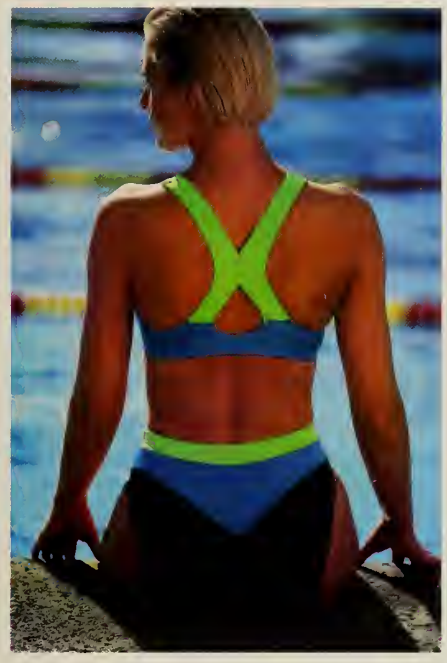
Solid Record Breaker
Female Youth 719071,
Adult 719072
041-Navy. Also in
001-Black, and 455-Sapphire

Prism Paper
(not shown)
Female Proflexback
824067
Male Youth 825067,
Adult 825068
001-Black, 041-Navy
Antron® Nylon/Woven Lycra® Spandex



SPEEDO®

Racing



Fusionback 2-Piece
824064 001-Black.
Alsa in 041-Navy

Speedo Sport
Fusianback Yauth 824055,
Adult 824056
001-Black. Alsa in 313-Citrus Red,
557-Pacific Blue, 568-Magenta,
and 791-U.V. Green

Laser
Female Fusionback
Yauth 824039, Adult 824040
Male Yauth 825039, Adult 825040
001-Black, 041-Navy, alsa in 455-Sapphire

All styles Antron® Nylon/Lycra® Spandex unless otherwise indicated

SPEEDO®

Active Fitness

Techno-Grip Tank
824062, 557-Pacific Blue.
Alsa in 001-Black (See Page 5)

Techno-Grip 2-Piece
824063, 557-Pacific Blue.
Alsa in 001-Black (See Belaw)

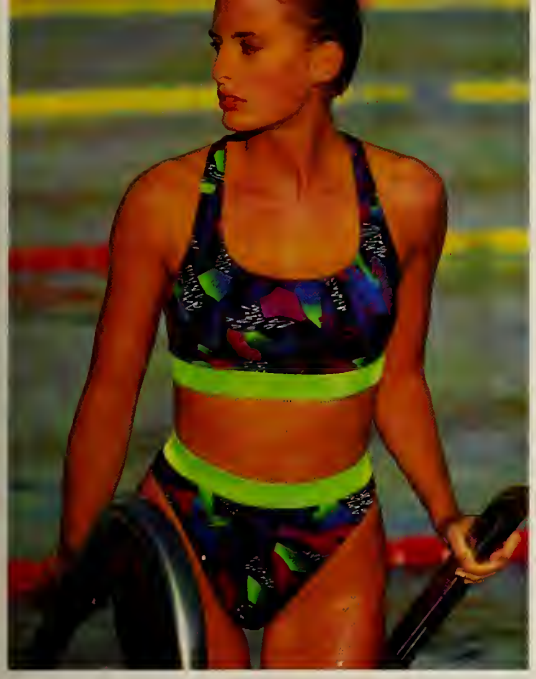
Optima Splice Tank
824061, 557-Pacific Blue.
Alsa in 001-Black (See Page 5)

Eclipse 2-Piece
824051
001-Black. Alsa in 041-Navy

Prism Piped Keyhole
824057
001-Black. Alsa in 041-Navy

Prism Soft Cup Crossback
(nat shawn)
824058 001-Black, 041-Navy

Techno-Grip 2-Piece
824063, 001-Black



Prism 2-Piece
824059
041-Navy. Also in 001-Black

Laser Racerback
824043
041-Navy. Also in 001-Black

Laser Contourback
(not shown) 824044
041-Navy, 001-Black

Eclipse Contourback
824049
041-Navy. Also in 001-Black

Eclipse Soft Cup Contourback
(not shown) 824050
041-Navy. Also in 001-Black

SPEEDO®

Active Coordinates

All styles 100% Nylon. T-Shirts 100% Cotton.

(Left) **Impulse Jocket** 826001, **Impulse Short** 826004
557-Pacific Blue. Bath Styles alsa in 001-Black, 313-Citrus Red, 568-Magenta, and 791-U.V. Green
Surfer T-Shirt 848222, 568-Magenta. Also in 557-Pacific Blue, 791-U.V. Green and 792-U.V. Orange
(Right) **Novo Mesh Jocket** 826002. **Novo Mesh Short** 826005
557-Pacific Blue. Bath Styles alsa in 568-Magenta

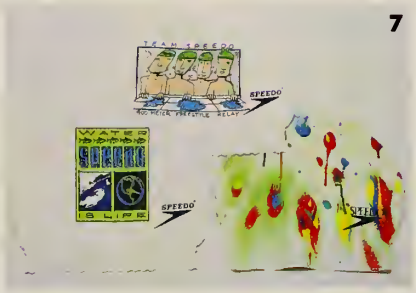
(Left) **Prism Triple Dip T-Shirt** 848221
792-U.V. Orange. Alsa in 791-U.V. Green (see below)
Impulse Short 826004, 568-Magenta
(Right) **Novo Mesh Jocket** 826002, **Novo Mesh Short** 826005
Bath Styles shawn in 568-Magenta

(Left) **Power Mesh Jocket** 826003 001-Black
(Right) **Eclipse Double Dip T-Shirt** 848220 791-U.V. Green.
Alsa in 792-U.V. Orange
Impulse Short 826004 313-Citrus Red

(Left) **Impulse Jocket** (Back) 826001 791-U.V. Green
(Right) **Prism Triple Dip T-Shirt** 848221 791-U.V Green
Impulse Short 826004 791-U.V Green

SPEEDO

Accessories



1. Male Hi-Top Surf Walker 749103 001-Black, 040-Turquoise. Size 8-13. **Femole Hi-Tap** 749104 001-Black, 066-Pink. Also available in 040-Turquoise. Size 5-10.

2. Goggle Seol 750204 009-White. This gel creates a tight seal and prevents leaks. Recommended far recreational ar competitive swimming.

3. (A.) Power Valley Bag 752119 001-Black. Features horseshae zipper apening, shaulder strap, and dauble sided packets. Dimensians: 22" x 12" x 10".
(B.) Neo Classic Bag 752118 001-Black. Refer ta 752119 far features. Dimensions: 22" x 12" x 10".
(C.) Mesh Duffle Bog 752117 791-U.V. Green w/ Flaurescent Blue. Also available in 005-Purple w/ Flaurescent Blue and 977-Stane Grey w/ Citrus Red. This all purpase bag features a mesh base and side starage packets far wet items, reinforced strap jaints and detachable shaulder strap. Falds into its awn pauch far easy storage. Dimensions: 22" x 12½".

4. (A.) Swim Fins 753140 004-Blue. XXS-XL. Excellent for training ar recreational swimming.
(B.) Snarkel 753138 004-Blue. Also available in 066-Pink and 311-Nean Green. Features a purge valve far self drainage and a durable clip far mask attachment.
(C.) Silicane Mask 753137 004-Blue, 311-Nean Green, 066-Pink. The ideal mask for the underwater enthusiast. Features a law valume design far maximum visibility, dauble feathered edge far a nan-leak seal, and spring laaded strap adjustment.

5. Sports Box 753136 066-Pink, 311-Nean Green. Alsa available in 004-Blue. This watertight starage bax will keep valuables dry ta a depth af 10 ft. Can be clipped ta clathing ar warn around neck with attached card.

6. Monafin and Snorkel Set 753139 004-Blue. One size. This new praduct is an excellent training aid far competitive ar recreational swimming. Features adjustable rubber faat packet and durable plastic blade. (Snarkel nat shawn).

7. (A.) Printed Latex Cop 751110 823-Ecalogy, 822-Relay.
(B.) Splatter Latex Cap 751118 082-Multi.

8. (A.) Graphic Power Anti-Fag Goggles 750114 668-Pink/Purple. Alsa available in 657-Red/Yellow, and 387-Blue/Nean Green.
(B.) Swedish Master Goggles 750115 080-Clear. Alsa available in 084-Smake and 004-Blue. Features law profile lenses withaut gaskets and therma plastic rubber nasepiece far a great fit.

9. Nea Classic Tawel 753135 004-Blue.

Lifeguard—a unique new program to specifically meet your Lifeguard needs. This new line of swimwear is designed with the tradition of Speedo quality and comfort as well as the versatility to meet your active lifestyle.

All Speedo Lifeguard styles are solid solid colors of Navy and Red. The screen printing in the photographs is a generic example. Contact your local Team Dealer for information regarding customized logo's for your specific guard association.

Lifeguard Tank
742046
009-White 100% Cotton

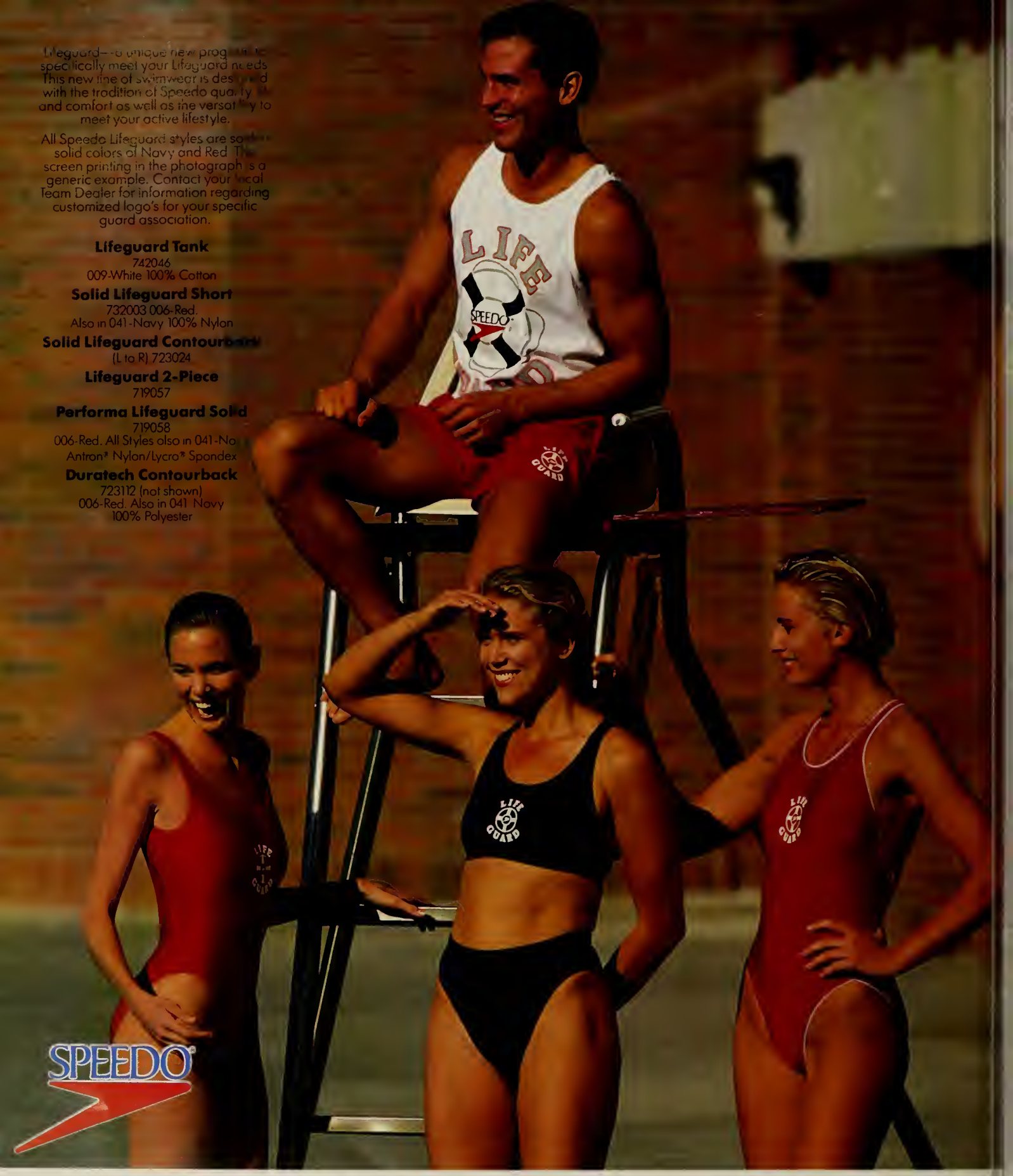
Solid Lifeguard Short
732003 006-Red.
Also in 041-Navy 100% Nylon

Solid Lifeguard Contourback
(L to R) 723024

Lifeguard 2-Piece
719057

Performa Lifeguard Solid
719058
006-Red. All Styles also in 041-Navy
Antron® Nylon/Lycra® Spandex

Duratech Contourback
723112 (not shown)
006-Red. Also in 041 Navy
100% Polyester



ANTRON/DURA

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Speedo Canada, 1130 Trans Canada Highway, Dorval, Quebec H9P1H7, (800) 363-4985.
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BACKWASH

Backwash features short clips, gossip, letters and opinion. Contributions are welcomed. Now for the rumours behind the news.

Sorry, we'd rather walk. Being named Canadian Airlines *"Athlete of the Month"* carries a lot of cache, unless you actually try to use the complementary ticket they present you. Marcel Gery was *AOM* for February 1990, but when his wife, Micheala, used the ticket to see Marcel compete in Australia she had one of the worst trips of her life. Canadian Airlines, who usually leaves its competitors in its wake when it comes to service must have had the Three Stoodges working this flight. Toronto to Hawaii was great, but then crews changed and so did the trip.

Let's face it 30 hours on a plane is hellish by anyones standards, but Michaela put up with a forty-five minute wait for meals after everyone else had eaten, no basinette for the baby, a 30 minute wait to unload baby, stroller and bag with no assistance. The flight attendent was so rude that people around Michaela cringed. Does a "Kick Me" sticker come with each affixed to each *"Athlete of the Month"* award?

Did you go to the Miles Davis school of fan appreciation? Coaches, swimmers, officials lament the lack of the interest shown by the public in swimming. But it's a two way street. If there was an award for lack of awareness or just downright rudeness it would be impossible to pick a winner. There are too many swimmers to choose from.

Most swimmers barely acknowledged the crowd when they were introduced during finals at Nationals. A win might have brought a salute to teammates, but most winners didn't even have the smarts to turn around and give the crowd a cursory glance, let alone a wave.

Hey wake up! You've just won a national championship! Stop the game playing and show some manners. If you don't care, then stay home, the fans seem to be. How can the fans be expected to be excited about the sport when the swimmers clearly aren't?

You say that the dog got yours? It has been reported that a Cambridge, Ontario teenager recently received $300 for his Victor Davis/Alex Baumann autographed frisbee.

For a woman to succeed she has to do what a man does, only do it twice as well....fortunately that isn't very difficult. Marion Sweetnam was named *1990 Coach of the Year*. Most people think of her as a one swimmer coach, but *'Mama Sweetcakes'* now has another swimmer, Steve Sweetnam, making finals at Nationals.

All eyes watching. At a coaches meeting in Calgary tempers were raised when it was suggested that one of the World Championship coaches was putting club interests above those of the national team. The key to the controversy was the line up for the men's medley relay. There were allegations that the day before the relay the obvious choice of swimmers was going to be changed so that a veteran member of the team could have another swim. The swimmers on the relay balked and even grumbled about mutiny. Finally no changes were made.

You could get a job sitting on nails. Breaststrokers had better start training, because if they thought Keltie Duggan, EKSC, was fast before, they'll be in for a surprise this summer. When Duggan came back from the Worlds she immediately went under the knife to fix a chronic knee complaint. Not one to sit around she is already back in the water and it will be a healthy Duggan eyeing 1992.

"Some people thought it was in her head," her coach Dave Johnson said, *"because sometimes it hurt, sometimes it didn't. There was a piece of cartilage that was 'floating' around in her knee and that's why the pain was erratic. She was very tough to have even trained like she did."*

Never underestimate young love. It seems that the medal presenters made sure that Mark Tewksbury recieved the same Swatch watch each time he won an event. Did they think Tewks only liked that style? Nope. They wanted him to come back to exchange it, giving them more time to be with Canada's ace backstroker. Cute.

Each event winner received a Swatch and the high point winners got a Fuji DL-350 zoom camera, valued at $375. The winner of the top swim also recieved a ticket from Canadian Airlines and a complementary weekend stay at a Delta hotel. Let's see more of this type of thing.

This is the last time we mention him. Promise. It's not that we question his motives, but guess who is meeting with Matt Biondi in a 50 fly sprint-for-money? Why it's that Grecian Formula ex-swimming god Mark Spitz. They will be meeting in Los Angeles on April 27. Please note that 100 fly 1988 Olympic and 1991 World Champs gold medallist Anthony Nesty is missing from the line-up. Too fast?

I'll wear a wet suit, thank you. The over abundance of "nasties and bities" in Perth's Swan River caused FINA to OK the use of training bikinis in the 25k long distance swim. It seems that the jellyfish that infest and swarm in the river were slipping down the front of the regular suits making it very hard to dislodge them (excuse us while we faint). The Speedo bikinis seemed to minimized the discomfort.

Not one to be bettered by a dessert look a like, Canada's distance star, Corinne Liedtke, captured one of the offending jellyfish, put it in her water bottle as a present for roommate Nikki Dryden. Gee, Corinne don't be surprised if no one mentions their birthday to you.

And speaking of nasties in the water. Watch Kingston, Ontario and take note. It seems that the Kingston Blue Marlin SC have decided to make their swim meets as environmentally friendly as possible. They claim to have the *"first environmentally conscious swim meet canteen"* in the country. They stress re-usable and recyclable products. As a fund raiser they sold "Blue Bricks" which are put in the toilet tank and help reduce the amount of water used.

Gross Out. Stand up and say good-bye to one of the truly great athletes of the sport. Michael Gross, Germany, retired this month. Gross, known as the Albatross, set 12 world and 25 European records and won three Olympic and five world championships golds.

He is not one to sit around and wonder what to do next. He is currently working on a Ph.D and has raced in a few triathlons.

Editor: In response to the numerous letters written to *SWIM* and the general editorial slant of the publication, in respect to the relative championing of the so-called small club facilities vs the larger organization in our sport, I wish to make the following points and observations.

1) The sport of swimming in Canada has room for all sizes and types of clubs and organizations, each of which has a right to be in the community of club swimming.

2) Excellence is excellence—big club or small club.

3) Many of the so called "small" clubs have as many, if not more swimmers in the water than the "big" clubs.

4) Without clubs operating out of the large facilities in this country, incurring the pool costs and effectively becoming the major tenant of the facilities, many of programs and competitions that serve to shape the swimming scene in Canada would not exist. These clubs take the risk to hire facilities, retain the coaches and run the meets that have over the years produced the performances we all want so badly.

Coaching development, official training, organizational development, athletic development programs, education and monitoring systems have mostly come out of the "larger" clubs.

It is my concern that a we/they situation exists between various levels of our club organizations and coaching ranks. It seems that we are in danger of being reduced to this level of thinking. *SWIM* seems to champion this type of thinking.

I feel that if we are to be truly great in the future, to actually be able to realize our resource potential to continue to see our sport and our profession grow and to continue to make competitive swimming appeal to new talented athletes and parents, the the finger pointing has to stop. A maturity in our ranks is required, a realization that the world, in the real sense of the word, now considers swimming as one of the major sports at the Olympics, and therefore more and more countries with more and more of their resources are being bought to bear on the performance of their

countrymen. Morale support from the whole country is critical.

Dave Johnson and Deryk Snelling are doing a masterful job of rebuilding a truly national swimming program in their dual roles as Olympic head coaches. Many new coaches have been and will be exposed to the rigours of the international scene as it exists today in an attempt to have more coaches and administrators understand and appreciate the time, the effort and cost—human and otherwise, that goes into the preparation of Canada's teams.

It is not about the size of the program that an athlete comes from; it's the amount of support and respect that we can all give each other between here and Barcelona.

Surely Alex, Victor and Nancy Garapick, and currently Nancy Sweetnam have benefitted from the programs and the competition that has been provided by some of these larger organizations, just as these organizations have benefited from their competition. There is room and there is a need for both. One at the expense of the other is counter-productive.

Surely coaches of these "smaller" clubs have benefited from the professionalization of coaching that for the most part has been initiated by the larger organizations.

The point is that if we are a profession—we are in the same sport and it is in our best interests to support and respect each other. Remember—*Them is us.*

Tom Johnson,
Pacific Dolphins

Editor: I don't want to be the one to say I told you so, but now I am telling you so. The "System" is not working. If its goals are to produce results, then can we not admit to ourselves that it is failing? And if it is failing, how long are we going to allow this system to continue at the expense of our clubs. When will all this gobbledygook, double-talk and downright b.s. stop? Why does swimming have to get more complicated instead of less complicated?

Coaching certification, a bureaucrats dream, is becoming a coach's nightmare. Coaching excellence and the level of one's certification do not equate. When are we going to get that through our heads? The new development centres are mere duplication of what could be better taken care of at the club level at a fraction of the cost. The philosophy rationalizing the need for these centres appears to me like someone's thesis for a Ph.D. in physical education.

Everything is ideal until you try to apply it. Are we really trying to get at helping coaches and kids get somewhere, or are we trying to prove how smart we are? I know how frustrated Canadians are becoming with their present government. It is as if the government is totally out of touch with the needs and wishes of its constituents. Daily, I hear similar opinions from coaches and parents regarding those who presently control Swimming Canada.

No longer are we ranked number four in the world. In fact, if you watched the US coverage of the World Championship it was as if Canada did not exist. Hungary, with a population of 10 million won five golds and set three world records. Now that is a system that is producing.

Let's face it, based on the results of our last two major international competitions, altitude training is not delivering the promised results, nor is pre-selection, nor is centralization of resources, nor is difficult selection standards. If we are ever to rise, at least to our potential, we had better get back to basics. We have got to start re-motivating our club system by re-introducing the club grant system with substantial funds. Parent boards must view senior swimming in a positive manner. Coaches of carded swimmers must be given the opportunity and financial support to plan and travel to important meets with their swimmers.

Based on past results, the following areas must be re-evaluated; 1) the amount of funds being spent to develop a few identified swimmers, 2) the importance of being placed on certification, 3) the tremendous financial drain being placed on Canadian swimming to carry out some very questionable plans.

If none of these recommendations are followed I feel swimming will continue to be bogged down in layer upon layer of academic and bureaucratic gobbledygook.

Clifford Barry,
Etobicoke Pepsi Swimming

Editor: I read with interest Ms. Jensen's letter in the September issue of *SWIM*. As an observer of the Canadian swimming scene for many years and as a business man who has, over the past several years, devoted many hours to club activities, I have to agree with many of the points made in Ms. Jensen's letter.

It seems to me that SNC may, and I emphasize may, obtain short term benefits by directing funding to the national Training Centres. These benefits certainly have not become apparent to date. Witness the Commonwealth Games and the excuses provided. However the cost of this approach may be the demise of many clubs and ultimately our young swimmers.

Where will Canadian swimming be then? You don't kill the heart and body (for that's what clubs are to swimming) to save the head. Where will we be ten years from now when all of the current standard bearers are gone? In my business, our strength is the young people who work for us—the up and coming who will ultimately take over.

The cost of this approach may also be the loss of individuals desiring to be coaches. Who would want the job when you know a young athlete that you have nurtured and worked with for many years will ultimately be recruited and directed to a national Training Centre? Where is the reward, the sense of achievement for those coaches?

As a parent of two and soon to be three swimmers, I absolutely disagree with the philosophy of taking swimmers away for weeks on end at training camps. Somewhere someone or somebody has lost focus—swimming should be a means to an end, not an end to to a means.

Throughout his or her life, each individual who participates in the sport will benefit from their swimming experience, but the more important focus should be and must be to combine the sport with education. As I observe what is happening and as I hear various stories and rumours, education is rapidly taking second place to ensure the glorification of SNC. How can this be denied when swimmers are ordered to attend swimming camps, for weeks on end? Something is wrong. We are not East Germany.

I believe that SNC must help Canadian swimming to achieve the results we expected in the early eighties. We must focus our (not its) money in two directions; the club and the coaches.

Increasing the number of swimmers in the sport will certainly increase our chances of having high quality swimmers. It doesn't take a genius to figure out that a great swimmer is more likely to be produced from a base of 10,000 participants than a base of 1,000 participants.

Of course, without talented coaches, the great swimmers will never be produced. We must encourage more people to enter the coaching profession and to stay in the profession. We must provide better training and experience for all the coaches not just a select few who happen to be located near a training centre. It seems imminently logical to me that you improve the overall coaching and you improve the swimming. More well trained coaches will produce more excellent swimmers.

Less money should be spent on the entourage going to international meets. It is my understanding that there are approximately 31 athletes going to the World Championships and 15-16 non-athletes. Why? It seems to me that *our* money would be better spent sending more athletes, to give them the experience in the international arena and fewer non-athletes.

Logic indicates that something is amiss.

Dave Middleton,
North York, Ontario

Editor: Having just returned from Winter nationals in Calgary as a parent/chaperon, I feel the Cascade Swim Club should be proud of their meet management.

Filling the stands for morning sessions with "informed" school children, the public and age group swimmer support shown at night made the meet more exciting, even when I struggled to find a seat.

The innovation of a rookie award was a special touch especially when our swimmer, Lisa Virgini won the award. The meet seemed to be truly run for the swimmers.

Judy Cardwell,
Pointe Claire, Quebec

Remember...It's not true until it has been officially denied.

NATIONAL NEWS
SWIMMING/NATATION CANADA

WINTER NATIONALS TRAVEL SUPPORT

Travel support distribution for the 1991 Winter Nationals will be based on the top eight finalists per individual event with the exception of those swimmers from the host province.

The travel grant will be pro-rated to the original receipts collected. A cheque will be issued directly to the club, swimmer or provincial section, whichever has been specified.

It is the responsibility of the coach/team manager to collect the original receipts from the swimmers who qualify for assistance. The original receipts must be sent to Anne Nicholls, financial assistant at the national office by March 22, 1991. Claims received after this deadline will not be considered.

All questions should be directed to Anne Nicholls at (613) 748-5673.

NEW LEVEL THREE COACH

Congratulations to Bruce Clarke of the Duncan Stingrays Swim Club in Duncan, B.C. who recently completed all components of the Level 3 Coaching Certification Program and is now fully certified at that level.

1991-92 ENRICHED CARDING

Congratulations to the following swimmers who have been selected to Swimming/Natation Canada's Enriched Carding Program. Criteria were based on the 1990 long course world rankings and the 1991 World Championship results combined.

	Payment/month	Rank	Event	Time
Top 4 - 2 /country				
Mark Tewksbury	$1,000.00	2nd	100 Back	0:55.29
Marcel Gery	$1,000.00	3rd	100 Fly	0:53.73
Gary Anderson*	-0-	4th	200 I.M.	2:01.88
Nancy Sweetnam**	$ 550.00	4th	200 I.M.	2:15.61
Top 8 - 2/country				
Harry Taylor	$600.00	6th	1500 Free	15:12.63
Tom Ponting	$600.00	8th	100 Fly	0:54.05
Keltie Duggan	$600.00	6th	100 Breast	1:09.93
Marianne Limpert	$600.00	7th	200 I.M.	2:16.71
Top 12 - 2/country				
Turlough O'Hare	$450.00	12th	200 Free	1:49.71
Chris Bowie	$450.00	11th	1500 Free	15:22.74
Kevin Draxinger	$450.00	9th	200 Back	2:01.18
Jon Cleveland	$450.00	9th	200 Breast	2:14.96
Jon Kelly	$450.00	9th	200 Fly	2:00.28
Darren Ward	$450.00	10th	200 I.M.	2:03.20
Ray Brown*	-0-	12th	400 I.M.	4:22.28
Nathalie Giguère	$450.00	10th	200 Breast	2:31.07
Guylaine Cloutier	$450.00	11th	200 Breast	2:31.14
Mojca Cater	$450.00	11th	200 Fly	2:13.65

*Attending school in the U.S.A.
** Attending high school

EIGHT NATIONS YOUTH TEAM

March 30-31, 1991—Rome, Italy

GIRLS

Jessica Amey,University of Calgary SC
Allison Barriscale,Island Swimming
Anne Blachford,City of Brampton
Shauna Collins,Regina Optimist Dolphins
Carrie Fowlie,Pacific Dolphins
Jennifer Heagy,Spartans
Edith Lachapelle,Gloucester-Ottawa
Holly McComb,Pointe Claire
Stephanie Richardson,North York
Josée Santillan,Elite
Shyanne Shannon,Tide
Lisa Virgini,Pointe Claire

BOYS

Jaret Abel,Edmonton Keyano
Jon Dean,Hyack
Simon Eberlie,London
Justin Finney,Pointe Claire
Mac Fraser,North York
Kevin Przyswitt,Edmonton Keyano
Robert Sampson,Gloucester-Ottawa
Jamie Stevens,Manta
Vaughn Thompson,Pacific Dolphins
Dino Verbrugge,Hyack
Owen Von Richter,Etobicoke-Pepsi
Lee Wanie,York

STAFF

Head Coach,
Jim Fowlie,Pacific Dolphins
Assistants
Karim Boulos, Beaconsfield Bluefins
Kevin Auger,Guelph Marlins
Manager
Christa Brueggemann,North York

Direct all questions to:
SWIMMING
NATATION CANADA
1600 James Naismith Dr.
Gloucester, Ontario, K1B 5N4
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NATIONAL NEWS
SWIMMING/NATATION CANADA

1991 WORLD CUP CIRCUIT

Date+Location
1 March 13-14 Milan, Italy
2 March 16-17 Bonn, Germany
3 March 19-20 Malmo, Sweden
4 March 22-23 Rostock, Germany
5 March 26-27 Lenningrad, U.S.S.R.
6 March 29-30 Sheffield, England
7 April 9-10 Victoria, B.C.

Overseas Participants

Name	Competition #'s
WOMEN	
Anne Barnes,UCSC	3-6
Nathalie Giguère,SELCT	1-3
Marianne Limpert,NYAC	1-6
Andrea Nugent,UCSC	3-6
Nancy Sweetnam,LLSC	1-3
MEN	
Rob Fox,EKSC	3-6
Marcel Gery,NYAC	1-3
Dean Kondziolka,TOMAC	2-4
Curtis Myden,UCSC	1-3
Tom Ponting,UCSC	2-6
Jasen Pratt,EKSC	3-6
Mark Tewksbury,UCSC	1-6
Gary Vander Meulen,UCSC	2-6
Darren Ward,UCSC	
COACHES	
Bill Barton,TOMAC	2-4
Deryk Snelling,UCSC	1-3
Marian Sweetnam,LLSC	1-3
MANAGERS	
Ollie Currie,EKSC	3-6
Herb DeBray,BROCK	6
Connie Barton,Therapist	2-6

All of the above swimmers will also compete in World Cup 7.

SWIMMING CATCHES THE WAVE TO FITNESS

Once again, Swimming/Natation Canada will be a part of Catch the Wave to Fitness, an annual national project promoting the benefits of aquatic fitness to the Canadian public during Canada's Fitweek. Last year, pools and aquatic facilities across Canada organized 641 Catch the Wave events for 266,566 people. This year, the event will take place from May 24 to June 2 and numbers are expected to be even higher. Swimming/Natation Canada is one of six aquatic sport organizations that make up the Catch the Wave to Fitness Management Committee, which coordinates all of the CTW activities throughout the country. Sponsors for the "Get Wet" project are Canspa and Speedo.

WORLD CHAMPIONSHIPS DE-BRIEFING

Following the World Aquatic Championships in Perth, Australia, a comprehensive de-briefing process recently took place in Calgary, involving the 1992 Olympic head coaches, the head of SNC's sport science program, the association's sport phychology consultant, as well as senior officers of SNC. The world championship selection strategy, the pre-competition training camps and the championships were all looked at in-depth and then followed by a review of the 1992 Olympic preparation plan.

More de-briefing took place during the Winter National Championships in Calgary when club coaches in attendance were presented with a review of the World Championships and given the chance to provide their own feedback and comments on results from the competition.

In light of these discussions and presentations to the CSCA during Winter Nationals, appropriate adjustments have been made to the Olympic preparation plan. These were presented to SNC's Board of Directors on February 24th. The biggest change comes in the area of Olympic standards. Instead of choosing the team from those swimmers who rank in the top 16 of the world long course 2 per country rankings, the team will now be chosen from those listed in the top 20 of the same rankings. As a result, it's estimated that Canada will be represented in every event in the pool in Barcelona.

Keep posted for further updates to the Olympic preparation plan in future editions of National News.

YOUTH CHAMPS ON THE MOVE

Preparations for SNC's 1991 national youth championships are well underway. There are two important changes to keep in mind for this year's event which is taking place in Quebec City.

As mentioned in previous issues of National News, the competition dates have been moved forward from the usual July dates to May 30 to June 2 in order to allow for fewer scheduling conflicts with summer nationals.

As well, the Association of Kinsmen and Kinette Clubs, the title sponsor of the event, along with SNC have come up with a new, more marketable title for the competition: THE KINSMEN/KINETTE CUP - *Canada's Youth Swimming Championships.*

Both the Quebec Swimming Federation, the host of the competition, along with the Ste-Foy Select Swim Club promise an exciting and fun meet for everyone involved.

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TOP AGE GROUP TIMES

Rankings for the period Sep.1 to Mar 1, 1991

1991 SHORT COURSE TAG®

TAG is financially supported by Swimming Canada. Rankings compiled by SWIM Magazine. Computer program by Advantage Software.

GIRLS 11-12

50 METRES FREESTYLE
Rec: 26.34 L.Melien,AAC,85
26.52 GOLDOCT Shauna Collins,12,ROD
27.93 ONAGFEB Laura Nicholls,12,ROW
27.93 ONAGFEB Lisa Parwicki,12,EPS
28.01 ONAGFEB Nicole Davey,12,MAC
28.27 YOUTHDEC Robin Allen,12,BYAC
28.32 YOUTHDEC Erica Morton,12,HWAC
28.38 RODOCT Susan Banman,12,ROD
28.68 ONAGFEB Carly Porter,12,EPS
28.72 ONAGFEB Robyn Miller,12,TOMAC
28.87 PQAGFEB Genevieve Cauffope,12,PLUS
28.97 WESTFEB Andrea Wright,12,ROD
29.15 NSAGFEB Angela MacAlpine,12,CCSC
29.16 MANTADEC Samantha Matejicka,12,WAVE
29.24 SHERDEC Marie-H. Savo,12,CAMO
29.25 ONAAFEB Elizabeth Warden,12,SCAR
29.29 CAMONOV Cynthia Graton,12,CSQ
29.29 PQAGFEB Nathalie Bergeron,12,RCA
29.36 COMOXDEC Leanne Hoffman,12,COMOX
29.37 PQAGFEB Chantal Lessard,12,RCA
29.43 MANTADEC Rikki Janes,11,GOLD
29.44 ONAGFEB Tanya Stachiw,11,EPS
29.46 ONAGFEB Willa Bostock,12,NYAC
29.50 WESTFEB Jocelyn McLeod,12,ROD
29.55 TOMACJAN Marsha Clouthier,12,OSHAC
29.58 RACERDEC Jackie Sallee,12,CDSC

100 METRES FREESTYLE
Rec: 57.36 L.Melien,AAC,85
57.74 GOLDOCT Shauna Collins,12,ROD
59.97 ONAGFEB Lisa Parwicki,12,EPS
1:01.54 ONAGFEB Carly Porter,12,EPS
1:01.76 RODOCT Susan Banman,12,ROD
1:02.18 YOUTHDEC Lesley Oake,12,TRENT
1:02.36 ONAGFEB Laura Nicholls,12,ROW
1:02.54 ONAGFEB Robin Allen,12,BYAC
1:02.80 ONAGFEB Willa Bostock,12,NYAC
1:02.87 YOUTHDEC Erica Morton,12,HWAC
1:03.09 SHERDEC Marie-H. Savo,12,CAMO
1:03.24 SHERDEC Marie-H. Tremblay,12,CNJA
1:03.27 PQAGFEB Genevieve Cauffope,12,PLUS
1:03.32 RACERDEC Jackie Sallee,12,CDSC
1:03.42 RACERDEC Leanne Hoffman,12,COMOX
1:03.49 WESTFEB Andrea Wright,12,ROD
1:03.50 ONAGFEB Nicole Davey,12,MAC
1:03.61 ONAAFEB Marsha Clouthier,12,OSHAC
1:03.73 RODJAN Susan Furs,12,EPS
1:03.75 WESTFEB Megan Gillis,12,CP
1:03.81 PQAGFEB Angelina Wood,12,PCSC
1:03.90 CAMONOV Nathalie Bergeron,12,RCA
1:03.90 RODJAN Elizabeth Warden,12,SCAR
1:03.95 RACERDEC Melissa Knox,12,CDSC
1:04.00 TOMACJAN Leslie Dowson,12,WISC
1:04.02 NSAGFEB Angela MacAlpine,12,CCSC

200 METRES FREESTYLE
Rec: 2:05.41 S.Collins,ROD,90
2:05.41 GOLDOCT Shauna Collins,12,ROD
2:09.28 ONAGFEB Lisa Parwicki,12,EPS
2:11.40 ONAGFEB Carly Porter,12,EPS
2:14.10 ONAAFEB Elizabeth Warden,12,SCAR
2:15.23 YOUTHDEC Lesley Oake,12,TRENT
2:15.74 TOMACNOV Susan Furs,12,EPS
2:16.25 TOMACJAN Leslie Dowson,12,WISC
2:16.82 ONAGFEB Willa Bostock,12,NYAC
2:17.19 ENLJAN Karine Legault,12,CASE
2:17.29 TOMACJAN Marsha Clouthier,12,OSHAC
2:17.71 ENLJAN Sophie Simard,12,CNJC
2:17.97 YOUTHDEC Erica Morton,12,HWAC
2:18.14 RODOCT Susan Banman,12,ROD
2:18.24 SKAGFEB Rikki Janes,12,GOLD
2:18.44 PQAGFEB Gael Lupien,12,CNO
2:18.47 HYACKJAN Jackie Sallee,12,CDSC
2:19.01 YOUTHDEC Angie Hooker,12,LAC
2:19.25 SCARMAR Michelle Prosek,12,HWAC
2:19.28 ONAGFEB Kiza Francis,12,TBT
2:19.31 COMOXDEC Marlena Prill,12,IS
2:19.32 ONAGFEB Robyn Miller,12,TOMAC
2:19.34 COMOXDEC Cathrin Jones,11,IS
2:19.35 RACERDEC Melissa Knox,12,CDSC
2:19.35 CASCNOV Megan Gillis,11,CP
2:19.48 CASCNOV Jocelyn McLeod,12,ROD

400 METRES FREESTYLE
Rec: 4:23.93 S.Shewchuk,PCSC,87
4:27.82 GOLDOCT Shauna Collins,12,ROD
4:39.51 YOUTHDEC Lesley Oake,12,TRENT
4:40.22 ONAGFEB Carly Porter,12,EPS
4:40.35 YOUTHDEC Lisa Parwicki,12,EPS
4:41.40 RACERDEC Jessica Krajicek,12,VCSC
4:41.58 RACERDEC Melissa Knox,12,CDSC
4:44.33 ONAGFEB Leslie Dowson,12,WISC
4:44.77 ENLJAN Karine Legault,12,CASE
4:46.04 YOUTHDEC Elizabeth Warden,12,SCAR
4:46.33 YOUTHDEC Susan Furs,12,EPS
4:46.71 PQAGFEB Sophie Simard,12,CNJC
4:46.72 HYACKJAN Sarah Purewal,12,PSW
4:46.80 PQAGFEB Gael Lupien,12,CNO
4:46.93 ONAGFEB Laura Nicholls,12,ROW
4:47.42 COMOXDEC Cathrin Jones,11,IS
4:48.03 ONAAFEB Molly Morrice,12,BROCK
4:48.06 BROCKNOV Joanne Figliano,12,NEW
4:48.16 WESTFEB Jocelyn McLeod,12,ROD
4:48.18 ONAGFEB Michelle Prosek,12,HWAC
4:48.87 ENLJAN Maryse Loranger,12,CAC
4:49.97 RACERDEC Leanne Hoffman,12,COMOX
4:50.60 OAKJAN Cori Upson,12,HWAC
4:50.65 ONAAAFEB Sarah Burke,12,MUSAC
4:50.85 VICONOV Melissa Krok,11,CDSC
4:52.58 ONAAFEB Beth McRae,12,STARS

800 METRES FREESTYLE
Rec: 8:55.85 S.Shewchuk,PCSC,87
9:15.61 GOLDOCT Shauna Collins,12,ROD
9:38.70 PQAGFEB Karine Legault,12,CASE
9:40.33 ONAGFEB Leslie Dowson,12,WISC
9:43.56 RACERDEC Jessica Krajicek,12,VCSC
9:43.76 YOUTHDEC Susan Furs,12,EPS
9:44.48 YOUTHDEC Lesley Oake,12,TRENT
9:44.58 PQAGFEB Sophie Simard,12,CNJC
9:46.05 ONAGFEB Michelle Prosek,12,HWAC
9:47.06 ONAGFEB Katie O'Dwyer,11,EPS
9:51.60 VICONOV Melissa Krok,11,CDSC
9:52.45 YOUTHDEC Joanne Figliano,12,NEW
9:54.94 RODJAN Elizabeth Warden,12,SCAR
9:55.69 EPSFEB Carly Porter,12,EPS
9:56.89 PQAGFEB Maryse Loranger,12,CAC
10:00.26 MANTADEC Lara Browne,12,OSC
10:00.51 YOUTHDEC Cori Upson,12,HWAC
10:00.52 ONAGFEB Kiza Francis,12,TBT
10:00.92 ONAGFEB Alison Jones,11,SCAR
10:01.06 VICONOV Cathrin Jones,11,IS
10:05.31 ONAGFEB Julie Gravelle,11,GO
10:05.55 PQAGFEB Gael Lupien,12,CNO
10:05.87 NSAGFEB Kim Goodwin,12,CCSC
10:08.08 COMOXDEC Kristine McGraw,11,IS
10:09.94 ONAGFEB Kerri Lee,12,PERTH
10:09.98 HYACKJAN Sarah Purewal,12,PSW

100 METRES BACKSTROKE
Rec: 1:06.23 L.Melien,AAC,85
1:08.32 ONAGFEB Lisa Parwicki,12,EPS
1:09.34 RODOCT Shauna Collins,12,ROD
1:09.55 RODOCT Susan Banman,12,ROD
1:11.04 YOUTHDEC Lesley Oake,12,TRENT
1:11.12 ONAAFEB Molly Morrice,12,BROCK
1:11.34 CAMONOV Marie-H. Savo,12,CAMO
1:11.70 ONAGFEB Ana Cenanovic,12,TOMAC
1:12.29 ONAGFEB Ashleigh Crowder,12,WISC
1:12.45 VICONOV Leanne Hoffman,12,COMOX
1:12.50 SHERDEC Marie-H. Tremblay,12,CNJA
1:12.69 PQAGFEB Rebecca Bernard,11,PCSC
1:12.92 NAACNOV Lisa Grant,12,WW
1:13.21 TOMACNOV Susan Furs,12,EPS
1:13.85 PQAGFEB Karine Demers,11,CARAT
1:14.05 ENLJAN Angelina Wood,12,PCSC
1:14.08 ONAGFEB Beth McRae,12,STARS
1:14.24 RODJAN Elizabeth Warden,12,SCAR
1:14.26 MANTADEC Andrea Wright,12,ROD
1:14.54 ONAGFEB Melissa Thomas,11,USC
1:14.54 PQAGFEB Jennifer Delong,11,PCSC
1:14.73 PQAGFEB Valerie Hadd,12,ETORY
1:14.92 MANTADEC Lara Browne,12,OSC
1:14.93 CAMONOV Cynthia Graton,12,CSQ
1:15.24 SCARMAR Michelle Prosek,12,HWAC
1:15.29 YOUTHDEC Sarah Burke,12,MUSAC

200 METRES BACKSTROKE
Rec: 2:21.92 L.Melien,AAC,84
2:27.19 ONAGFEB Lisa Parwicki,12,EPS
2:28.77 ONAAFEB Elizabeth Warden,12,SCAR
2:29.60 YOUTHDEC Lesley Oake,12,TRENT
2:30.21 GOLDOCT Shauna Collins,12,ROD
2:30.93 UMANOCT Susan Banman,12,ROD
2:31.29 ONAAFEB Molly Morrice,12,BROCK
2:32.53 ONAGFEB Ana Cenanovic,12,TOMAC
2:34.42 SHERDEC Marie-H. Savo,12,CAMO
2:35.10 ONAGFEB Ashleigh Crowder,12,WISC
2:35.92 YOUTHDEC Lisa Grant,12,WW
2:36.79 RACERDEC Leanne Hoffman,12,COMOX
2:37.23 RODJAN Susan Furs,12,EPS
2:37.74 SHERDEC Marie-H. Tremblay,12,CNJA
2:38.04 MANTADEC Lara Browne,12,OSC
2:38.30 ONAGFEB Beth McRae,12,STARS
2:38.65 ONAGFEB Melissa Thomas,11,USC
2:38.73 ONAGFEB Sarah Burke,12,MUSAC
2:38.87 YOUTHDEC Michelle Prosek,12,HWAC
2:39.11 SCARMAR Alison Jones,12,SCAR
2:39.31 BROCKNOV Renee Oake,12,TRENT
2:39.42 ONAGFEB Sarah Bailie,12,ROW
2:39.75 ENLJAN Rebecca Bernard,11,PCSC
2:40.08 HYACKJAN Kelly Ellis,11,PSW
2:40.29 PQAGFEB Valerie Hadd,12,ETORY
2:40.58 HYACKJAN Marlena Prill,12,IS

100 METRES BREASTSTROKE
Rec: 1:10.11 A.Higson,ESC,85
1:15.92 ONAGFEB Willa Bostock,12,NYAC
1:18.56 ONAGFEB Katie O'Dwyer,11,EPS
1:19.39 RACERDEC Miriam Parks,12,CDSC
1:19.83 EPSOCT Stephanie Cooling,12,NYAC
1:20.11 PQAGFEB Chantal Lessard,12,RCA
1:20.33 SHERDEC Sabrina Boutin,12,CNJA
1:20.39 MANTADEC Samantha Matejicka,12,WAVE
1:20.39 ONAGFEB Alicia Cowan,12,EYSC
1:20.48 YOUTHDEC Erica Morton,12,HWAC
1:20.81 WESTFEB Jocelyn McLeod,12,ROD
1:20.91 ONAAFEB Carole Cottingham,11,NEW
1:21.01 ONAAFEB Gen Gauthier,12,LUSC
1:21.03 RODJAN Susan Furs,12,EPS
1:21.48 ONAGFEB Alina Toma,12,AAC
1:21.53 RACERDEC Melissa Knox,12,CDSC
1:21.54 ENLJAN Julie Daudelin,12,ETORY
1:21.87 PQAGFEB Anne Bastien,12,ETORY
1:22.00 MANTADEC Denise Telford,11,OSC
1:22.01 PQAGFEB Sarah Evans,12,PCSC
1:22.07 PQAGFEB Maia Troide,12,PCSC
1:22.12 SHERDEC Cynthia Graton,12,CSQ
1:22.53 ONAGFEB Jessica Smith,12,BRANT
1:22.58 ENLJAN Anne Pharand,12,ELITE
1:22.63 PQAGFEB Sophie Emond,12,CNCB
1:22.66 BRANTNOV Mandy Salmikivi,12,BOSC

200 METRES BREASTSTROKE
Rec: 2:32.10 A.Higson,ESC,85
2:45.79 ONAGFEB Willa Bostock,12,NYAC
2:50.24 TOMACNOV Susan Furs,12,EPS
2:51.40 RACERDEC Melissa Knox,12,CDSC
2:51.51 RACERDEC Miriam Parks,12,CDSC
2:52.06 ONAGFEB Katie O'Dwyer,11,EPS
2:52.83 PQAGFEB Chantal Lessard,12,RCA
2:52.86 TOMACNOV Carla DiFilippo,12,HWAC
2:53.27 TOMACNOV Erica Morton,12,HWAC
2:53.90 MANTADEC Samantha Matejicka,12,WAVE
2:54.01 SHERDEC Sabrina Boutin,12,CNJA
2:54.04 ONAAFEB Gen Gauthier,12,LUSC
2:54.17 MANTADEC Jocelyn McLeod,12,ROD
2:54.45 YOUTHDEC Carole Cottingham,11,NEW
2:54.61 ONAGFEB Alina Toma,12,AAC
2:54.81 BRANTNOV Elizabeth Warden,12,SCAR
2:54.81 ONAGFEB Jessica Smith,12,BRANT
2:55.01 MANTADEC Veronika Colnar,12,RACE
2:55.21 PQAGFEB Maia Troide,12,PCSC
2:55.67 ENLJAN Julie Daudelin,12,ETORY
2:56.13 ONAAAFEB Heather Smith,12,CREST
2:56.72 ONAGFEB Kim Dix,12,COBRA
2:56.74 ONAGFEB Valerie Alessio,12,CSL
2:56.75 YOUTHDEC Lesley Oake,12,TRENT
2:56.96 HWACOCT Annemarie Brown,12,HWAC
2:57.09 ENLJAN Sarah Evans,12,PCSC

100 METRES BUTTERFLY
Rec: 1:05.24 A.Barnscale,KMSC,89
1:05.80 GOLDOCT Shauna Collins,12,ROD
1:07.57 RODJAN Lisa Parwicki,12,EPS
1:07.83 ONAGFEB Carly Porter,12,EPS
1:08.49 ONAAFEB Marsha Clouthier,12,OSHAC
1:09.06 YOUTHDEC Cori Upson,12,HWAC
1:09.65 YOUTHDEC Jean Ooi,12,EBSC
1:09.84 RODOCT Susan Banman,12,ROD
1:10.53 SHERDEC Nathalie Bergeron,12,RCA
1:10.69 ENLJAN Maryse Loranger,12,CAC
1:10.95 ONAGFEB Nicole Davey,12,MAC
1:11.18 PQAGFEB Angelina Wood,12,PCSC
1:11.27 CAMONOV Marie-H. Savo,12,CAMO
1:11.31 ONAGFEB Sarah Burke,12,MUSAC
1:11.33 ONAGFEB Courtney Hayley,12,GO
1:11.41 ONAGFEB Beth McRae,12,STARS
1:11.73 ONAGFEB Laura Nicholls,12,ROW
1:11.74 SHERDEC Ariane Chamberland,12,PLUS
1:11.78 RACERDEC Tanya Buziak,12,COMOX
1:11.85 SHERDEC Marie-H. Tremblay,12,CNJA
1:11.87 SHERDEC Sophie Simard,12,CNJC
1:11.90 CAMONOV Cynthia Graton,12,CSQ
1:11.93 ONAGFEB Vreneli White,11,TOMAC
1:11.94 ONAGFEB Jane Axford,12,TOMAC
1:12.08 ONAAAFEB Erica Gillies,12,KEETA
1:12.35 ONAGFEB Katie O'Dwyer,11,EPS

200 METRES BUTTERFLY
Rec: 2:18.09 M.Coulombe,CNMN,78
2:27.00 GOLDOCT Shauna Collins,12,ROD
2:27.44 ONAAFEB Marsha Clouthier,12,OSHAC
2:28.56 YOUTHDEC Jean Ooi,12,EBSC
2:31.24 ONAGFEB Carly Porter,12,EPS
2:32.36 EPSFEB Lisa Parwicki,12,EPS
2:34.06 YOUTHDEC Angelina Wood,12,PCSC
2:34.52 YOUTHDEC Cori Upson,12,HWAC
2:34.72 ONAGFEB Beth McRae,12,STARS
2:35.29 SHERDEC Ariane Chamberland,12,PLUS
2:35.29 SHERDEC Maryse Loranger,12,CAC
2:36.20 ONAGFEB Sarah Burke,12,MUSAC
2:37.54 ONAGFEB Vreneli White,11,TOMAC
2:38.54 ENLJAN Josee Mainville,12,ELITE
2:39.15 GOLDOCT Doris Ho,12,CASC
2:40.22 YOUTHDEC Jenece Hayden,12,SSC
2:40.64 COMOXDEC Amanda Downing,11,IS
2:40.76 UMANOCT Susan Banman,12,ROD
2:40.87 YOUTHDEC Tiina Kallio,12,WISC
2:41.25 ONAAAFEB Erica Gillies,12,KEETA
2:41.34 ONAGFEB Julie Gravelle,11,GO
2:41.44 PQAGFEB Sophie Simard,12,CNJC
2:41.49 ONAGFEB Gena Milligan,12,MAC
2:41.70 RACERDEC Melissa Knox,12,CDSC
2:41.72 ONAGFEB Jane Axford,12,TOMAC
2:41.93 VICONOV Tanya Buziak,12,COMOX

200 METRES IND.MEDLEY
Rec: 2:19.25 A.Higson,ESC,85
2:29.18 ONAAFEB Elizabeth Warden,12,SCAR
2:30.30 YOUTHDEC Lesley Oake,12,TRENT
2:30.32 RODJAN Lisa Parwicki,12,EPS
2:33.32 YOUTHDEC Susan Furs,12,EPS
2:33.57 UMANOCT Susan Banman,12,ROD
2:34.57 YOUTHDEC Erica Morton,12,HWAC
2:34.68 ONAGFEB Willa Bostock,12,NYAC
2:35.44 PQAGFEB Chantal Lessard,12,RCA
2:35.65 ONAGFEB Laura Nicholls,12,ROW
2:35.79 SHERDEC Marie-H. Savo,12,CAMO
2:35.93 ONAGFEB Michelle Prosek,12,HWAC
2:36.01 ONAGFEB Katie O'Dwyer,11,EPS
2:36.41 ONAGFEB Jane Axford,12,TOMAC
2:36.66 PQAGFEB Angelina Wood,12,PCSC
2:37.15 SHERDEC Marie-H. Tremblay,12,CNJA
2:37.33 YOUTHDEC Cori Upson,12,HWAC
2:37.50 ONAAFEB Molly Morrice,12,BROCK
2:37.56 TOMACJAN Leslie Dowson,12,WISC
2:37.78 SKAGFEB Rikki Janes,12,GOLD
2:37.94 TOMACNOV Carly Porter,12,EPS
2:37.97 ENLJAN Nathalie Bergeron,12,RCA
2:38.23 VICONOV Leanne Hoffman,12,COMOX
2:38.28 EPSOCT Stephanie Cooling,12,NYAC
2:38.30 BROCKNOV Marsha Clouthier,12,OSHAC
2:38.31 RACERDEC Melissa Knox,12,CDSC

400 METRES IND.MEDLEY
Rec: 4:55.03 A.Higson,ESC,85
5:16.06 YOUTHDEC Susan Furs,12,EPS
5:16.08 YOUTHDEC Lesley Oake,12,TRENT
5:18.76 ONAAFEB Marsha Clouthier,12,OSHAC
5:19.12 ONAAFEB Elizabeth Warden,12,SCAR
5:19.90 YOUTHDEC Jean Ooi,12,EBSC
5:22.19 RODJAN Lisa Parwicki,12,EPS
5:24.22 RODOCT Susan Banman,12,ROD
5:25.02 RACERDEC Melissa Knox,12,CDSC
5:25.59 ONAGFEB Michelle Prosek,12,HWAC
5:27.79 ONAGFEB Jane Axford,12,TOMAC
5:29.22 ONAGFEB Laura Nicholls,12,ROW
5:29.70 RACERDEC Leanne Hoffman,12,COMOX
5:30.57 ONAGFEB Leslie Dowson,12,WISC
5:30.69 PQAGFEB Angelina Wood,12,PCSC
5:31.50 YOUTHDEC Joanne Figliano,12,NEW
5:31.61 YOUTHDEC Cori Upson,12,HWAC
5:32.60 HYACKJAN Marlena Prill,12,IS
5:32.92 RACERDEC Jessica Krajicek,12,VCSC
5:34.90 SHERDEC Chantal Lessard,12,RCA
5:34.94 YOUTHDEC Molly Morrice,12,BROCK
5:35.07 SHERDEC Marie-H. Tremblay,12,CNJA
5:35.71 ONAGFEB Vreneli White,11,TOMAC
5:35.73 YOUTHDEC Carla Greer,11,NKSC
5:35.95 MANTADEC Jocelyn McLeod,12,ROD
5:36.30 SHERDEC Ariane Chamberland,12,PLUS

4X50 M MEDLEY RELAY
Rec: 2:08.39 Etobicoke Pepsi,EPS,91
2:08.39 RODJAN Etobicoke Pepsi,EPS
2:11.34 RODOCT Regina Opt.Dolphins,ROD
2:14.42 YOUTHDEC Hamilt-Wentworth AC,HWAC
2:16.11 ONAGFEB Mississauga AC,TOMAC
2:16.98 PQAGFEB Pointe Claire SC,PCSC
2:17.25 PQAGFEB Laval+Longueuil,ELITE
2:17.89 PQAGFEB Region Appalache,RCA
2:18.17 RACERDEC Canadian Dolphin SC,CDSC
2:18.19 SHERDEC RCA Charny,RCA
2:18.64 ONAGFEB North York AC,NYAC
2:18.70 ONAGFEB Markham AC,MAC
2:19.44 RACERDEC Edmonton Keyano SC,EKSC
2:19.69 ONAGFEB City of Brampton AC,COBRA
2:19.88 ONAGFEB Brantford AC,BRANT
2:20.03 ONAAAFEB Uxbridge SC,USC
2:20.45 ONAAFEB Scarborough SC,SCAR
2:20.46 ONAGFEB Oakville AC,OAK
2:20.58 PQAGFEB Etoiles Rich-Yamaska,ETORY
2:20.63 CASCNOV Cascade Swim Club,CASC
2:20.69 BRANTNOV Region of Waterloo,ROW
2:21.16 ONAAAFEB Burlington Y,BYAC
2:22.09 BRANTNOV East York SC,EYSC
2:22.60 YOUTHDEC Whitby Iroquois SC,WISC
2:22.90 SHERDEC Levis+Montmagny,PLUS
2:22.95 SHERDEC Cap Rouge-St.Augustin,CSQ

4X50 M FREE RELAY
Rec: 1:53.45 Regina Opt.Dolphins,ROD,90
1:53.45 RODOCT Regina Opt.Dolphins,ROD
1:54.90 ONAGFEB Etobicoke Pepsi,EPS
2:00.40 ONAGFEB Mississauga AC,TOMAC
2:00.56 RACERDEC Canadian Dolphin SC,CDSC
2:01.19 YOUTHDEC Hamilt-Wentworth AC,HWAC
2:01.36 ONAGFEB Markham AC,MAC
2:01.74 ONAGFEB Brantford AC,BRANT
2:01.85 PQAGFEB Pointe Claire SC,PCSC
2:01.92 PQAGFEB Laval+Longueuil,ELITE
2:01.98 SHERDEC RCA Charny,RCA
2:02.43 ONAGFEB Oakville AC,OAK
2:02.51 HYACKJAN Island Swimming,IS
2:02.52 ONAGFEB North York AC,NYAC
2:02.87 PQAGFEB Region Appalache,RCA
2:02.95 ONAAFEB Scarborough SC,SCAR
2:03.25 ONAGFEB Bayshore Barracudas,BB
2:03.63 RACERDEC Edmonton Keyano SC,EKSC
2:03.86 ONAGFEB Region of Waterloo,ROW
2:04.39 TOMACNOV Mississauga AC,TOMAC
2:04.39 ONAAAFEB Burlington Y,BYAC
2:04.92 PQAGFEB Etoiles Rich-Yamaska,ETORY
2:05.28 COMOXDEC Comox Valley AC,COMOX
2:05.67 SHERDEC Levis+Montmagny,PLUS
2:06.19 ONAAAFEB Uxbridge SC,USC
2:06.28 MANTADEC Manitoba Marlins,MM

TOP AGE GROUP TIMES

1991 SHORT COURSE TAG®

BOYS 11-12

50 METRES FREESTYLE
Rec: 25.43 B.Creelman,TOMAC,83
25.45 TOMACJAN Garret Pulle,12,MAC
26.26 TOMACNDV Andrew Munro,12,EPS
26.63 YOUTHDEC Jamie White,12,LAC
26.75 BCSRFEB Michael Calkins,12,IS
27.34 YDUTHDEC Drew Chorney,12,TMSC
27.44 ONAGFEB Steve Lysak,12,HWAC
27.54 BTSCJAN Goran Yabar,12,BST
27.63 MANTADEC Graham Duthie,12,OSC
27.69 BRANTNDV Corby Richmond,12,TBT
27.84 ONAGFEB Aaron Lo,12,WISC
27.90 MANTADEC Jason Lyons,12,FFAJ
28.01 GDLDOCT Steven Foley,12,MM
28.05 TOMACNOV Dennis Lau,12,MAC
28.12 YDUTHDEC Anthony Tham,12,NYAC
28.17 RACERDEC Tae Hwan Park,12,VCSC
28.30 DNAAFEB Ryan Tudor-Roberts,12,NKSC
28.35 HYACKJAN Andrew Cho,12,HYACK
28.37 BRANTNOV Trevor Grieve,12,NYAC
28.43 SHERDEC Alex Tratch-Harvey,12,SELCT
28.46 BRANTNOV Kostas Kapralos,12,NYAC
28.52 SHERDEC Christian Bilodeau,12,PLUS
28.59 CASCFEB Graham Doody,12,CASC
28.61 DNAGFEB Nathan Sutherland,12,DAK
28.62 SHERDEC Philippe Rousseau,12,ETDRY
28.64 DNAGFEB Kevin Brooks,12,BB

100 METRES FREESTYLE
Rec: 55.99 B.Creelman,TDMAC,83
56.54 DNAGFEB Garret Pulle,12,MAC
57.12 YOUTHDEC Andrew Munro,12,EPS
57.97 BCSRFEB Michael Calkins,12,IS
59.65 BRANTNDV Corby Richmond,12,TBT
59.72 EPSOCT Jamie White,12,LAC
1:00.51 YOUTHDEC Drew Chorney,12,TMSC
1:00.61 ONAGFEB Ryan Tudor-Roberts,12,NKSC
1:00.78 RACERDEC Tae Hwan Park,12,VCSC
1:01.06 MANTADEC Graham Duthie,12,OSC
1:01.44 ONAGFEB Goran Yabar,12,BST
1:01.47 OAKJAN Steve Lysak,12,HWAC
1:01.52 HYACKJAN Andrew Cho,12,HYACK
1:01.76 ONAGFEB Aaron Lo,12,WISC
1:01.77 GOLDOCT Steven Foley,12,MM
1:01.92 PQAGFEB Christian Bilodeau,12,PLUS
1:01.97 BRANTNDV Kostas Kapralos,12,NYAC
1:02.01 YOUTHDEC Anthony Tham,12,NYAC
1:02.03 MANTADEC Jason Lyons,12,FFAJ
1:02.16 CASCNDV Graham Doody,12,CASC
1:02.23 CASCNDV Matthew Henderson,11,AIR
1:02.40 TOMACNOV Dennis Lau,12,MAC
1:02.76 SHERDEC Philippe Rousseau,12,ETORY
1:02.85 YOUTHDEC Nathan Sutherland,12,OAK
1:02.96 ONAGFEB Michael Brett,12,RHAC
1:02.98 ONAGFEB Kevin Brooks,12,BB

200 METRES FREESTYLE
Rec: 2:01.59 D.Wake,YLSC,90
2:04.60 YOUTHDEC Jamie White,12,LAC
2:07.03 YOUTHDEC Garret Pulle,12,MAC
2:07.11 BCSRFEB Michael Calkins,12,IS
2:08.20 RODJAN Andrew Munro,12,EPS
2:09.38 YOUTHDEC Drew Chorney,12,TMSC
2:10.31 ONAGFEB Steve Lysak,12,HWAC
2:10.68 HYACKJAN Andrew Cho,12,HYACK
2:11.57 PQAGFEB Jonathan Cantin,12,PLUS
2:11.59 ONAGFEB Ryan Tudor-Roberts,12,NKSC
2:11.71 BRANTNOV Corby Richmond,12,TBT
2:11.95 PQAGFEB Christian Bilodeau,12,PLUS
2:12.59 MANTADEC Graham Duthie,12,OSC
2:12.61 MANTADEC Toby Kazeil,12,ROD
2:12.72 ONAGFEB Kostas Kapralos,12,NYAC
2:13.11 ONAGFEB Dennis Lau,12,MAC
2:13.31 RACERDEC Tae Hwan Park,12,VCSC
2:14.87 MANTADEC Jason Lyons,11,FFAJ
2:15.24 ONAGFEB Mark Eberlie,12,LAC
2:15.28 PQAGFEB Marc-A. Robin,12,PCSC
2:15.46 ONAGFEB Spencer Chapelle,12,MYK
2:15.69 ONAGFEB Robert Petrov,12,EPS
2:15.80 ONAGFEB Kevin Brooks,12,BB
2:16.19 YOUTHDEC Anthony Tham,12,NYAC
2:16.32 YOUTHDEC Aaron Lo,12,WISC
2:16.38 CASCNOV Graham Doody,12,CASC

400 METRES FREESTYLE
Rec: 4:18.52 J.White,LAC,90
4:18.52 YOUTHDEC Jamie White,12,LAC
4:29.18 YOUTHDEC Drew Chorney,12,TMSC
4:29.84 HYACKJAN Andrew Cho,12,HYACK
4:30.75 YOUTHDEC Andrew Munro,12,EPS
4:38.40 PQAGFEB Jonathan Cantin,12,PLUS
4:39.93 MACJAN Garret Pulle,12,MAC
4:40.17 ONAGFEB Kostas Kapralos,12,NYAC
4:40.90 SHERDEC Christian Bilodeau,12,PLUS
4:40.98 RACERDEC Michael Calkins,12,IS
4:41.23 RACERDEC Paul Hurwitz,12,ARBU
4:41.87 PQAGFEB Marc-A. Robin,12,PCSC
4:42.08 RODJAN Toby Kazeil,12,ROD
4:42.12 ONAGFEB Ryan Tudor-Roberts,12,NKSC
4:42.63 ONAGFEB Ryan Skomorowski,12,BRANT
4:43.74 ONAGFEB Robert Petrov,12,EPS
4:44.29 ONAGFEB Mark Eberlie,12,LAC
4:44.79 HYACKJAN Bryan Jamieson,12,CDSC
4:45.31 MACJAN Spencer Chapelle,12,MYK
4:45.33 SCARMAR Steve Lysak,12,HWAC
4:45.94 ONAGFEB Aaron Lo,12,WISC
4:46.16 NSAGFEB Kevin Dupuis,12,DCSC
4:46.34 ONAGFEB Nathan Sutherland,12,OAK
4:46.42 PQAGFEB Mathieu Allard,12,ELITE
4:46.78 ENLJAN Pascal Gardes,12,ELITE
4:46.99 ONAGFEB Richard Bruner,12,BRANT

1500 METRES FREESTYLE
Rec: 16:58.85 J.White,LAC,-90
16:58.85 YOUTHDEC Jamie White,12,LAC
17:22.57 HYACKJAN Andrew Cho,12,HYACK
17:46.12 RDDJAN Andrew Munro,12,EPS
18:06.57 ONAGFEB Drew Chorney,12,TMSC
18:19.99 ONAGFEB Ryan Skomorowski,12,BRANT
18:26.83 CAMONOV Christian Bilodeau,12,PLUS
18:29.51 ONAGFEB Kostas Kapralos,12,NYAC
18:31.12 COMOXDEC Michael Calkins,12,IS
18:35.46 DNAGFEB Mark Eberlie,12,LAC
18:35.59 DNAGFEB Ryan Tudor-Roberts,12,NKSC
18:36.51 CAMONDV Jonathan Cantin,12,PLUS
18:40.37 MANTADEC Toby Kazeil,12,ROD
18:41.35 ONAGFEB Nathan Sutherland,12,OAK
18:43.20 ONAGFEB Spencer Chapelle,12,MYK
18:47.99 YOUTHDEC Anthony Tham,12,NYAC
18:50.98 OAKJAN Steve Lysak,12,HWAC
18:52.90 ENLJAN Marc-A. Robin,12,PCSC
18:53.31 NSAGFEB Kevin Dupuis,12,DCSC
18:55.07 ONAGFEB Robert Petrov,12,EPS
18:57.78 ONAGFEB Richard Bruner,12,BRANT
18:58.06 KSCFEB Graham Doody,12,CASC
19:00.66 PQAGFEB Mathieu Allard,12,ELITE
19:02.58 MANTADEC Lindsey Smith,12,RACE
19:04.37 ONAGFEB Trevor Boudreau,12,TRENT
19:07.82 ONAGFEB Keith Sutherland,12,OAK

100 METRES BACKSTROKE
Rec: 1:04.88 J.White,LAC,90
1:04.88 YOUTHDEC Jamie White,12,LAC
1:05.76 DNAGFEB Drew Chorney,12,TMSC
1:06.49 DNAGFEB Garret Pulle,12,MAC
1:07.63 HYACKJAN Andrew Cho,12,HYACK
1:10.02 ONAGFEB Trevor Boudreau,12,TRENT
1:10.47 TOMACNDV Andrew Munro,12,EPS
1:11.65 MACJAN Dennis Lau,12,MAC
1:11.73 ONAGFEB Mark Arzaga,12,CREST
1:11.93 PQAGFEB Guillaume Charron,12,CNBF
1:12.49 PQAGFEB Christian Bilodeau,12,PLUS
1:12.64 CASCNOV Matthew Henderson,11,AIR
1:12.77 VICONOV Michael Calkins,11,IS
1:12.78 RODJAN Toby Kazeil,12,ROD
1:12.82 PQAGFEB Marc-A. Robin,12,PCSC
1:13.02 SCARMAR Steve Lysak,12,HWAC
1:13.28 SHERDEC Philippe Dube,12,ELITE
1:13.49 PQAGFEB Nelson McDunnough,12,PCSC
1:13.54 YOUTHDEC Anthony Tham,12,NYAC
1:13.60 DNAGFEB Goran Yabar,12,BST
1:13.75 PQAGFEB Jerome Caron,12,ELITE
1:13.91 UCSCJAN Patrick Goral,12,CASC
1:14.08 GOLDOCT Steven Foley,12,MM
1:14.18 ONAGFEB Jason Fannin,12,AAC
1:14.44 CASCNOV Gordon Vatcher,12,LASC
1:14.48 SCARMAR Stefan Rappazzo,12,HWAC

200 METRES BACKSTROKE
Rec: 2:19.67 P.Botman,GSC,76
2:21.48 ONAGFEB Drew Chorney,12,TMSC
2:21.60 YOUTHDEC Jamie White,12,LAC
2:21.80 HYACKJAN Andrew Cho,12,HYACK
2:30.11 ONAGFEB Trevor Boudreau,12,TRENT
2:30.82 MACJAN Garret Pulle,12,MAC
2:32.44 ENLJAN Guillaume Charron,12,CNBF
2:32.60 PQAGFEB Marc-A. Robin,12,PCSC
2:33.28 PQAGFEB Christian Bilodeau,12,PLUS
2:33.77 RODJAN Toby Kazeil,12,ROD
2:33.85 MANTADEC Patrick Goral,12,CASC
2:33.86 ONAGFEB Robert Petrov,12,EPS
2:34.38 WESTFEB Matthew Henderson,11,AIR
2:35.08 RODJAN Andrew Munro,12,EPS
2:35.77 YOUTHDEC Anthony Tham,12,NYAC
2:37.01 ONAGFEB Stefan Rappazzo,12,HWAC
2:37.08 YOUTHDEC Blair Oobbyn,12,WISC
2:37.19 COMOXDEC Michael Calkins,12,IS
2:37.38 ONAGFEB Peter Londry,11,LUSC
2:37.87 ONAGFEB Darren BaKker,11,TOMAC
2:37.95 GOLDOCT Steven Foley,12,MM
2:38.14 YOUTHDEC Andrew Glenny,12,NEW
2:38.38 ONAGFEB Mark Arzaga,12,CREST
2:38.56 BTSCJAN Spencer Chapelle,12,MYK
2:38.63 ONAGFEB Philip Beecher,12,LAC
2:39.09 ONAGFEB Gord Veldman,11,EBSC

100 METRES BREASTSTROKE
Rec: 1:10.54 M.Mason,ESC,87
1:11.02 ONAGFEB Dennis Lau,12,MAC
1:11.58 SCARMAR Steve Lysak,12,HWAC
1:12.14 BRANTNOV Corby Richmond,12,TBT
1:14.07 CAMONOV Alex Tratch-Harvey,12,SELCT
1:14.43 YOUTHDEC Jamie White,12,LAC
1:15.28 YOUTHDEC Andrew Glenny,12,NEW
1:16.32 MANTADEC Kevin Muth,12,MM
1:17.11 ONAGFEB Jeff Hergott,12,SSMAC
1:17.46 MACJAN Garret Pulle,12,MAC
1:18.55 ONAGFEB Branko Suric,12,EPS
1:18.77 RACERDEC Tae Hwan Park,12,VCSC
1:18.90 MANTADEC David Freedman,12,MANTA
1:19.50 ONAGFEB Chris Lim,12,COBRA
1:19.60 ONAGFEB Ryan Skomorowski,12,BRANT
1:19.85 ONAGFEB Kyle VandeKraats,11,TOMAC
1:19.85 PQAGFEB Guillaume Filion,11,CNCB
1:19.91 BRANTNOV Trevor Grieve,12,NYAC
1:20.05 RACERDEC Paul Hurwitz,12,ARBU
1:20.62 PQAGFEB Jean-F. Adams,12,MEGO
1:21.02 ONAGFEB Chris Gruhn,12,KWY
1:21.04 PQAGFEB Mathieu Pohu,12,ELITE
1:21.10 ONAGFEB Andrew Parker,12,NYAC
1:21.11 SHERDEC Yannick Shooner,12,ETORY
1:21.40 PQAGFEB Gerard Taza,12,BCND
1:21.49 TDMACNDV Andrew Munro,12,EPS

200 METRES BREASTSTROKE
Rec: 2:33.91 M.Mason,ESC,87
2:33.94 ONAGFEB Dennis Lau,12,MAC
2:36.48 BRANTNOV Corby Richmond,12,TBT
2:36.49 ONAGFEB Steve Lysak,12,HWAC
2:40.96 YOUTHDEC Jamie White,12,LAC
2:45.28 ONAAFEB Andrew Glenny,12,NEW
2:47.31 CAMONDV Alex Tratch-Harvey,12,SELCT
2:47.49 ONAAAFEB Jeff Hergott,12,SSMAC
2:49.05 MANTADEC Kevin Muth,12,MM
2:49.24 MACJAN Garret Pulle,12,MAC
2:49.32 RACERDEC Tae Hwan Park,12,VCSC
2:49.47 RACERDEC Paul Hurwitz,12,ARBU
2:49.52 MANTADEC David Freedman,12,MANTA
2:50.09 ONAGFEB Ryan Skomorowski,12,BRANT
2:51.23 ONAAAFEB Mark Arzaga,12,CREST
2:51.50 PQAGFEB Jean-F. Adams,12,MEGO
2:51.64 PQAGFEB Yannick Shooner,12,ETORY
2:51.85 ONAGFEB Andrew Parker,12,NYAC
2:52.65 ONAGFEB Chris Lim,12,COBRA
2:52.80 ONAGFEB Branko Suric,12,EPS
2:53.05 ONAGFEB Robert Petrov,12,EPS
2:54.02 PQAGFEB Mathieu Pohu,12,ELITE
2:54.91 RODJAN Andrew Munro,12,EPS
2:55.04 DNAGFEB Andrew Lamb,12,RDW
2:55.41 CASCNDV Kris Johnsen,12,UCSC
2:55.47 DNAGFEB Peter Lennox-King,12,EYSC

100 METRES BUTTERFLY
Rec: 1:02.37 D.Chorney,TMSC,91
1:02.37 ONAGFEB Drew Chorney,12,TMSC
1:02.48 BCSRFEB Michael Calkins,12,IS
1:02.89 ONAGFEB Garret Pulle,12,MAC
1:04.02 HYACKJAN Andrew Cho,12,HYACK
1:05.82 ONAGFEB Dennis Lau,12,MAC
1:05.82 PQAGFEB Jonathan Cantin,12,PLUS
1:06.83 ONAAAFEB Mark Arzaga,12,CREST
1:06.97 BTSCJAN Goran Yabar,12,BST
1:07.44 EPSOCT Jamie White,12,LAC
1:08.04 ONAAFEB Michael Brett,12,RHAC
1:08.17 YOUTHDEC Andrew Munro,12,EPS
1:08.36 BRANTNOV Corby Richmond,12,TBT
1:08.42 BRANTNOV Anthony Tham,12,NYAC
1:09.64 MACJAN Aaron Lo,12,WISC
1:09.73 ONAGFEB Brad Sindrey,12,HWAC
1:09.83 YOUTHDEC Matthew Henderson,11,AIR
1:10.08 YOUTHDEC Douglas Browne,11,ROW
1:10.35 ONAGFEB Branko Suric,12,EPS
1:10.41 PQAGFEB Yannick Shooner,12,ETDRY
1:10.77 CAMONOV Christian Bilodeau,12,PLUS
1:11.41 CASCNOV Joshua Pun,11,STSC
1:11.61 SHERDEC Philippe Rousseau,12,ETORY
1:11.62 YOUTHDEC Rob Harland,12,TAT
1:11.84 ONAGFEB Colin Dolcetti,12,SSMAC
1:11.90 YOUTHDEC Kevin Brooks,12,BBSC

200 METRES BUTTERFLY
Rec: 2:17.46 Andrew Cho,HYACK,91
2:17.46 HYACKJAN Andrew Cho,12,HYACK
2:20.91 PQAGFEB Jonathan Cantin,12,PLUS
2:21.38 ONAAAFEB Drew Chorney,12,TMSC
2:24.00 ONAGFEB Mark Arzaga,12,CREST
2:29.36 ONAAFEB Michael Brett,12,RHAC
2:30.97 WESTFEB Matthew Henderson,11,AIR
2:31.33 YOUTHDEC Jamie White,12,LAC
2:31.46 RODJAN Andrew Munro,12,EPS
2:31.85 RACERDEC Michael Calkins,12,IS
2:33.33 ONAGFEB Brad Sindrey,12,HWAC
2:33.89 PQAGFEB Yannick Shooner,12,ETORY
2:35.03 MACJAN Garret Pulle,12,MAC
2:37.00 BRANTNOV Rob Harland,12,TAT
2:37.01 ONAGFEB Colin Forsberg,12,GMAC
2:37.59 NSAGFEB Kevin Dupuis,12,DCSC
2:37.95 ONAGFEB Colin Dolcetti,12,SSMAC
2:38.39 ENLJAN Guillaume Charron,12,CNBF
2:38.66 CAMONOV Christian Bilodeau,12,PLUS
2:38.77 ONAGFEB Douglas Browne,12,ROW
2:39.85 UCSCJAN Patrick Goral,12,CASC
2:40.25 ONAGFEB Matt Slater,12,USC
2:40.59 ONAGFEB Ryan Skomorowski,12,BRANT
2:40.63 MACJAN Spencer Chapelle,12,MYK
2:41.07 ONAAFEB Paul Somerville,12,TAT
2:41.29 CAMONOV Philippe Rousseau,12,ETORY

200 METRES IND.MEDLEY
Rec: 2:17.72 D.Wake,YLSC,-90
2:20.60 YOUTHDEC Jamie White,12,LAC
2:25.05 MACJAN Garret Pulle,12,MAC
2:25.15 HYACKJAN Andrew Cho,12,HYACK
2:25.26 YOUTHDEC Andrew Munro,12,EPS
2:25.95 MACJAN Dennis Lau,12,MAC
2:26.92 BRANTNOV Corby Richmond,12,TBT
2:27.10 ONAGFEB Steve Lysak,12,HWAC
2:28.22 TMSCJAN Drew Chorney,12,TMSC
2:29.02 ONAGFEB Michael Brett,12,RHAC
2:30.72 RACERDEC Tae Hwan Park,12,VCSC
2:30.94 PQAGFEB Jonathan Cantin,12,PLUS
2:31.50 ONAAFEB Andrew Glenny,12,NEW
2:32.11 ONAGFEB Mark Arzaga,12,CREST
2:32.41 DNAGFEB Nathan Sutherland,12,OAK
2:34.05 BRANTNDV Trevor Grieve,12,NYAC
2:34.12 CASCNOV Matthew Henderson,11,AIR
2:34.55 RACERDEC Paul Hurwitz,12,ARBU
2:34.66 ONAAAFEB Matt Slater,12,USC
2:34.73 ONAGFEB Richard Bruner,12,BRANT
2:34.87 VICDNOV Michael Calkins,11,IS
2:35.30 SHERDEC Philippe Rousseau,12,ETORY
2:35.36 RACERDEC Bryan Jamieson,12,CDSC
2:35.52 MANTADEC Graham Duthie,12,OSC
2:35.62 ONAGFEB Branko Suric,12,EPS
2:35.98 MANTADEC Kevin Muth,12,MM

400 METRES IND.MEDLEY
Rec: 4:52.80 J.White,LAC,90
4:52.80 YDUTHDEC Jamie White,12,LAC
4:56.37 HYACKJAN Andrew Cho,12,HYACK
5:06.63 BRANTNOV Corby Richmond,12,TBT
5:07.76 YOUTHDEC Drew Chorney,12,TMSC
5:12.28 ONAGFEB Steve Lysak,12,HWAC
5:13.07 YOUTHDEC Andrew Munro,12,EPS
5:14.95 ONAGFEB Mark Arzaga,12,CREST
5:16.73 ONAGFEB Michael Brett,12,RHAC
5:17.32 PQAGFEB Jonathan Cantin,12,PLUS
5:22.05 YDUTHDEC Matthew Henderson,11,AIR
5:23.46 ONAGFEB Ryan Skomorowski,12,BRANT
5:23.94 MACJAN Garret Pulle,12,MAC
5:25.26 RACERDEC Michael Calkins,12,IS
5:25.90 ONAAFEB Andrew Glenny,12,NEW
5:26.37 PQAGFEB Guillaume Charron,12,CNBF
5:26.50 NSAGFEB Kevin Dupuis,12,DCSC
5:29.21 RACERDEC Bryan Jamieson,12,CDSC
5:29.96 ONAGFEB Matt Slater,12,USC
5:30.45 ONAGFEB Richard Bruner,12,BRANT
5:30.58 TBSCFEB John Stamhuis,12,PN
5:30.81 BRANTNDV Trevor Grieve,12,NYAC
5:30.98 MANTADEC Patrick Goral,12,CASC
5:31.09 ONAGFEB Brad Sindrey,12,HWAC
5:31.15 MACJAN Dennis Lau,12,MAC
5:31.62 YOUTHDEC Anthony Tham,12,NYAC

4X50 M MEDLEY RELAY
Rec: 2:07.15 North York AC,NYAC,88
2:08.89 ONAGFEB Hamilt-Wentworth AC,HWAC
2:09.53 YOUTHDEC London AC,LAC
2:11.00 BRANTNDV North York AC,NYAC
2:14.05 YOUTHDEC Etobicoke Pepsi,EPS
2:15.07 CASCNOV Lethbridge ASC,LASC
2:15.54 RACERDEC Island Swimming,IS
2:15.71 ONAGFEB Oakville AC,OAK
2:15.87 NSAGFEB Dartmouth Crusaders,DCSC
2:15.88 RODJAN Regina Opt.Dolphins,ROD
2:15.97 ONAAAFEB Timmins Marlins,TMSC
2:16.78 CASCNOV Cascade Swim Club,CASC
2:17.04 SHERDEC Laval+Longueuil,ELITE
2:17.19 ONAGFEB Mississauga AC,TOMAC
2:17.58 RODJAN City of Brampton AC,COBRA
2:17.66 ONAGFEB Region of Waterloo,ROW
2:18.80 PQAGFEB Etoiles Rich-Yamaska,ETORY
2:18.88 GOLDOCT Manta Aquatic Club,MANTA
2:19.00 CASCNOV Univ.Calgary SC,UCSC
2:19.09 PQAGFEB Pointe Claire SC,PCSC
2:19.70 ONAAFEB Richmond Hill AC,RHAC
2:20.04 ONAAAFEB Kit-Waterloo Y,KWY
2:20.28 PQAGFEB Juvaqua d'Alma,JUVA
2:20.34 CRKWOCT Victoria Olympians,VICO
2:20.50 ONAAFEB Perth Stingrays,PERTH
2:21.08 ONAAFEB Trent Swim Club,TRENT

4X50 M FREE RELAY
Rec: 1:51.22 London Aquatic,LAC,88
1:55.34 ONAGFEB Oakville AC,OAK
1:55.63 YOUTHOEC London AC,LAC
1:56.00 TOMACNOV Etobicoke Pepsi,EPS
1:56.14 ONAGFEB Hamilt-Wentworth AC,HWAC
1:57.11 BRANTNOV North York AC,NYAC
1:58.99 MANTADEC Cascade Swim Club,CASC
1:59.57 CASCNOV Lethbridge ASC,LASC
1:59.91 ONAAAFEB Timmins Marlins,TMSC
2:00.54 ROOJAN Regina Opt.Dolphins,ROD
2:00.72 NSAGFEB Dartmouth Crusaders,OCSC
2:00.98 SHERDEC Etoiles Rich-Yamaska,ETORY
2:01.25 SHERDEC Laval+Longueuil,ELITE
2:01.25 ONAGFEB City of Brampton AC,COBRA
2:01.60 ONAGFEB Region of Waterloo,ROW
2:01.63 PQAGFEB Pointe Claire SC,PCSC
2:01.88 COMOXOEC Island Swimming,IS
2:03.09 MANTADEC Manta Aquatic Club,MANTA
2:03.19 ONAAFEB Richmond Hill AC,RHAC
2:03.24 ONAGFEB Bayshore Barracudas,BB
2:03.40 ONAGFEB Mississauga AC,TOMAC
2:03.68 MANTADEC Olympian Swim Club,OSC
2:04.00 TOMACNOV Glouc-Ottawa Kingfish,GO
2:04.29 ROOJAN Univ.Calgary SC,UCSC
2:04.37 CRKWOCT Victoria Olympians,VICO
2:04.44 PQAGFEB Juvaqua d'Alma,JUVA

TOP AGE GROUP TIMES

1991 SHORT COURSE TAG®

GIRLS 13-14

50 METRES FREESTYLE
Rec: 26.04 K.Topham,MANTA,BB
26.43 CANFEB Edith Lachapelle,14,GO
26.44 CANFEB Shauna Collins,13,ROD
26.60 CANFEB Julie Howard,14,BRANT
26.90 CANFEB Shannon Shakespeare,13,MM
26.95 CANFEB Jessica Amey,14,UCSC
27.22 CANFEB Andrea Kilam,14,LASC
27.39 ELITEDEC Lisa Virgini,14,PCSC
27.44 WESTFEB Christine McEwan,14,ROD
27.5B MANTADEC Carol Chiang,14,TPRR
27.77 RODJAN Anne Blachford,14,COBRA
27.79 BCSRFEB Donna Wu,13,CDSC
27.79 ONAGFEB Desiree Pendl,14,EPS
27.B0 MANTADEC Suzie Murray,14,MM
27.B7 ONAGFEB Robyn Madill,13,BRANT
27.BB HWACOCT Joanne Malar,14,HWAC
27.96 YOUTHDEC Christine Natywary,13,EPS
27.96 YOUTHDEC Steph. Richardson,13,NYAC
27.9B EPSDEC Susan Banman,13,ROD
28.03 HYACKJAN Myna Noriega,14,HYACK
28.05 WESTFEB Fiona Chitty,14,TSUN
28.07 CANFEB Erin Eide,14,MM
28.12 WESTFEB Jennifer Anderson,14,LASC
28.1B ONAGFEB Helena Griner,14,NYAC
28.1B ONAGFEB Jaime Winton,14,MAC
28.19 ONAGFEB Sarah Laudenbach,14,BOSS

100 METRES FREESTYLE
Rec: 56.29 S.Collins,ROD,90
56.29 EPSDEC Shauna Collins,13,ROD
57.75 EPSDEC Julie Howard,14,BRANT
57.95 CANFEB Edith Lachapelle,14,GO
58.33 CANFEB Shannon Shakespeare,13,MM
59.0B CANFEB Andrea Kilam,14,LASC
59.17 ONAGFEB Tamara Flannigan,14,HWAC
59.2B ONAGFEB Steph. Richardson,13,NYAC
59.55 RODJAN Anne Blachford,14,COBRA
59.66 WESTFEB Jennifer Anderson,14,LASC
59.76 CANFEB Christine McEwan,14,ROD
59.81 ONAGFEB Sarah Laudenbach,14,BOSS
1:00.11 MANTADEC Susan Banman,13,ROD
1:00.15 MANTADEC Carol Chiang,14,TPRR
1:00.25 BCSRFEB Donna Wu,13,CDSC
1:00.32 ENLJAN Lisa Virgini,14,PCSC
1:00.42 ONAGFEB Jaime Winton,14,MAC
1:00.53 ONAGFEB Helena Griner,14,NYAC
1:00.54 CANFEB Jessica Amey,14,UCSC
1:00.63 ONAGFEB Desiree Pendl,14,EPS
1:00.67 MANTADEC Suzie Murray,14,MM
1:00.6B PQAGFEB Melanie Hamel,14,SELCT
1:00.76 ONAGFEB Shona Kitson,13,WAC
1:00.93 ONAGFEB Robyn Madill,13,BRANT
1:01.08 YOUTHDEC Nicola Homenock,13,LAC
1:01.11 WESTFEB Fiona Chitty,14,TSUN

200 METRES FREESTYLE
Rec: 2:00.BB J.Kerr,ESC,B3
2:02.70 EPSDEC Shauna Collins,13,ROD
2:04.52 YOUTHDEC Steph. Richardson,13,NYAC
2:05.03 CANFEB Carrie Fowlie,14,CDSC
2:05.19 EPSDEC Julie Howard,14,BRANT
2:06.6B YOUTHDEC Lisa Virgini,14,PCSC
2:07.09 HWACOCT Joanne Malar,14,HWAC
2:07.B2 ONAGFEB Tamara Flannigan,14,HWAC
2:0B.00 EPSDEC Shyanne Shannon,14,TIDE
2:0B.03 BCSRFEB Donna Wu,13,CDSC
2:0B.14 ONCUPJAN Edith Lachapelle,14,GO
2:0B.32 ONAGFEB Desiree Pendl,14,EPS
2:0B.56 ONAAFEB Sarah Laudenbach,13,BOSS
2:0B.91 MANTADEC Shannon Shakespeare,13,MM
2:09.37 ONAGFEB Helena Griner,14,NYAC
2:09.39 EPSDEC Cindy Bertelink,14,COBRA
2:09.42 PQAGFEB Melanie Hamel,14,SELCT
2:09.71 ONAGFEB Nicola Homenock,14,LAC
2:09.B6 MANTADEC Susan Banman,13,ROD
2:10.19 ONAGFEB Barbi Brochu,14,TAT
2:10.34 SHERDEC Catherine Fafard,14,SELCT
2:10.46 RODJAN Anne Blachford,14,COBRA
2:10.52 WESTFEB Tara Fullbrandt,13,OSC
2:10.76 COMOXDEC Allison Barriscale,14,IS
2:11.04 RODJAN Christine McEwan,13,ROD
2:11.73 MANTADEC Marilyn Chiang,13,TPRR

400 METRES FREESTYLE
Rec: 4:14.43 E.Purvis,CDSC,B5
4:20.41 YOUTHDEC Shyanne Shannon,14,TIDE
4:21.62 YOUTHDEC Steph. Richardson,13,NYAC
4:24.38 BCSRFEB Carrie Fowlie,14,CDSC
4:25.99 EPSDEC Cindy Bertelink,14,COBRA
4:26.75 PQAGFEB Melanie Hamel,14,SELCT
4:27.B1 YOUTHDEC Lisa Virgini,14,PCSC
4:28.00 BCSRFEB Donna Wu,13,CDSC
4:28.25 CANFEB Gwen Grubski,14,SELCT
4:28.65 ONAGFEB Barbi Brochu,14,TAT
4:28.94 ONAAFEB Sarah Laudenbach,13,BOSS
4:29.84 MANTADEC Shauna Collins,13,ROD
4:30.13 EPSDEC Julie Howard,14,BRANT
4:31.14 ONAGFEB Nicola Homenock,14,LAC
4:31.34 ONAGFEB Tamara Flannigan,14,HWAC
4:32.06 YOUTHDEC Desiree Pendl,14,EPS
4:33.11 MANTADEC Stacey Downs,14,BPSC
4:33.92 WESTFEB Christine McEwan,14,ROD
4:34.04 PQAGFEB Isabelle Masse,13,ELITE
4:34.12 SHERDEC Catherine Fafard,14,SELCT
4:34.36 PQAGFEB Gabrielle Lemieux,14,SELCT
4:34.B7 YOUTHDEC Melanie Ackers,14,EPS
4:34.97 RACERDEC Suzanne Weckend,13,IS
4:35.22 COMOXDEC Allison Barriscale,14,IS
4:35.23 SHERDEC Josee Santillan,14,ELITE
4:35.33 HYACKJAN Erin Hardy,13,IS

800 METRES FREESTYLE
Rec: B:40.43 E.Purvis,CDSC,B6
B:51.23 EPSDEC Shyanne Shannon,14,TIDE
B:52.11 BCSRFEB Carrie Fowlie,14,CDSC
B:53.10 YOUTHDEC Steph. Richardson,13,NYAC
9:01.62 EPSDEC Cindy Bertelink,14,COBRA
9:09.23 ONAGFEB Tamara Flannigan,14,HWAC
9:11.75 YOUTHDEC Lisa Virgini,14,PCSC
9:12.B6 ONAGFEB Barbi Brochu,14,TAT
9:16.45 ONAAFEB Sarah Laudenbach,13,BOSS
9:1B.25 EPSDEC Melanie Hamel,14,SELCT
9:20.10 HYACKJAN Donna Wu,14,CDSC
9:20.64 HYACKJAN Erin Hardy,13,IS
9:20.B3 MANTADEC Shauna Collins,13,ROD
9:22.32 ONAGFEB Nicola Homenock,14,LAC
9:25.03 YOUTHDEC Marla Merkley,13,SSC
9:25.03 COMOXDEC Allison Barriscale,14,IS
9:25.15 SHERDEC Gabrielle Lemieux,14,SELCT
9:27.62 ENLJAN Caroline Shedleur,14,ELITE
9:2B.94 MANTADEC Christine McEwan,13,ROD
9:29.06 ONAGFEB Marcie Horton,14,MUSAC
9:30.23 YOUTHDEC Kimberly Kerr,13,HWAC
9:30.59 WESTFEB Helena Jensen,14,PSW
9:31.40 EPSDEC Shauna Kuiper,14,BOSS
9:31.50 WESTFEB Tara Fullbrandt,13,OSC
9:31.60 YOUTHDEC Maureen McKenna,14,HWAC
9:31.62 ONAGFEB Heather Beynon,14,LUSC

100 METRES BACKSTROKE
Rec: 1:04.20 N.Garapick,HTAC,75
1:04.45 CANFEB Shyanne Shannon,14,TIDE
1:04.52 CANFEB Lisa Virgini,14,PCSC
1:05.33 CANFEB Melanie Quevillon,14,CNO
1:05.72 CANFEB Erica Nagy,14,COBRA
1:05.99 CANFEB Susan Banman,13,ROD
1:06.00 CANFEB Julie Howard,14,BRANT
1:06.24 BCSRFEB Suzanne Weckend,13,IS
1:06.57 CANFEB Marilyn Chiang,13,TPRR
1:06.B0 CANFEB Andrea Kilam,14,LASC
1:07.02 HWACOCT Joanne Malar,14,HWAC
1:07.26 CANFEB Jessica Amey,14,UCSC
1:07.54 CANFEB Gwen Grubski,14,SELCT
1:07.B9 MANTADEC Shauna Collins,13,ROD
1:0B.22 CANFEB Jennifer Anderson,14,LASC
1:0B.46 ONAGFEB Cheryl Feren,14,GMAC
1:0B.4B WESTFEB Helena Jensen,14,PSW
1:0B.56 PQAGFEB Alexandra Bernard,14,PCSC
1:0B.B9 ONAGFEB Shona Kitson,13,WAC
1:09.03 PQAGFEB Nathalie Jacques,13,ELITE
1:09.05 ONCUPJAN Edith Lachapelle,14,GO
1:09.09 HYACKJAN Allison Barriscale,14,IS
1:09.11 WESTFEB Tara Fullbrandt,13,OSC
1:09.23 CANFEB Carrie Fowlie,14,CDSC
1:09.25 PQAGFEB Marie-H. Savo,13,CAMO
1:09.55 TOMACNOV Christine Natywary,13,EPS

200 METRES BACKSTROKE
Rec: 2:15.31 S.Shannon,TIDE,91
2:15.31 CANFEB Shyanne Shannon,14,TIDE
2:16.64 CANFEB Erica Nagy,14,COBRA
2:16.66 CANFEB Lisa Virgini,14,PCSC
2:21.56 BCSRFEB Suzanne Weckend,13,IS
2:21.7B HWACOCT Joanne Malar,14,HWAC
2:22.42 CANFEB Marilyn Chiang,13,TPRR
2:22.74 CANFEB Melanie Quevillon,14,CNO
2:23.22 CANFEB Susan Banman,13,ROD
2:23.36 ONCUPJAN Julie Howard,14,BRANT
2:25.24 COMOXDEC Allison Barriscale,14,IS
2:25.65 SHERDEC Nathalie Jacques,13,ELITE
2:25.7B ONAGFEB Cheryl Feren,14,GMAC
2:25.B9 YOUTHDEC Kimberly Kerr,13,HWAC
2:25.92 SHERDEC Josee Santillan,14,ELITE
2:26.31 BCSRFEB Carrie Fowlie,14,CDSC
2:26.3B GODEC Edith Lachapelle,14,GO
2:26.4B ONAGFEB Rachelle Charlebois,14,TBT
2:26.59 PQAGFEB Isabelle Masse,13,ELITE
2:27.05 ONAGFEB Sarah Londry,13,LUSC
2:27.32 ONAGFEB Shona Kitson,13,WAC
2:27.71 ONAAFEB Lesley Oake,13,TRENT
2:2B.00 WESTFEB Jessica Amey,14,UCSC
2:2B.12 WESTFEB Tara Fullbrandt,13,OSC
2:28.67 ONAAFEB Lesley Spada,14,KBM
2:28.67 PQAGFEB Alexandra Bernard,14,PCSC

100 METRES BREASTSTROKE
Rec: 1:0B.64 A.Higson,ESC,BB
1:11.9B CANFEB Steph. Richardson,14,NYAC
1:12.15 CANFEB Anne Blachford,14,COBRA
1:13.34 CANFEB Jennifer Heagy,13,SPART
1:14.32 MANTADEC Shannon Shakespeare,13,MM
1:15.42 MANTADEC Andrea Mortin,14,ROD
1:15.45 WESTFEB Shannon Magee,13,CASC
1:15.55 ONAAFEB Sarah Londry,13,LUSC
1:15.62 CANFEB Sabrina Wilson,14,EKSC
1:15.B9 CANFEB Rae Abbott,14,HYACK
1:16.33 RACERDEC Myna Noriega,14,HYACK
1:16.63 WESTFEB Nola Zwarich,13,UCSC
1:16.69 YOUTHDEC Kari Randall,14,GMAC
1:17.0B ONAGFEB Stephanie Cooling,13,NYAC
1:17.20 YOUTHDEC Jessie Ray,14,EPS
1:17.3B ONAGFEB Erica Johansson,13,OAK
1:17.50 RACERDEC Shawna Pentland,14,KISU
1:17.57 YOUTHDEC Michelle Arzaga,14,CREST
1:17.64 BRANTNOV Carolyn Gilbert,14,LAC
1:17.71 HWACOCT Joanne Malar,14,HWAC
1:17.79 ONAGFEB Tania Belisle-Leclerc,13,GO
1:17.93 PQAGFEB Alexandra Bernard,14,PCSC
1:17.95 ENLJAN Gabrielle Bruneau,14,ELITE
1:1B.1B PQAGFEB Cath. Deschamps,13,SELCT
1:1B.35 EPSDEC Jenny Bonny,14,GOLD
1:1B.46 ONAGFEB Jennifer DiFilippo,14,HWAC

200 METRES BREASTSTROKE
Rec: 2:26.4B A.Higson,ESC,BB
2:33.14 CANFEB Jennifer Heagy,13,SPART
2:36.47 YOUTHDEC Steph.Richardson,13,NYAC
2:37.04 CANFEB Anne Blachford,14,COBRA
2:39.17 CANFEB Rae Abbott,14,HYACK
2:40.44 SHERDEC Marie Chamberland,13,MEGO
2:42.16 VICONOV Allison Barriscale,14,IS
2:42.26 YOUTHDEC Kari Randall,14,GMAC
2:42.54 ONAGFEB Sarah Londry,13,LUSC
2:42.55 HWACOCT Joanne Malar,14,HWAC
2:42.64 MANTADEC Andrea Mortin,14,ROD
2:42.97 TOMACNOV Tania Belisle-Leclerc,13,GO
2:42.97 BCSRFEB Claudia Lokody,14,PSW
2:43.93 CANFEB Shannon Magee,13,CASC
2:45.02 MANTADEC Shannon Shakespeare,13,MM
2:45.52 BRANTNOV Carolyn Gilbert,14,LAC
2:45.61 CANFEB Sabrina Wilson,14,EKSC
2:46.20 ONAGFEB Maureen McKenna,14,HWAC
2:46.70 ONAGFEB Jessie Ray,14,EPS
2:47.13 ONAGFEB Erica Johansson,13,OAK
2:47.3B YOUTHDEC Michelle Arzaga,14,CREST
2:47.5B YOUTHDEC Jenny Feaver,14,HWAC
2:47.61 RACERDEC Shawna Pentland,14,KISU
2:47.79 ONAAAFEB Melanie Bryon,13,USC
2:47.B3 PQAGFEB Alexandra Bernard,14,PCSC
2:47.B6 YOUTHDEC Cindy Bertelink,14,COBRA

100 METRES BUTTERFLY
Rec: 1:03.02 S.Marchand,ENL,BB
1:04.09 CANFEB Jessica Amey,14,UCSC
1:04.51 RODJAN Shauna Collins,13,ROD
1:04.BB SHERDEC Josee Santillan,14,ELITE
1:05.04 MANTADEC Suzie Murray,14,MM
1:05.10 CANFEB Julie Howard,14,BRANT
1:05.20 CANFEB Allison Barriscale,14,IS
1:05.36 ONAGFEB Anne Blachford,14,COBRA
1:06.25 YOUTHDEC Tamara Flannigan,14,HWAC
1:06.27 ONAGFEB Erin Adams,14,GO
1:06.76 YOUTHDEC Lisa Virgini,14,PCSC
1:06.B3 PQAGFEB Gwen Grubski,14,SELCT
1:06.90 HYACKJAN Erin Hardy,13,IS
1:07.00 WESTFEB Andrea Kilam,14,LASC
1:07.45 BCSRFEB Donna Wu,14,CDSC
1:07.4B VICONOV Grace Wong,14,CDSC
1:07.6B ONAGFEB Marsha Clouthier,13,OSHAC
1:07.70 YOUTHDEC Karen Scott,14,GMAC
1:07.70 MANTADEC Susan Banman,13,ROD
1:07.76 ONAGFEB Christine Natywary,13,EPS
1:08.00 WESTFEB Devra Peterson,14,LASC
1:08.10 RACERDEC Myna Noriega,14,HYACK
1:0B.11 ONCUPJAN Edith Lachapelle,14,GO
1:0B.29 ONAGFEB Sam Emer,14,MAC
1:08.35 PQAGFEB Veronique Boucher,14,ELITE
1:0B.50 ONAGFEB Cheryl Feren,14,GMAC

200 METRES BUTTERFLY
Rec: 2:13.75 S.Marchand,ENL,BB
2:1B.B3 ELITEDEC Josee Santillan,14,ELITE
2:21.61 CANFEB Lisa Virgini,14,PCSC
2:22.13 ENLJAN Chantal Harrison,16,CAMO
2:22.B5 ONAGFEB Tamara Flannigan,14,HWAC
2:23.27 MANTADEC Suzie Murray,14,MM
2:23.2B COMOXDEC Allison Barriscale,14,IS
2:23.BB PQAGFEB Gabrielle Lemieux,14,SELCT
2:24.56 ONAGFEB Erin Adams,14,GO
2:25.03 CANFEB Erin Hardy,14,IS
2:25.97 RODJAN Shauna Collins,13,ROD
2:26.2B ENLJAN Hillaire McManaman,16,PCSC
2:26.34 ONAGFEB Marsha Clouthier,13,OSHAC
2:26.B6 YOUTHDEC Shyanne Shannon,14,TIDE
2:27.05 WESTFEB Helena Jensen,14,PSW
2:27.71 EPSDEC Gwen Grubski,14,SELCT
2:27.95 ONCUPJAN Anne Blachford,14,COBRA
2:2B.39 YOUTHDEC Cindy Bertelink,14,COBRA
2:2B.65 MANTADEC Jody Hindley,13,CASC
2:29.02 ONAGFEB Christine Natywary,13,EPS
2:29.21 SHERDEC Patricia Veilleux,13,LMRL
2:29.34 ONAGFEB Erica Nagy,14,COBRA
2:29.41 BRANTNOV Karen Scott,14,GMAC
2:29.57 BRANTNOV Barbi Brochu,14,TAT
2:29.63 PQAGFEB Caroline Shedleur,14,ELITE
2:29.92 MANTADEC Susan Banman,13,ROD

200 METRES IND.MEDLEY
Rec: 2:16.79 A.Higson,ESC,B7
2:19.B0 CANFEB Anne Blachford,14,COBRA
2:20.20 CANFEB Allison Barriscale,14,IS
2:23.64 CANFEB Andrea Kilam,14,LASC
2:23.78 RODJAN Shauna Collins,13,ROD
2:24.03 YOUTHDEC Shyanne Shannon,14,TIDE
2:24.81 YOUTHDEC Steph. Richardson,13,NYAC
2:24.92 ONCUPJAN Julie Howard,14,BRANT
2:25.38 BCSRFEB Suzanne Weckend,13,IS
2:25.54 HWACOCT Joanne Malar,14,HWAC
2:25.86 ONAGFEB Kari Randall,14,GMAC
2:26.12 EPSDEC Susan Banman,13,ROD
2:26.52 ONAAFEB Barbi Brochu,14,TAT
2:26.7B MANTADEC Suzie Murray,14,MM
2:27.00 WESTFEB Jennifer Anderson,14,LASC
2:27.13 ONAGFEB Erica Nagy,14,COBRA
2:27.19 BCSRFEB Erin Hardy,14,IS
2:27.46 CAMONOV Lisa Virgini,14,PCSC
2:27.65 YOUTHDEC Cindy Bertelink,14,COBRA
2:27.79 BRANTNOV Carolyn Gilbert,14,LAC
2:27.99 ONAGFEB Chelsea Bailey,14,HWAC
2:28.30 MANTADEC Marilyn Chiang,13,TPRR
2:2B.44 SHERDEC Josee Santillan,14,ELITE
2:2B.6B VICONOV Grace Wong,14,CDSC
2:2B.B1 RODJAN Shannon Shakespeare,13,MM
2:2B.97 HYACKJAN Sarah Matthews,13,WVOSC

400 METRES IND.MEDLEY
Rec: 4:50.13 A.Higson,ESC,BB
4:57.61 ONAGFEB Steph. Richardson,14,NYAC
4:5B.9B CANFEB Allison Barriscale,14,IS
5:01.50 CANFEB Anne Blachford,14,COBRA
5:01.54 YOUTHDEC Shyanne Shannon,14,TIDE
5:01.93 EPSDEC Cindy Bertelink,14,COBRA
5:02.B2 ONAGFEB Kari Randall,14,GMAC
5:02.95 CANFEB Gwen Grubski,14,SELCT
5:04.21 ONAGFEB Barbi Brochu,14,TAT
5:05.76 RACERDEC Erin Hardy,13,IS
5:06.53 BCSRFEB Suzanne Weckend,13,IS
5:0B.07 SHERDEC Josee Santillan,14,ELITE
5:10.04 RACERDEC Kristin Kyte,14,CDSC
5:10.21 YOUTHDEC Andrea Kilam,14,LASC
5:10.30 GOLDOCT Suzie Murray,14,MM
5:10.59 ONAGFEB Erica Nagy,14,COBRA
5:11.15 ONAGFEB Sarah Londry,13,LUSC
5:12.26 RACERDEC Donna Wu,13,CDSC
5:12.B4 PQAGFEB Gabrielle Lemieux,14,SELCT
5:13.02 HYACKJAN Carrie Fowlie,13,CDSC
5:13.2B RACERDEC Emmanuelle Schick,13,VCSC
5:13.53 ONAGFEB Chelsea Bailey,14,HWAC
5:13.75 ONCUPJAN Edith Lachapelle,14,GO
5:14.07 MANTADEC Susan Banman,13,ROD
5:14.57 YOUTHDEC Jenny Feaver,14,HWAC
5:15.05 ONAGFEB Erin Adams,14,GO

4X50 M MEDLEY RELAY
Rec: 2:02.96 Regina Opt.Dolphins,ROD,90
2:02.96 MANTADEC Regina Opt.Dolphins,ROD
2:05.26 ONAGFEB Etobicoke Pepsi,EPS
2:05.3B YOUTHDEC City of Brampton AC,COBRA
2:06.6B RODJAN Manitoba Marlins,MM
2:0B.13 PQAGFEB Laval+Longueuil,ELITE
2:0B.34 YOUTHDEC Guelph Marlin AC,GMAC
2:0B.57 RACERDEC Kisu Swim Club,KISU
2:09.07 ONAAFEB Laurentian University ,LUSC
2:09.12 YOUTHDEC Hamilt-Wentworth AC,HWAC
2:09.12 ONAGFEB North York AC,NYAC
2:09.64 PQAGFEB Select Ste-Foy,SELCT
2:09.92 CASCNOV Lethbridge ASC,LASC
2:10.14 CASCNOV Cascade Swim Club,CASC
2:10.53 ONAAFEB Scarborough SC,SCAR
2:10.90 ONAGFEB Markham AC,MAC
2:10.96 ONAGFEB Gloucc-Ottawa Kingfish,GO
2:11.35 YOUTHDEC Pointe Claire SC,PCSC
2:11.45 MANTADEC The Pas Roadrunners,TPRR
2:12.06 RACERDEC Univ.Calgary SC,UCSC
2:12.91 RACERDEC Canadian Dolphin SC,CDSC
2:12.93 GOLDOCT Goldfin Swim Club,GOLD
2:12.96 ONAAFEB Oshawa AC,OSHAC
2:13.03 COMOXDEC Comox Valley AC,COMOX
2:13.1B ONAGFEB Thun Bay Thunderbolts,TBT
2:13.49 RACERDEC Island Swimming,IS

4X50 M FREE RELAY
Rec: 1:4B.B5 Etobicoke SC,ESC,81
1:50.36 MANTADEC Regina Opt.Dolphins,ROD
1:52.01 ONAGFEB Markham AC,MAC
1:52.31 ONAGFEB Etobicoke Pepsi,EPS
1:52.56 WESTFEB Lethbridge ASC,LASC
1:52.90 MANTADEC Manitoba Marlins,MM
1:54.01 PQAGFEB Laval+Longueuil,ELITE
1:54.06 ONAGFEB Hamilt-Wentworth AC,HWAC
1:54.39 YOUTHDEC Pointe Claire SC,PCSC
1:54.51 RACERDEC Kisu Swim Club,KISU
1:54.97 ONAGFEB North York AC,NYAC
1:55.03 ONAGFEB Brantford AC,BRANT
1:55.55 YOUTHDEC City of Brampton AC,COBRA
1:55.B9 HYACKJAN Island Swimming,IS
1:56.07 ONAGFEB Guelph Marlin AC,GMAC
1:56.35 PQAGFEB Select Ste-Foy,SELCT
1:56.45 MANTADEC The Pas Roadrunners,TPRR
1:56.45 ONAAFEB Scarborough SC,SCAR
1:56.69 ONAGFEB Region of Waterloo,ROW
1:56.73 RACERDEC Canadian Dolphin SC,CDSC
1:56.77 PQAGFEB CN Beauport,CNCB
1:56.7B RACERDEC Univ.Calgary SC,UCSC
1:57.19 ONAAFEB Laurentian University ,LUSC
1:57.29 SHERDEC Etoiles Rich-Yamaska,ETORY
1:57.30 ONAGFEB Gloucc-Ottawa Kingfish,GO
1:57.73 ONAGFEB Oakville AC,OAK

TOP AGE GROUP TIMES

1991 SHORT COURSE TAG®

BOYS 13-14

50 METRES FREESTYLE
Rec: 23.57 B.Creelman,TOMAC,85
24.35 ONAGFEB Kris Fisher,14,MAC
24.94 MANTAOEC Jeff Toth,14,ROO
25.00 WESTFEB Matthew Tomasson,14,CP
25.07 YOUTHOEC Bill Beecher,14,LAC
25.11 YOUTHDEC Chris Jones,14,TOMAC
25.20 ONAGFEB Mischa Sommerville,14,AAC
25.29 TOMACNOV Adam Porteous,13,MAC
25.37 SHEROEC Vincent Lemieux,14,SUPER
25.45 PQAGFEB Charles Marchand,14,SELCT
25.55 ONAAFEB Brian Taguchi,14,KBM
25.60 PQAGFEB Rick Pratt,14,CAC
25.64 CVACJAN Mark Ritcey,14,HTAC
25.65 MANTADEC Doug Wake,13,ROO
25.65 WESTFEB Oelano Ducheck,13,UCSC
25.72 YOUTHDEC Vincent Cheung,14,CREST
25.72 WESTFEB Andrew Reid,14,KISU
25.81 MANTAOEC Oan Hunnie,14,SO
25.B2 YOUTHOEC Jon Oavis,13,TOMAC
25.93 ONAGFEB Jonathan Howard,14,OAK
25.94 ONAGFEB Andrew Munro,13,EPS
25.96 ONAGFEB Sean Steacy,14,LAC
25.99 YOUTHOEC Mark Versfeld,14,FMSC
26.01 HYACKJAN Cory Holland,13,IS
26.02 ONAAFEB Elliot Scherer,14,RHAC
26.04 HYACKJAN Martin Zaleski,14,VKSC

100 METRES FREESTYLE
Rec: 52.46 B.Creelman,TOMAC,B4
54.40 MANTAOEC Jeff Toth,14,ROO
54.68 ONAGFEB Kris Fisher,14,MAC
54.70 PQAGFEB Vincent Lemieux,14,SUPER
54.73 WESTFEB Doug Wake,13,ROD
54.79 YOUTHDEC Bill Beecher,14,LAC
54.B6 YOUTHDEC Chris Jones,14,TOMAC
54.99 PQAGFEB Charles Marchand,14,SELCT
55.32 ONAGFEB Adam Peacey,14,GO
55.36 ONAGFEB Vincent Cheung,14,CREST
55.61 ONAGFEB Adam Porteous,13,MAC
55.77 BROCKNOV Courtney James,14,TRENT
55.B6 CASCNOV Matthew Tomasson,14,CP
55.96 SHEROEC Patrick Hetu,14,ELITE
56.00 WESTFEB Andrew Reid,14,KISU
56.01 ONAAFEB Brian Taguchi,14,KBM
56.04 PQAGFEB Rick Pratt,14,CAC
56.17 RACERDEC Daryl Shannon,14,SPART
56.29 HYACKJAN Jimmy Cho,14,HYACK
56.39 YOUTHOEC Jonathan Howard,14,OAK
56.40 WESTFEB Dan Hunnie,14,SD
56.41 HYACKJAN Cory Holland,13,IS
56.43 WESTFEB Delano Ducheck,13,UCSC
56.58 YOUTHOEC Adrian Costello,14,NAAC
56.62 HYACKJAN Martin Zaleski,14,VKSC
56.69 ONAGFEB Sean Steacy,14,LAC

200 METRES FREESTYLE
Rec: 1:53.2B A.Baumann,LUSC,79
1:5B.2B ONAGFEB Adam Peacey,14,GO
1:5B.57 ONAGFEB Kris Fisher,14,MAC
1:59.22 WESTFEB Doug Wake,13,ROD
1:59.32 ONAGFEB Sean Steacy,14,LAC
1:59.57 YOUTHOEC Bill Beecher,14,LAC
1:59.57 PQAGFEB Patrick Hetu,14,ELITE
1:59.93 MANTAOEC Jeff Toth,14,ROD
2:00.12 ONAGFEB Jonathan Howard,14,OAK
2:00.65 WESTFEB Matthew Tomasson,14,CP
2:02.11 WESTFEB Jimmy Cho,14,HYACK
2:02.15 PQAGFE8 Charles Marchand,14,SELCT
2:02.66 YOUTHOEC Adrian Costello,14,NAAC
2:02.70 ONAAFEB Brian Taguchi,14,KBM
2:02.75 PQAGFE8 Rick Pratt,14,CAC
2:02.B2 CAMONOV Vincent Lemieux,14,SUPER
2:02.98 ONAGFEB Matthew Buckley,13,K8M
2:03.25 ONAGFE8 Jamie White,13,LAC
2:03.30 YOUTHOEC Chris Jones,14,TOMAC
2:03.50 YOUTHOEC David Fogel,14,MAC
2:03.76 ONAGFEB Ryan VandeVooren,14,CO8RA
2:03.82 SHERDEC Frederic Gratton,14,CNJC
2:03.B5 WESTFE8 Oirk Helmstaedt,14,KBM
2:04.13 ONAGFEB Oirk Helmstaedt,14,KBM
2:04.23 YOUTHOEC Michael Bergstrom,14,SSC
2:04.33 ONAAFEB Chris Churchill,13,LUSC

400 METRES FREESTYLE
Rec: 3:5B.32 J.Stevens,MANTA,B9
4:0B.33 ONAGFEB Adam Peacey,14,GO
4:13.30 YOUTHOEC Bill Beecher,14,LAC
4:14.06 PQAGFEB Patrick Hetu,14,ELITE
4:14.59 ONAGFEB Jonathan Howard,14,OAK
4:15.47 YOUTHDEC Sean Steacy,14,LAC
4:17.47 ONAGFEB Jamie White,13,LAC
4:1B.31 MANTAOEC Jeff Toth,14,ROO
4:19.10 SHEROEC Vincent Lemieux,14,SUPER
4:19.9B YOUTHDEC Mark Versfeld,14,FMSC
4:20.30 PQAGFEB Charles Marchand,14,SELCT
4:20.44 MANTADEC Doug Wake,13,ROO
4:20.56 PQAGFEB Rick Pratt,14,CAC
4:20.B6 RACERDEC Jimmy Cho,14,HYACK
4:21.07 HYACKJAN Robert Pettifer,13,RACER
4:21.16 WESTFEB Troy Rhoades,14,ROO
4:21.BB PQAGFEB Frederic Boislard,13,PLUS
4:22.3B YOUTHOEC Michael McWha,13,WAC
4:22.44 YOUTHOEC Michael Bergstrom,14,SSC
4:22.56 YOUTHDEC Kent Coates,14,SEA
4:22.70 WESTFEB Stuart Hietbrink,14,HYACK
4:22.77 ONAAFEB Chris Churchill,13,LUSC
4:22.B9 PQAGFEB Steph.Croisetiere,13,CAMO
4:23.09 MACJAN Kris Fisher,14,MAC
4:23.21 ONAGFEB Ryan VandeVooren,14,COBRA
4:23.55 NSAGFEB Mark Ritcey,14,HTAC

1500 METRES FREESTYLE
Rec: 15:32.15 A.Baumann,LUSC,-79
16:36.93 ONAGFEB Adam Peacey,14,GO
16:49.04 ONAGFEB Jamie White,13,LAC
16:54.B2 ONAGFEB Chris Churchill,13,LUSC
17:00.74 ONAGFEB Sean Steacy,14,LAC
17:06.59 MANTAOEC Jeff Toth,14,ROO
17:0B.19 MANTADEC Ooug Wake,13,ROO
17:09.36 ONAGFEB Jonathan Howard,14,OAK
17:09.66 YOUTHOEC Michael Bergstrom,14,SSC
17:10.99 SHEROEC Sebastien Guerard,14,CNMN
17:14.06 YOUTHOEC Kyle Greer,14,NKSC
17:15.49 SHEROEC Oaniel Pickard,13,ETORY
17:15.BB HYACKJAN Jimmy Cho,14,HYACK
17:17.96 YOUTHOEC Kent Coates,14,SEA
17:1B.39 HYACKJAN Wayne Linner,13,IS
17:19.B3 ONAGFEB Sean Cargin,13,WAC
17:22.67 HYACKJAN Stuart Hietbrink,14,HYACK
17:26.00 YOUTHOEC Michael McWha,13,WAC
17:26.56 PQAGFEB Frederic Boislard,13,PLUS
17:2B.01 AIRJAN Mark Versfeld,14,FMSC
17:29.08 ONAGFEB Jason Singer,13,NYAC
17:30.15 YOUTHOEC Mark Ritcey,14,HTAC
17:30.B7 KSCOEC Brett Cameron,14,SSC
17:31.64 ONAAAFEB Oan Lee,14,KEETA
17:32.96 SHEROEC Sebastien Caron,14,CNO
17:33.14 ONAGFEB Paul Arsenault,14,GO

100 METRES BACKSTROKE
Rec: 58.9B K.Fisher,MAC,91
5B.9B MACMAR Kris Fisher,14,MAC
1:00.14 MANTAOEC Jeff Toth,14,ROO
1:01.92 WESTFEB Chris Renaud,14,CASC
1:02.34 WESTFEB Troy Rhoades,14,ROO
1:02.63 WESTFEB Mark Versfeld,14,FMSC
1:02.84 YOUTHOEC Bill Beecher,14,LAC
1:03.14 CAMONOV Patrick Hetu,14,ELITE
1:04.04 MACJAN Ryan VandeVooren,14,COBRA
1:04.07 ONAAFEB Brian Taguchi,14,KBM
1:04.09 ONAGFEB Jamie White,13,LAC
1:04.25 BROCKNOV Courtney James,14,TRENT
1:04.65 ONAGFEB Mischa Sommerville,14,AAC
1:04.91 WESTFEB Jimmy Cho,14,HYACK
1:04.94 CVACJAN Matthew McDonald,14,ATP
1:05.05 ONAGFEB Bob Hayes,14,SCAR
1:05.24 CAMONOV Jean-N. Poirier,14,SUPER
1:05.31 WESTFEB Matthew Tomasson,14,CP
1:05.55 PQAGFEB Eric Pelletier,14,JUVA
1:05.77 PQAGFEB Benoit Oesmarais,14,HIPPO
1:05.93 CVACJAN Chris Roberts,14,ATP
1:06.01 WESTFEB Kevin Mertz,14,LASC
1:06.11 SHERDEC Frederic Gratton,14,CNJC
1:06.22 YOUTHOEC Tom Hood,14,GMAC
1:06.43 YOUTHOEC Courtney Adams,14,E8SC
1:06.45 YOUTHOEC Michael Bergstrom,14,SSC

200 METRES BACKSTROKE
Rec: 2:07.48 S.Flowers,OSC,83
2:10.35 PQAGFEB Patrick Hetu,14,ELITE
2:11.61 MANTAOEC Jeff Toth,14,ROO
2:11.93 ONAGFEB Kris Fisher,14,MAC
2:14.43 WESTFE8 Mark Versfeld,14,FMSC
2:15.25 WESTFEB Troy Rhoades,14,ROO
2:15.53 ONAGFEB Ryan VandeVooren,14,COBRA
2:15.92 MANTAOEC Chris Renaud,14,CASC
2:16.55 SCARMAR Bob Hayes,14,SCAR
2:16.73 YOUTHOEC Bill Beecher,14,LAC
2:19.21 KSCOEC Brett Cameron,14,SSC
2:19.29 ONAAFEB Brian Taguchi,14,KBM
2:19.37 PQAGFEB Michael Wyjad,14,PCSC
2:19.42 HYACKJAN Jimmy Cho,14,HYACK
2:19.97 SHEROEC Frederic Gratton,14,CNJC
2:20.14 BROCKNOV Courtney James,14,TRENT
2:20.20 ONAGFEB Courtney Adams,14,EBSC
2:20.79 PQAGFEB Patrick Emond,14,CNMN
2:20.89 WESTFEB Stuart Hietbrink,14,HYACK
2:21.02 YOUTHOEC Michael Bergstrom,14,SSC
2:21.76 YOUTHOEC Oavid Hare,14,ROW
2:22.31 ONAGFEB Michael Oenyer,14,STARS
2:22.51 MACJAN David Fogel,14,MAC
2:22.74 SHERDEC Sebastien Caron,14,CNO
2:22.76 WESTFEB Greg Hamm,14,OELTA
2:22.86 ONAGFEB Mischa Sommerville,14,AAC

100 METRES BREASTSTROKE
Rec: 1:03.27 M.Mason,EPS,89
1:0B.63 SHEROEC Mathieu Charest,14,CAC
1:0B.63 ONAGFEB Vincent Cheung,14,CREST
1:0B.76 SHEROEC Vincent Lemieux,14,SUPER
1:09.01 WESTFEB Oan Hunnie,14,SO
1:09.09 ONAGFEB Michael Arzaga,13,CREST
1:09.34 ONAGFEB Jayme Gordon,14,RHAC
1:09.64 CAMONOV Jean-N. Poirier,14,SUPER
1:09.B6 EPSOEC Matthew Tomasson,14,CP
1:10.50 YOUTHOEC Adrian Costello,14,NAAC
1:10.55 UCSCJAN Ramon Vnielink,17,CASC
1:10.92 CAMONOV Eric Quane,14,PCSC
1:11.69 NSAGFEB Mark Ritcey,14,HTAC
1:11.77 PQAGFEB Alex Tratch-Harvey,13,SELCT
1:11.95 MANTADEC Corby Richmond,13,TBT
1:12.13 PQAGFEB Eric Pelletier,14,JUVA
1:12.37 MANTAOEC Oerek Bilyk,14,TBT
1:12.40 WESTFEB Kevin Mertz,14,LASC
1:12.48 ONAGFEB Casey Cheung,14,SCAR
1:12.49 ONAGFEB Andy Sundararjan,14,TOMAC
1:12.50 SPBJAN Chris Kendall,13,MMSC
1:12.55 SHERDEC Carl Shooner,14,ETORY
1:12.55 HYACKJAN Marek Hejduk,14,CHENA
1:12.70 MANTAOEC Ooug Wake,13,ROO
1:12.B3 BROCKNOV Courtney James,14,TRENT
1:12.9B ONAGFEB Marc Ealdama,14,EPS

200 METRES BREASTSTROKE
Rec: 2:16.87 M.Mason,EPS,B9
2:30.05 WESTFEB Oan Hunnie,14,SO
2:30.14 YOUTHOEC Vincent Cheung,14,CREST
2:30.22 ONAGFEB Michael Arzaga,13,CREST
2:31.43 CAMONOV Jean-N. Poirier,14,SUPER
2:32.23 EPSOEC Mathieu Charest,14,CAC
2:32.50 WESTFEB Ooug Wake,13,ROO
2:33.06 MANTADEC Corby Richmond,13,TBT
2:33.27 CAMONOV Eric Quane,14,PCSC
2:33.47 YOUTHOEC Adrian Costello,14,NAAC
2:33.76 PQAGFEB Carl Shooner,14,ETORY
2:34.56 ONAGFEB Tom Fuke,14,ROW
2:35.70 NSAGFEB Mark Ritcey,14,HTAC
2:36.15 ONAGFEB Peter Simovic,14,OAK
2:36.26 WESTFEB Nick Szucs,14,HYACK
2:36.61 YOUTHDEC Brett Cameron,14,SSC
2:36.70 ONAAFEB Jayme Gordon,14,RHAC
2:36.72 ONAGFEB Dirk Helmstaedt,14,KBM
2:36.B4 CASCNOV Matthew Tomasson,14,CP
2:37.45 ONAAFEB Casey Cheung,14,SCAR
2:37.77 ONAGFEB Chris Churchill,13,LUSC
2:37.93 PQAGFEB Alex Tratch-Harvey,13,SELCT
2:37.94 BRANTNOV Derek Bilyk,14,TBT
2:3B.16 ONAGFEB Andy Sundararjan,14,TOMAC
2:3B.2B WESTFEB Kevin Mertz,14,LASC
2:38.36 ONAGFEB Marc Ealdama,14,EPS

100 METRES BUTTERFLY
Rec: 57.77 B.Creelman,TOMAC,84
59.05 CANFEB Ooug Wake,13,ROO
1:00.89 WESTFEB Jimmy Cho,14,HYACK
1:00.91 YOUTHOEC Bill Beecher,14,LAC
1:01.31 ONAGFEB Vincent Cheung,14,CREST
1:01.39 YOUTHOEC Brett Cameron,14,SSC
1:01.56 ROOJAN Jeff Toth,14,ROD
1:01.70 PQAGFEB Vincent Lemieux,14,SUPER
1:02.47 WESTFEB Andrew Reid,14,KISU
1:02.47 WESTFEB Oelano Oucheck,13,UCSC
1:02.49 PQAGFEB Jean-S. Mayrand,14,SELCT
1:02.61 WESTFEB Troy Rhoades,14,ROO
1:02.62 ONAGFEB Adam Porteous,13,MAC
1:02.97 YOUTHOEC Mark Ritcey,14,HTAC
1:02.97 PQAGFEB Jean-F. Marquis,14,OYNAM
1:03.21 HYACKJAN Stuart Hietbrink,14,HYACK
1:03.38 PQAGFEB Mathieu Tremblay,14,CNMN
1:03.39 PQAGFE8 Leonardo Moreno,13,ELITE
1:03.62 ONAGFEB Jon Oavis,14,TOMAC
1:03.63 ONAGFEB Elliot Scherer,14,RHAC
1:03.63 ONAGFEB Greg Hall,14,NYAC
1:03.74 CASCNOV Matthew Tomasson,14,CP
1:03.75 TOMACNOV Kris Fisher,14,MAC
1:03.76 BROCKNOV Courtney James,14,TRENT
1:04.06 HYACKJAN Ben Good,14,PSW
1:04.11 ONAGFEB Francis Noventa,13,GMAC

200 METRES BUTTERFLY
Rec: 2:07.44 J.Hudacin,EBSC,B9
2:09.27 WESTFEB Ooug Wake,13,ROO
2:13.62 WESTFEB Jimmy Cho,14,HYACK
2:13.67 MANTAOEC Jeff Toth,14,ROD
2:15.06 WESTFEB Brett Cameron,14,SSC
2:15.19 WESTFEB Stuart Hietbrink,14,HYACK
2:16.38 YOUTHOEC Bill Beecher,14,LAC
2:16.B5 NSAGFEB Mark Ritcey,14,HTAC
2:17.34 PQAGFEB Daniel Picard,14,ETORY
2:18.18 ONAGFEB Sean Cargin,13,WAC
2:1B.30 ONAAAFEB Vincent Cheung,14,CREST
2:18.48 PQAGFEB Leonardo Moreno,13,ELITE
2:19.34 PQAGFEB Jean-S. Mayrand,14,SELCT
2:19.87 ONAGFEB Bob Hayes,14,SCAR
2:19.94 PQAGFEB Jean-F. Marquis,14,OYNAM
2:20.00 YOUTHOEC Kyle Greer,14,NKSC
2:20.67 PQAGFEB Jonathan Bolduc,14,DYNAM
2:21.22 HYACKJAN Ben Good,14,PSW
2:21.55 PQAGFEB Mathieu Tremblay,14,CNMN
2:21.69 YOUTHOEC Michael Bergstrom,14,SSC
2:23.36 ENLJAN Simon-P. Crevier,14,PCSC
2:23.B2 ONAGFEB Scott McInnes,14,ROW
2:23.96 WESTFEB Paul Nelson,14,ROO
2:24.18 MACJAN Chris Churchill,13,LUSC
2:24.21 BTSCJAN Adam Peacey,14,GO
2:24.67 CAMONOV Eric Quane,14,PCSC

200 METRES IND.MEDLEY
Rec: 2:0B.56 B.Creelman,TOMAC,-85
2:13.42 YOUTHOEC Bill Beecher,14,LAC
2:15.02 YOUTHOEC Brett Cameron,14,SSC
2:15.1B YOUTHOEC Mark Versfeld,14,FMSC
2:15.39 ONAGFE8 Kris Fisher,14,MAC
2:15.52 ONAGFE8 Vincent Cheung,14,CREST
2:15.81 PQAGFE8 Patrick Hetu,14,ELITE
2:16.49 MANTADEC Jeff Toth,14,ROD
2:16.70 WESTFEB Ooug Wake,13,ROD
2:17.77 MANTADEC Troy Rhoades,14,ROD
2:1B.06 CVACJAN Mark Ritcey,14,HTAC
2:1B.06 ONAGFEB Chris Churchill,13,LUSC
2:1B.1B SHEROEC Vincent Lemieux,14,SUPER
2:1B.29 CASCNOV Matthew Tomasson,14,CP
2:1B.59 ONAGFEB Jamie White,13,LAC
2:19.23 BROCKNOV Courtney James,14,TRENT
2:19.5B SHEROEC Frederic Gratton,14,CNJC
2:19.63 ONAGFEB Ryan VandeVooren,14,COBRA
2:20.26 PQAGFEB Leonardo Moreno,13,ELITE
2:20.4B HYACKJAN Martin Zaleski,14,VKSC
2:20.59 PQAGFE8 Stephane Croisetiere,13,CAMO
2:20.72 CAMONOV Jean-N. Poirier,14,SUPER
2:20.7B WESTFEB Chris Renaud,14,CASC
2:20.B5 HYACKJAN Stuart Hietbrink,14,HYACK
2:21.14 ONAGFEB Paul Pharand,14,VEW
2:21.1B ONAGFEB Adam Porteous,13,MAC

400 METRES IND.MEDLEY
Rec: 4:25.80 A.Baumann,LUSC,79
4:44.47 YOUTHOEC Bill Beecher,14,LAC
4:44.64 WESTFE8 Brett Cameron,14,SSC
4:50.07 RODJAN Doug Wake,13,ROD
4:50.71 ONAGFEB Vincent Cheung,14,CREST
4:50.72 WESTFEB Stuart Hietbrink,14,HYACK
4:51.0B ONAGFEB Chris Churchill,13,LUSC
4:51.76 WESTFEB Mark Versfeld,14,FMSC
4:53.20 YOUTHOEC Mark Ritcey,14,HTAC
4:54.B6 PQAGFEB Daniel Picard,14,ETORY
4:55.21 ONAGFEB Jamie White,13,LAC
4:55.4B SHERDEC Frederic Gratton,14,CNJC
4:56.63 CAMONOV Jean-N. Poirier,14,SUPER
4:57.02 ONAGFEB Adam Peacey,14,GO
4:57.29 MACJAN Kris Fisher,14,MAC
4:57.99 HYACKJAN Jimmy Cho,14,HYACK
4:5B.09 PQAGFEB Sebastien Guerard,14,CNMN
4:5B.50 YOUTHOEC Michael Wyjad,14,PCSC
4:59.06 CASCNOV Matthew Tomasson,14,CP
4:59.24 CASCNOV Troy Rhoades,14,ROD
4:59.90 YOUTHDEC Michael Bergstrom,14,SSC
4:59.9B PQAGFEB Steph. Croisetiere,13,CAMO
5:01.54 PQAGFEB Leonardo Moreno,13,ELITE
5:01.66 ONAGFEB Sean Cargin,13,WAC
5:01.88 RODJAN Jeff Toth,14,ROD
5:01.97 YOUTHOEC Michael McWha,13,WAC

4X50 M MEDLEY RELAY
Rec: 1:53.44 Markham AC,MAC,91
1:53.44 MACJAN Markham AC,MAC
1:56.56 ROOJAN Regina Opt.Oolphins,ROD
1:5B.62 PQAGFEB Laval+Longueuil,ELITE
1:5B.65 MANTADEC Cascade Swim Club,CASC
1:5B.B0 YOUTHOEC London AC,LAC
2:00.88 ONAGFEB Mississauga AC,TOMAC
2:00.97 HYACKJAN Hyack Swim Club,HYACK
2:01.B3 ONAAFEB Scarborough SC,SCAR
2:01.B7 ONAGFEB Hamilt-Wentworth AC,HWAC
2:01.91 YOUTHOEC Crescent Town SC,CREST
2:02.01 ONAGFE8 City of Brampton AC,COBRA
2:02.56 PQAGFEB Etoiles Rich-Yamaska,ETORY
2:02.76 YOUTHOEC Region of Waterloo,ROW
2:03.02 ONAGFEB North York AC,NYAC
2:03.09 LASCNOV Univ.Calgary SC,UCSC
2:03.22 PQAGFE8 Hippocame St-Hubert,HIPPO
2:04.11 ONAGFEB Etobicoke Pepsi,EPS
2:04.16 NSAGFE8 Halifax Trojans,HTAC
2:04.18 MANTADEC Manitoba Marlins,MM
2:04.21 ONAAFEB Kingston Blue Marlins,KBM
2:04.69 ONAAFE8 8rock Niagara,8ROCK
2:04.76 COMOXOEC Island Swimming,IS
2:04.B1 MANTADEC Thun Bay Thunderbolts,TBT
2:04.B6 ONAGFE8 Richmond Hill AC,RHAC
2:05.00 PQAGFE8 CN Montreal-Nord,CNMN

4X50 M FREE RELAY
Rec: 1:40.1B Markham AC,MAC,91
1:40.1B ONAGFEB Markham AC,MAC
1:41.94 MANTAOEC Regina Opt.Dolphins,ROO
1:44.94 YOUTHDEC London AC,LAC
1:46.50 YOUTHDEC Mississauga AC,TOMAC
1:46.59 PQAGFE8 Laval+Longueuil,ELITE
1:47.20 ONAGFE8 Mississauga AC,TOMAC
1:47.63 HYACKJAN Hyack Swim Club,HYACK
1:47.75 PQAGFE8 Etoiles Rich-Yamaska,ETORY
1:48.38 LASCNOV Univ.Calgary SC,UCSC
1:4B.58 MANTADEC Cascade Swim Club,CASC
1:48.93 HYACKJAN Island Swimming,IS
1:49.15 PQAGFEB Hippocame St-Hubert,HIPPO
1:49.72 ONAGFE8 North York AC,NYAC
1:49.7B YOUTHDEC Pointe Claire SC,PCSC
1:49.91 ONAGFEB Hamilt-Wentworth AC,HWAC
1:50.18 ONAAFEB Kingston Blue Marlins,K8M
1:50.25 RACEROEC Richmond Racers,RACER
1:50.2B ONAAFEB Scarborough SC,SCAR
1:50.29 ONAGFEB City of Brampton AC,COBRA
1:50.37 8ROCKNOV 8rock Niagara,8ROCK
1:50.40 PQAGFEB Levis+Montmagny,PLUS
1:50.71 ONAGFEB Etobicoke Pepsi,EPS
1:50.B1 MANTAOEC Manitoba Marlins,MM
1:50.85 PQAGFE8 CN Montreal-Nord,CNMN
1:50.90 YOUTHOEC Region of Waterloo,ROW

TOP AGE GROUP TIMES

1991 SHORT COURSE TAG®

GIRLS 15-17

50 METRES FREESTYLE
Rec: 25.42 K.Topham,UNATT,90
25.66 CANFEB Kristin Topham,17,EPS
26.30 CANFEB Allison Higson,17,UCSC
26.31 CANFEB Karen Chow,17,HYACK
26.36 CANFEB Gabriella Kuntz,17,UCSC
26.54 CANFEB Melanie Mackwood,17,MAC
26.66 CANFEB Stephanie Lemay,16,BBF
26.6B TOMACNOV Janet Mayville,16,YORK
26.6B CANFEB Patricia Levesque,17,SELCT
26.B4 SHERDEC Martina Kindler,15,POLAR
26.B9 CANFEB Carmen Kondra,15,EPS
26.93 CANFEB Julie Barbeau,15,ELITE
26.96 CANFEB Barb Austin,17,ROD
27.03 SHERDEC Martine Dessureault,16,SHER
27.05 CANFEB Petrina Lessard,16,PCSC
27.0B CANFEB Danielle Kennedy,17,CDSC
27.22 CANFEB Kathryn McBurney,15,WISC
27.23 CANFEB Nadine Rolland,15,SUPER
27.24 PQAGFEB Catherine Larrivee,15,SELCT
27.25 ONAAAFEB Nancy Sweetnam,17,LLSC
27.26 EPSDEC Jill Lakusiak,15,MANTA
27.2B HYACKJAN Anita Lee,16,CDSC
27.29 EPSDEC Christine Jeffrey,17,GMAC
27.31 ONAAAFEB Megan Sullivan,16,MUSAC
27.33 CANFEB Leah Cripps,16,UCSC
27.36 WESTFEB Sherry Sanders,16,UCSC

100 METRES FREESTYLE
Rec: 55.94 A.Higson,UCSC,90
56.30 EPSDEC Kristin Topham,17,EPS
57.15 CANFEB Karen Chow,17,HYACK
57.35 CANFEB Allison Higson,17,UCSC
57.42 CANFEB Patricia Levesque,17,SELCT
57.50 CANFEB Jill Lakusiak,16,MANTA
57.69 EPSDEC Kathryn McBurney,15,WISC
57.74 CANFEB Petrina Lessard,16,PCSC
57.75 CANFEB Gabriella Kuntz,17,UCSC
57.89 CANFEB Danielle Kennedy,17,CDSC
57.91 CANFEB Julie Barbeau,15,ELITE
5B.20 CANFEB Janet Mayville,16,YORK
5B.27 SHERDEC Stephanie Lemay,16,BBF
5B.33 EPSDEC Christine Jeffrey,17,GMAC
5B.35 CANFEB Barb Austin,17,ROD
5B.55 ONCUPJAN Joanne Malar,15,HWAC
5B.72 MACJAN Melanie Mackwood,16,MAC
5B.B1 EPSDEC Alicia Hicken,15,EPS
5B.91 WESTFEB Leah Cripps,16,UCSC
59.01 EPSDEC Michelle Killins,16,EPS
59.01 CANFEB Nikki Dryden,15,IS
59.03 SHERDEC Martine Dessureault,16,SHER
59.04 CANFEB Karla Kochorek,17,UCSC
59.11 WESTFEB Sherry Sanders,16,UCSC
59.23 EPSDEC Peggy Corkum,16,EPS
59.24 CVACJAN Nicole Bourgeois,15,SEA

200 METRES FREESTYLE
Rec: 1:58.28 P.Noall,CNMN,B8
2:02.32 EPSDEC Christine Jeffrey,17,GMAC
2:02.43 CANFEB Allison Higson,17,UCSC
2:02.56 CANFEB Petrina Lessard,16,PCSC
2:02.6B CANFEB Danielle Kennedy,17,CDSC
2:03.19 CANFEB Alicia Hicken,15,EPS
2:03.70 CANFEB Julie Barbeau,15,ELITE
2:04.75 CANFEB Jill Lakusiak,16,MANTA
2:04.7B CANFEB Joanne Malar,15,HWAC
2:04.91 CANFEB Michelle Killins,16,EPS
2:05.03 CANFEB Patricia Levesque,17,SELCT
2:05.05 EPSDEC Peggy Corkum,16,EPS
2:05.3B EPSDEC Stephanie Shewchuk,16,EPS
2:05.41 CANFEB Jennifer Goldsmith,17,CDSC
2:05.4B CVACJAN Heather Thomas,15,HTAC
2:05.54 ONAAFEB Jill Savege,16,TRENT
2:05.60 CANFEB Julie Miesmer,15,WAC
2:06.10 BCSRFEB Nikki Dryden,15,IS
2:06.2B CANFEB Karen Chow,17,HYACK
2:06.43 EPSDEC Susie Miller,16,ROW
2:06.56 CANFEB Chris Perry,16,NYAC
2:06.69 HYACKJAN Tanya Tighe,16,IS
2:07.07 EPSDEC Hilary Seagrave,15,FAST
2:07.21 EPSDEC Shelby Brown,15,BOSS
2:07.26 ONCUPJAN Sheila Hewerdine,16,LAC
2:07.56 RACERDEC Shannon Bell,16,CDSC

400 METRES FREESTYLE
Rec: 4:09.30 J.Daigneault,PCSC,B2
4:16.17 CANFEB Nikki Dryden,15,IS
4:16.44 CANFEB Allison Higson,17,UCSC
4:16.B2 EPSDEC Peggy Corkum,16,EPS
4:17.77 CANFEB Danielle Kennedy,17,CDSC
4:17.96 EPSDEC Stephanie Shewchuk,16,EPS
4:1B.37 EPSDEC Christine Jeffrey,17,GMAC
4:21.12 CAMONOV Chantal Harrison,16,CAMO
4:21.14 EPSDEC Jill Lakusiak,15,MANTA
4:21.42 CANFEB Marla Dowdeswell,17,ROD
4:21.45 CANFEB Jill Savege,16,TRENT
4:22.01 ONAAFEB Shelby Brown,16,BOSS
4:22.0B CANFEB Brigitte Davidson,17,GO
4:22.22 CANFEB Cindy Bertelink,15,COBRA
4:22.35 ONCUPJAN Alicia Hicken,15,EPS
4:22.52 RACERDEC Jennifer Goldsmith,17,CDSC
4:23.29 HYACKJAN Leanne Wilkinson,15,IS
4:23.50 RACERDEC Michelle Sallee,17,CDSC
4:25.05 RACERDEC Shannon Bell,16,CDSC
4:25.07 CVACJAN Heather Thomas,15,HTAC
4:25.14 HYACKJAN Aelicia Otto,17,PSW
4:25.15 CANFEB Julie Barbeau,15,ELITE
4:25.51 EPSDEC Joanne Attard,16,LAC
4:25.64 BCSRFEB Tanya Tighe,16,IS
4:25.BB GOLDOCT Maria Gaudin,17,EKSC
4:26.47 PQAGFEB Julie Dufour,15,ETORY

800 METRES FREESTYLE
Rec: B:33.B9 J.Daigneault,PCSC,B2
B:44.17 CANFEB Stephanie Shewchuk,16,EPS
B:47.B7 EPSDEC Peggy Corkum,16,EPS
B:49.13 BCSRFEB Nikki Dryden,15,IS
B:54.63 EPSDEC Christine Jeffrey,17,GMAC
B:56.10 CANFEB Cindy Bertelink,15,COBRA
B:57.B3 ONCUPJAN Tisha Stojkovic,17,WAC
B:5B.40 ONCUPJAN Brigitte Davidson,17,GO
B:5B.54 CANFEB Jill Savege,16,TRENT
B:5B.69 EPSDEC Joanne Attard,16,LAC
B:5B.93 CANFEB Cathy Dufresne,15,PLUS
8:59.09 BCSRFEB Leanne Wilkinson,15,IS
B:59.44 BCSRFEB Michelle Sallee,17,CDSC
9:00.53 KSCFEB Allison Higson,17,UCSC
9:00.66 EPSDEC Alicia Hicken,15,EPS
9:00.95 OAKJAN Joanne Malar,15,HWAC
9:01.31 RACERDEC Jennifer Goldsmith,17,CDSC
9:01.39 SHERDEC Chantal Harrison,16,CAMO
9:02.21 CANFEB Marla Dowdeswell,17,ROD
9:03.B0 EPSDEC Kristin Fowler,17,NKSC
9:03.B7 ONCUPJAN Susie Miller,16,ROW
9:04.47 BCSRFEB Shannon Brown,15,IS
9:04.67 EPSDEC Kelly Stevens,15,EPS
9:04.94 EPSDEC Melanie Allen,17,NEW
9:05.B5 HYACKJAN Tanya Tighe,16,IS
9:05.97 BCSRFEB Danielle Kennedy,17,CDSC

100 METRES BACKSTROKE
Rec: 1:02.03 A-M.Andersen,EPS,B9
1:02.45 CANFEB Nikki Dryden,15,IS
1:03.97 CANFEB Beth Hazel,17,EPS
1:04.44 CANFEB Nadine Emond,17,CNMN
1:04.45 CANFEB Michelle Lischinsky,16,MANTA
1:04.60 CANFEB Kathy Monar,16,GOLD
1:04.72 EPSDEC Christine Jeffrey,17,GMAC
1:04.94 CANFEB Nadine Rolland,15,SUPER
1:05.24 ONCUPJAN Joanne Malar,15,HWAC
1:05.51 EPSDEC Kim Stobbs,17,GOLD
1:05.83 EPSDEC Laura King,15,AAC
1:06.22 CANFEB Katharine Dunn,16,HTAC
1:06.37 ONCUPJAN Heather Cole,15,OAK
1:06.41 CANFEB Shanon Connolly,17,NYAC
1:06.52 CANFEB Susie Miller,16,ROW
1:06.77 ONAAAFEB Nancy Sweetnam,17,LLSC
1:06.B2 MANTADEC Chris Courtemanche,15,RACE
1:06.B5 CANFEB Kristi Muth,17,MM
1:06.95 CANFEB Stephanie Lemay,16,BBF
1:06.99 CANFEB Kara Bowman,17,ROW
1:07.02 CANFEB Kristin Kyte,15,CDSC
1:07.10 CANFEB Shannon Bell,16,CDSC
1:07.11 CANFEB Christine Chasse,16,TOMAC
1:07.30 CANFEB Rae Sears,16,TIDE
1:07.30 CANFEB Julie Miesmer,15,WAC
1:07.36 YOUTHDEC Hadas Pade,17,NYAC

200 METRES BACKSTROKE
Rec: 2:12.18 N.Dryden,IS,91
2:12.1B CANFEB Nikki Dryden,15,IS
2:13.B3 CANFEB Beth Hazel,17,EPS
2:13.B3 CANFEB Joanne Malar,15,HWAC
2:14.B4 CANFEB Nadine Emond,17,CNMN
2:17.67 CANFEB Kathy Monar,16,GOLD
2:18.02 CANFEB Michelle Lischinsky,16,MANTA
2:19.06 CANFEB Shanon Connolly,17,NYAC
2:19.2B CANFEB Katrina Walters,15,PSW
2:19.35 EPSDEC Laura King,15,AAC
2:20.01 CANFEB Susie Miller,16,ROW
2:20.69 EPSDEC Kim Stobbs,17,GOLD
2:21.72 CANFEB Kristin Kyte,15,CDSC
2:21.74 CANFEB Stephanie Shewchuk,16,EPS
2:22.03 CANFEB Dawna McLennan,15,PSW
2:22.19 CANFEB Katharine Dunn,16,HTAC
2:22.51 CANFEB Kristi Muth,17,MM
2:22.94 EPSDEC Rae Sears,16,TIDE
2:22.96 ONCUPJAN Christine Chasse,16,TOMAC
2:23.16 PQAGFEB Myriam Belanger,15,ELITE
2:23.4B CANFEB Kara Bowman,17,ROW
2:23.62 BCSRFEB Shannon Bell,16,CDSC
2:23.62 CANFEB Heather Cole,15,OAK
2:23.93 EPSFEB Michelle Killins,16,EPS
2:23.95 CANFEB Karla Kochorek,17,UCSC
2:23.99 CVACJAN Heather Thomas,15,HTAC

100 METRES BREASTSTROKE
Rec: 1:0B.26 A.Higson,EPS,B9
1:09.41 CANFEB Nancy Sweetnam,17,LLSC
1:11.00 CANFEB Carwai Seto,17,HTAC
1:11.26 CANFEB Chantal Dubois,16,SELCT
1:11.75 CANFEB Isabelle Groulx,16,POLAR
1:12.31 CANFEB Megan Sullivan,16,MUSAC
1:12.57 CANFEB Allison Higson,17,UCSC
1:13.05 EPSDEC Sheila Hewerdine,16,LAC
1:13.0B CANFEB Sheryl Ross,16,COBRA
1:13.36 CANFEB Sarah Evenetz,15,CDSC
1:13.57 CANFEB Joanne Malar,15,HWAC
1:13.BB CANFEB Andrea Mortin,15,ROD
1:13.96 CANFEB Jennifer Gibson,16,EPS
1:13.97 SHERDEC Sylvie Dumont,15,CNJC
1:14.09 CANFEB Nancy Gravel,17,SHER
1:14.12 CANFEB Anita Lee,16,CDSC
1:14.4B ONAAFEB Laura Adams,17,NEW
1:14.69 YOUTHDEC Jessica Sommerville,17,NYAC
1:15.0B ONCUPJAN Carolyn Gilbert,15,LAC
1:15.30 CANFEB Sophie Caron,15,SELCT
1:15.30 CANFEB Erica Kotler,17,CAR
1:15.3B CANFEB Mairi MacDonald,17,ROW
1:15.59 MANTADEC Debbie Matejicka,17,MM
1:15.62 HYACKJAN Lisa Pawson,17,CDSC
1:15.63 BCSRFEB Sarah Evanetz,15,CDSC
1:15.6B CANFEB Christa Schellenberg,15,PCSC

200 METRES BREASTSTROKE
Rec: 2:27.0B A.Ottenbrite,AAC,B4
2:2B.5B CANFEB Nancy Sweetnam,17,LLSC
2:33.54 CANFEB Chantal Dubois,16,SELCT
2:35.32 CANFEB Carwai Seto,17,HTAC
2:35.B4 EPSDEC Sheila Hewerdine,16,LAC
2:36.12 CANFEB Isabelle Groulx,16,POLAR
2:37.64 CANFEB Andrea Mortin,15,ROD
2:37.73 CANFEB Megan Sullivan,16,MUSAC
2:3B.B7 EPSDEC Joanne Malar,15,HWAC
2:39.19 ONCUPJAN Laura Adams,17,NEW
2:39.B1 SHERDEC Sylvie Dumont,15,CNJC
2:40.36 CANFEB Sophie Caron,16,SELCT
2:40.52 CANFEB Lisa Pawson,17,CDSC
2:40.5B CANFEB Rhianon Shepherd,17,MAC
2:40.60 RACERDEC Claire Matthews,17,CDSC
2:40.76 YOUTHDEC Gillian Richardson,15,NYAC
2:41.0B BCSRFEB Sarah Evanetz,15,CDSC
2:41.10 CANFEB Mairi MacDonald,17,ROW
2:41.27 YOUTHDEC Carolyn Gilbert,15,LAC
2:41.51 WESTFEB Bambi Roy,15,CRKW
2:41.5B CANFEB Jennifer Gibson,16,EPS
2:42.15 HYACKJAN Anita Lee,16,CDSC
2:42.36 CANFEB Allison Higson,17,UCSC
2:42.7B CANFEB Anna Leong,16,IS
2:42.79 YOUTHDEC Jessica Sommerville,17,NYAC
2:43.16 WESTFEB Debbie McLennan,17,PSW

100 METRES BUTTERFLY
Rec: 1:00.45 K.Topham,EPS,91
1:00.45 CANFEB Kristin Topham,17,EPS
1:01.67 EPSDEC Beth Hazel,16,EPS
1:01.91 CANFEB Nancy Sweetnam,17,LLSC
1:02.01 CANFEB Sarah Evanetz,15,CDSC
1:03.27 GOLDOCT Maria Gaudin,17,EKSC
1:03.27 CANFEB Patricia Levesque,17,SELCT
1:03.75 CANFEB Sandra Marchand,17,ELITE
1:03.9B EPSDEC Janet Mayville,16,YORK
1:04.0B CANFEB Kathryn McBurney,15,WISC
1:04.44 CANFEB Jacynthe Pineau,16,SELCT
1:04.45 CANFEB Lisa Robertson,16,HYACK
1:04.52 CANFEB Lori Eshom,15,CASC
1:04.83 EPSDEC Christine Jeffrey,17,GMAC
1:05.04 UTOCT Marianne Limpert,17,NYAC
1:05.07 CANFEB Sarah Cherry,15,RACER
1:05.24 CANFEB Kelly Stevens,15,EPS
1:05.2B EPSDEC Chantal Harrison,16,CAMO
1:05.31 EPSDEC Sheila Hewerdine,16,LAC
1:05.4B EPSDEC Martine Dessureault,16,SHER
1:05.52 CANFEB Leanne Wilkinson,15,IS
1:05.53 ONCUPJAN Angela Sawa,16,NYAC
1:05.5B ONCUPJAN Joanne Malar,15,HWAC
1:05.77 CANFEB Melanie Mackwood,17,MAC
1:05.B3 MANTADEC Sarah Agnew,17,CP
1:05.84 CANFEB Holly McComb,15,PCSC

200 METRES BUTTERFLY
Rec: 2:10.89 M.Moore,DCSC,84
2:14.39 EPSDEC Beth Hazel,16,EPS
2:15.79 CANFEB Jacynthe Pineau,16,SELCT
2:15.9B CANFEB Sheila Hewerdine,16,LAC
2:17.04 CANFEB Sandra Marchand,17,ELITE
2:17.31 CANFEB Leanne Wilkinson,15,IS
2:1B.25 EPSDEC Stephanie Shewchuk,16,EPS
2:1B.47 CANFEB Iona Allen,16,HTAC
2:1B.52 EPSDEC Chantal Harrison,16,CAMO
2:19.33 ONCUPJAN Kelly Stevens,15,EPS
2:19.87 CANFEB Janet Mayville,16,YORK
2:20.16 BCSRFEB Maria Gaudin,17,EKSC
2:20.B2 CANFEB Colleen Hnatiuk,17,EKSC
2:21.05 MANTADEC Lori Eshom,15,CASC
2:21.77 CANFEB Kathryn Kimber,15,GO
2:21.7B BCSRFEB Sarah Evanetz,15,CDSC
2:22.57 WESTFEB Chantelle Yeo,16,GOLD
2:22.86 BCSRFEB Jennifer Goldsmith,17,CDSC
2:23.09 EPSDEC Sarah Agnew,16,CP
2:23.1B EPSFEB Jennifer Gibson,16,EPS
2:23.24 RACERDEC Sarah Cherry,15,RACER
2:23.62 CANFEB Katrina Walters,15,PSW
2:23.94 WESTFEB Cathy Mortin,16,ROD
2:24.14 EPSDEC Kristin Fowler,17,NKSC
2:24.32 OAKJAN Joanne Malar,15,HWAC
2:24.33 CANFEB Jennifer Varey,16,LAC

200 METRES IND.MEDLEY
Rec: 2:13.1B N.Garapick,HTAC,79
2:14.56 CANFEB Nancy Sweetnam,17,LLSC
2:16.70 CANFEB Joanne Malar,15,HWAC
2:17.77 CANFEB Sheila Hewerdine,16,LAC
2:17.93 EPSDEC Christine Jeffrey,17,GMAC
2:19.55 CANFEB Holly McComb,15,PCSC
2:20.1B EPSDEC Beth Hazel,16,EPS
2:21.12 CANFEB Jennifer Goldsmith,17,CDSC
2:21.31 CANFEB Janet Mayville,16,YORK
2:21.62 BCSRFEB Shannon Bell,16,CDSC
2:21.B5 CANFEB Leanne Wilkinson,15,IS
2:22.31 ONCUPJAN Kristin Topham,17,EPS
2:22.73 EPSDEC Chantal Dubois,16,SELCT
2:23.01 EPSDEC Kim Stobbs,17,GOLD
2:23.16 CANFEB Jennifer Gibson,16,EPS
2:23.17 CANFEB Carwai Seto,17,HTAC
2:23.54 ONCUPJAN Julie Miesmer,15,WAC
2:24.00 ONCUPJAN Susie Miller,16,ROW
2:24.45 CANFEB Iona Allen,16,HTAC
2:24.57 SHERDEC Stephanie Lemay,16,BBF
2:24.77 CANFEB Isabelle Groulx,16,POLAR
2:24.B7 ONAAFEB Laura Adams,17,NEW
2:25.13 CANFEB Dawna McLennan,15,PSW
2:25.16 VICONOV Anne Leong,15,IS
2:25.31 CANFEB Cindy Bertelink,15,COBRA
2:25.34 WESTFEB Marla Dowdeswell,17,ROD

400 METRES IND.MEDLEY
Rec: 4:41.43 N.Garapick,HTAC,79
4:44.95 CANFEB Nancy Sweetnam,17,LLSC
4:4B.B4 CANFEB Sheila Hewerdine,16,LAC
4:49.16 EPSDEC Christine Jeffrey,17,GMAC
4:49.64 CANFEB Joanne Malar,15,HWAC
4:51.43 CANFEB Jennifer Goldsmith,17,CDSC
4:55.37 CANFEB Leanne Wilkinson,15,IS
4:55.56 CANFEB Holly McComb,15,PCSC
4:56.43 CANFEB Iona Allen,16,HTAC
4:56.51 RACERDEC Claire Matthews,17,CDSC
4:56.B2 ONCUPJAN Stephanie Shewchuk,16,EPS
4:57.B5 EPSDEC Chantal Dubois,16,SELCT
4:5B.14 GOLDOCT Maria Gaudin,17,EKSC
4:59.91 PQAGFEB Stephanie Matte,16,CNCB
5:00.14 EPSFEB Beth Hazel,17,EPS
5:00.66 RACERDEC Shannon Bell,16,CDSC
5:00.72 CANFEB Cindy Bertelink,15,COBRA
5:01.06 CANFEB Marla Dowdeswell,17,ROD
5:01.27 CANFEB Julie Miesmer,15,WAC
5:01.55 BCSRFEB Anna Leong,16,IS
5:02.1B CANFEB Nadine Emond,17,CNMN
5:02.73 CANFEB Jennifer Gibson,16,EPS
5:03.94 EPSDEC Hilary Seagrave,15,FAST
5:03.97 CANFEB Bambi Roy,15,CRKW
5:04.56 CANFEB Kristin Fowler,17,NKSC
5:04.59 WESTFEB Colleen Hnatiuk,16,EKSC

4X50 M MEDLEY RELAY
Rec: 1:59.56 Etobicoke Pepsi,EPS,91
1:59.56 EPSFEB Etobicoke Pepsi,EPS
2:00.97 HTACMAR Halifax Trojans,HTAC
2:03.09 RODJAN City of Brampton AC,COBRA
2:03.19 RODJAN Regina Opt.Dolphins,ROD
2:03.51 MANTADEC Manitoba Marlins,MM
2:03.9B WESTFEB Univ.Calgary SC,UCSC
2:04.63 YOUTHDEC North York AC,NYAC
2:04.67 PQAGFEB Select Ste-Foy,SELCT
2:05.60 BCSRFEB Hyack Swim Club,HYACK
2:05.B1 BCSRFEB Island Swimming,IS
2:06.52 WESTFEB Cascade Swim Club,CASC
2:06.B7 BCSRFEB Canadian Dolphin SC,CDSC
2:07.24 OAKJAN Brantford AC,BRANT
2:07.2B PQAGFEB Laval+Longueuil,ELITE
2:07.50 BRANTNOV Guelph Marlin AC,GMAC
2:07.56 GOLDOCT Goldfin Swim Club,GOLD
2:0B.27 ONAAAFEB Muskoka AC,MUSAC
2:0B.3B WESTFEB Kisu Swim Club,KISU
2:09.1B TOMACNOV Markham AC,MAC
2:09.28 WESTFEB Olympian Swim Club,OSC
2:09.30 ONAAFEB Scarborough SC,SCAR
2:09.34 MANTADEC Manta Aquatic Club,MANTA
2:09.70 SHERDEC Pisc.Olymp+LaSalle,POLAR
2:09.79 GODEC Gloucester-Ottawa Kingfish,GO
2:10.09 ONAAFEB Kingston Blue Marlins,KBM

4X50 M FREE RELAY
Rec: 1:46.11 Etobicoke Pepsi,EPS,90
1:46.11 EPSDEC Etobicoke Pepsi,EPS
1:46.99 CANFEB Regina Opt.Dolphins,ROD
1:47.B0 CANFEB Canadian Dolphin SC,CDSC
1:50.79 CANFEB City of Brampton AC,COBRA
1:50.B6 RACERDEC Univ.Calgary SC,UCSC
1:51.56 OAKJAN Brantford AC,BRANT
1:52.11 CANFEB Cascade Swim Club,CASC
1:52.22 MANTADEC Manta Aquatic Club,MANTA
1:52.23 CANFEB Halifax Trojans,HTAC
1:52.35 PQAGFEB Select Ste-Foy,SELCT
1:52.42 HYACKJAN Hyack Swim Club,HYACK
1:52.70 MANTADEC Manitoba Marlins,MM
1:52.B4 EPSDEC Markham AC,MAC
1:53.00 BRANTNOV Guelph Marlin AC,GMAC
1:53.34 BCSRFEB Island Swimming,IS
1:53.4B WESTFEB Kisu Swim Club,KISU
1:53.53 ONAAAFEB Muskoka AC,MUSAC
1:53.66 WESTFEB Edmonton Racers,RACE
1:53.92 PQAGFEB Laval+Longueuil,ELITE
1:54.04 YOUTHDEC North York AC,NYAC
1:54.21 ONAAFEB Scarborough SC,SCAR
1:54.33 SHERDEC Pisc.Olymp+LaSalle,POLAR
1:54.33 WESTFEB Olympian Swim Club,OSC
1:54.42 LLSCNOV York Swim Club,YORK
1:54.49 GODEC Gloucester-Ottawa Kingfish,GO

TOP AGE GROUP TIMES

1991 SHORT COURSE TAG®

BOYS 15-17

50 METRES FREESTYLE
Rec: 22.94 D.Kondziolka,TOMAC,90
23.58 CANFE8 Frank Samel,17,EPS
23.63 CANFE8 Stephen Clarke,17,CO8RA
23.69 CANFEB Curtis Myden,17,UCSC
23.76 CANFE8 Duane Dobko,17,AAC
23.80 CANFE8 Miguel Munoz,17,EPS
23.81 CANFE8 Ryan Laurin,15,SPART
23.85 SHERDEC Robert 8raknis,17,CAC
23.89 CANFEB Lee Wanie,16,YORK
23.99 CANFEB Jason Bishop,17,HYACK
24.04 CANFE8 Justin Finney,16,PCSC
24.07 CANFE8 Philippe Gauthier,17,CNMN
24.13 MANTADEC Chris Koyl,17,ROD
24.14 ONCUPJAN Eric Weibl,17,EPS
24.16 CANFEB Nick Luck,16,MAC
24.20 WESTFEB Conor Braiden,15,OSC
24.22 MANTADEC Anthony Comessotti,17,EKSC
24.23 ONAAAFEB Brendt Garlick,17,CAJ
24.30 MANTADEC Tyler Koyl,17,ROD
24.32 PQAGFEB Lothar Schwarz,17,SUPER
24.33 CANFE8 Luke Small,17,MM
24.45 ONAAFEB Doug McKay,17,8ROCK
24.50 8CSRFE8 Graem Geen,16,KAJ
24.50 WESTFE8 Ted Murphy,16,CASC
24.56 EPSDEC Sean Watson,17,HWAC
24.57 ONCUPJAN Drew Dundas,17,TOMAC

100 METRES FREESTYLE
Rec: 50.12 A.Baumann,LUSC,81
51.32 CANFEB Frank Samel,17,EPS
51.69 CANFE8 Curtis Myden,17,UCSC
51.91 CANFE8 Lee Wanie,16,YORK
52.08 CANFE8 Stephen Clarke,17,CO8RA
52.18 CANFE8 Luke Small,17,MM
52.41 RODJAN Robbie McFarlane,17,GOLD
52.43 CANFE8 Miguel Munoz,17,EPS
52.70 EPSDEC Simon Eberlie,16,LAC
52.82 MANTADEC Tyler Koyl,17,ROD
52.97 PQAGFE8 Lothar Schwarz,17,SUPER
53.01 CANFEB Jason 8ishop,17,HYACK
53.05 CANFEB Philippe Gauthier,17,CNMN
53.06 CANFE8 Jim Chapman,17,POLAR
53.09 8CSRFE8 Graem Geen,16,KAJ
53.16 ENLJAN Justin Finney,16,PCSC
53.18 EPSDEC Iain Tennent,17,NAAC
53.18 ONAAFEB Jeremy Sparrow,15,8OSS
53.19 YOUTHDEC Sean Watson,17,HWAC
53.30 MANTADEC Anthony Comessotti,17,EKSC
53.33 SHERDEC Daniel Bilodeau,17,PLUS
53.34 CANFE8 Jonathan McLeod,15,ROD
53.35 ONCUPJAN Eric Weibl,17,EPS
53.41 WESTFE8 Conor 8raiden,15,OSC
53.46 SHERDEC Robert 8raknis,17,CAC
53.46 WESTFE8 Ted Murphy,16,CASC

200 METRES FREESTYLE
Rec: 1:47.83 8aumann,LUSC,81/Parenti,NSC,89
1:50.78 CANFE8 Frank Samel,17,EPS
1:51.38 CANFEB Robbie McFarlane,17,GOLD
1:52.77 CANFE8 Simon Eberlie,16,LAC
1:52.97 EPSDEC David McLellan,17,LAC
1:52.98 EPSDEC Sean Watson,17,HWAC
1:53.16 EPSDEC Owen VonRichter,15,EPS
1:53.41 CANFE8 Derek McEachern,17,GMAC
1:53.57 CANFE8 Jim Chapman,17,POLAR
1:53.67 EPSDEC Jayson Knack,17,8RANT
1:54.21 MANTADEC Tyler Koyl,17,ROD
1:54.51 ONCUPJAN Steve Thomas,16,WAC
1:54.74 ONAAFEB Jeremy Sparrow,15,8OSS
1:54.92 MANTADEC Jamie Stevens,15,MANTA
1:55.11 8CSRFEB John McArthur,16,CDSC
1:55.42 ONCUPJAN Matthew McWha,17,WAC
1:55.59 ONAAFE8 Cricho 8rown,17,NKSC
1:55.94 EPSDEC Craig Devitt,17,UNATT
1:56.09 8CSRFE8 Graem Geen,16,KAJ
1:56.39 EPSDEC Iain Tennent,17,NAAC
1:56.59 MANTADEC Luke Small,17,MM
1:56.61 ONAAFE8 Toby 8eynon,17,LUSC
1:56.69 SHERDEC Robert Braknis,17,CAC
1:56.74 EPSDEC Edward Furs,16,EPS
1:56.83 HYACKJAN Jason 8ishop,17,HYACK
1:56.96 RODJAN Stephen Clarke,17,CO8RA

400 METRES FREESTYLE
Rec: 3:47.65 A.Baumann,LUSC,81
3:54.72 CANFE8 Robbie McFarlane,17,GOLD
3:55.70 EPSDEC David McLellan,17,LAC
3:55.93 CANFE8 Owen VonRichter,15,EPS
3:56.95 CASCNOV Curtis Myden,16,UCSC
3:58.41 CANFE8 Jaret Abel,16,EKSC
3:59.35 CANFEB Jim Chapman,17,POLAR
4:00.09 EPSDEC Jayson Knack,17,BRANT
4:00.22 ONCUPJAN Frank Samel,17,EPS
4:00.54 CANFE8 Derek McEachern,17,GMAC
4:01.18 CANFEB Matthew Cardwell,17,PCSC
4:02.18 EPSDEC Craig Devitt,17,UNATT
4:02.29 EPSDEC Jamie Stevens,15,MANTA
4:03.38 CANFEB Cricho 8rown,17,NKSC
4:03.58 GODEC Stephen 8aird,17,GO
4:03.78 EPSDEC Simon Eberlie,16,LAC
4:04.37 ONCUPJAN Steve Thomas,16,WAC
4:04.51 CANFE8 Liam Weseloh,15,NYAC
4:04.64 ONCUPJAN Matthew McWha,17,WAC
4:04.64 ONAAFEB Jeremy Sparrow,15,BOSS
4:04.98 EPSDEC Sean Watson,17,HWAC
4:05.08 EPSDEC Philippe Voisard,17,RCA
4:05.76 8CSRFE8 John McArthur,16,CDSC
4:05.80 MANTADEC Tyler Koyl,17,ROD
4:06.32 PQAGFE8 Alex Leduc,17,SELCT
4:06.62 CVACJAN Kevin Pickard,17,DDO

1500 METRES FREESTYLE
Rec: 15:08.85 A.Baumann,LUSC,81
15:09.52 EPSDEC David McLellan,17,LAC
15:37.45 EPSDEC Owen VonRichter,15,EPS
15:44.66 CANFEB Jaret Abel,16,EKSC
15:48.82 ONCUPJAN Liam Weseloh,15,NYAC
15:53.79 CANFEB Matthew Cardwell,17,PCSC
15:54.76 EPSDEC Jayson Knack,17,BRANT
16:05.73 ONCUPJAN Robert Sampson,16,GO
16:11.15 EPSDEC Jamie Stevens,15,MANTA
16:12.56 PQAGFEB Kevin Pickard,17,DDO
16:13.78 BCSRFEB Brett Creed,15,WVOSC
16:14.15 EPSDEC Matthew McWha,17,WAC
16:14.88 WESTFEB Jonathan Cartlidge,17,PSW
16:15.42 EPSDEC Andrew Foulds,17,TBT
16:16.01 KSCFEB Curtis Myden,17,UCSC
16:16.03 ONCUPJAN Frank Samel,17,EPS
16:17.44 RODJAN Robbie McFarlane,17,GOLD
16:17.92 EPSDEC Craig Devitt,17,UNATT
16:18.61 ONCUPJAN Scott Speedman,15,NYAC
16:19.61 PQAGFEB Philippe Langlois,16,CNCB
16:21.42 EPSDEC Darren Murphy,15,TRENT
16:21.74 ONAAFEB Jeremy Sparrow,15,BOSS
16:21.95 SHERDEC Etienne Caron,16,CNO
16:22.71 GODEC Chris Messer,17,GO
16:24.24 ONAAFEB Cricho Brown,17,NKSC
16:24.81 EPSDEC Tim Brown,17,TIDE

100 METRES BACKSTROKE
Rec: 55.46 M.West,ROW,82
56.69 CANFE8 Duane Dobko,17,AAC
57.15 CANFE8 Stephen Clarke,17,CO8RA
58.65 CANFE8 Jonathan Dean,16,HYACK
58.80 CANFEB Ian Wogrinetz,17,NKSC
59.00 EPSFEB Frank Samel,17,EPS
59.39 EPSDEC Robert 8raknis,17,CAC
59.54 ONAAAFEB 8rendt Garlick,17,CAJ
59.55 CANFE8 Matthew Adams,17,TRENT
59.61 CANFE8 Jeff Toth,15,ROD
59.69 RACERDEC Greg Miller,17,CDSC
59.85 CANFE8 Shea Tritter,17,CASC
59.92 CANFE8 Craig Keddie,16,UCSC
59.97 CANFE8 Joe DiUbaldo,16,HWAC
1:00.72 CANFEB Sean Neeb,17,ROW
1:00.83 CANFEB Mac Fraser,16,NYAC
1:00.84 EPSDEC Jayson Knack,17,BRANT
1:00.86 CANFE8 Edward Furs,16,EPS
1:00.88 CANFE8 Peter Hezky,15,WAC
1:00.98 WESTFE8 Alex Day,16,UCSC
1:01.03 CANFEB Matthew Cardwell,17,PCSC
1:01.23 CANFE8 Jaret Abel,16,EKSC
1:01.28 KSCFEB Curtis Myden,17,UCSC
1:01.29 ONCUPJAN Rodger Shortt,15,NYAC
1:01.43 RODJAN Robbie McFarlane,17,GOLD
1:01.46 PQAGFE8 Denis Marleau,15,CAC

200 METRES BACKSTROKE
Rec: 1:57.95 S.Goss,NYAC,84
2:02.78 CANFEB Duane Dobko,17,AAC
2:03.25 CANFEB Curtis Myden,17,UCSC
2:04.36 CANFE8 Matthew Adams,17,TRENT
2:05.27 CANFE8 Ian Wogrinetz,17,NKSC
2:07.52 CANFE8 Jayson Knack,17,8RANT
2:07.64 CANFEB Cricho 8rown,17,NKSC
2:07.73 SHERDEC Robert 8raknis,17,CAC
2:08.05 CANFEB Mac Fraser,16,NYAC
2:08.40 RACERDEC Greg Miller,17,CDSC
2:08.94 CANFEB Shea Tritter,17,CASC
2:09.02 CANFEB Robbie McFarlane,17,GOLD
2:09.55 CANFE8 Matthew Cardwell,17,PCSC
2:09.69 CANFE8 Jonathan Dean,16,HYACK
2:09.74 CANFE8 Sean Neeb,17,ROW
2:09.85 MACJAN Stephen Clarke,17,COBRA
2:10.00 ONAAAFE8 8rendt Garlick,17,CAJ
2:10.01 CANFE8 Craig Keddie,16,UCSC
2:10.03 BCSRFE8 Dustin Hersee,16,CDSC
2:10.18 EPSDEC Joe DiUbaldo,16,HWAC
2:10.43 CANFE8 Edward Furs,16,EPS
2:11.39 CANFEB Jeff Toth,15,ROD
2:11.57 CANFE8 Francis Lemieux,17,SUPER
2:11.79 CASCNOV Trevor Johnsen,17,UCSC
2:12.05 CANFE8 Philippe Gauthier,17,CNMN
2:12.20 ONCUPJAN Peter Hezky,15,WAC

100 METRES BREASTSTROKE
Rec: 1:01.36 V.Davis,ROW,82
1:02.33 CANFE8 Curtis Myden,17,UCSC
1:03.58 CANFE8 Michael Lamothe,17,GO
1:05.51 CANFE8 Kevin Przyswitt,16,EKSC
1:05.55 CANFE8 Luke Small,17,MM
1:05.56 CANFE8 Costa Christopoulos,16,PCSC
1:05.85 CANFEB Darren Nichols,17,EKSC
1:06.04 CANFE8 Michael Ritcey,16,HTAC
1:06.27 CANFEB Jonathan Dean,16,HYACK
1:06.29 CANFEB Christian Aubin,16,CNC8
1:06.31 CANFEB Vaughn Thompson,15,CHENA
1:06.34 EPSDEC Donald Head,17,LAC
1:06.44 CANFEB Rusty Jones,16,MANTA
1:06.66 PQAGFEB Alex Leduc,17,SELCT
1:06.85 ONAAFE8 Andrew Galbraith,17,TAT
1:06.95 YOUTHDEC Michael 8rock,16,NYAC
1:06.97 8RANTNOV Andrew Foulds,17,TBT
1:06.99 PQAGFEB Jean-N. Poirier,15,SUPER
1:07.00 ONAAFEB Doug McKay,17,BROCK
1:07.08 CANFE8 Trevor Johnsen,17,UCSC
1:07.10 CANFE8 Michael Moore,17,EPS
1:07.13 EPSFE8 Frank Samel,17,EPS
1:07.14 ONAAFE8 Simon Smith,17,NEW
1:07.21 EPSDEC Patrice 8oudreault,16,SELCT
1:07.22 CANFEB Pascal Lafrance,16,SUPER
1:07.35 WESTFEB 8en 8ell,16,SKSC

200 METRES BREASTSTROKE
Rec: 2:11.54 V.Davis,ROW,82
2:15.03 CANFE8 Curtis Myden,17,UCSC
2:17.98 CANFE8 Michael Lamothe,17,GO
2:19.90 GODEC Stephen 8aird,17,GO
2:20.59 CANFE8 Vaughn Thompson,15,CHENA
2:21.50 CANFEB Darren Nichols,17,EKSC
2:21.93 CANFEB Michael Ritcey,16,HTAC
2:23.12 CANFE8 Christian Aubin,16,CNC8
2:23.45 ONAAFE8 Andrew Galbraith,17,TAT
2:23.48 EPSDEC Andrew Foulds,17,TBT
2:23.48 EPSDEC Donald Head,17,LAC
2:23.71 CANFEB Michael Moore,17,EPS
2:24.38 PQAGFEB Alex Leduc,17,SELCT
2:24.47 PQAGFEB Eric Croisetiere,16,CAMO
2:24.54 CANFE8 Kevin Przyswitt,16,EKSC
2:24.71 PQAGFE8 Jean-N. Poirier,15,SUPER
2:24.79 8CSRFE8 Edward Ng,15,VCSC
2:25.23 RACERDEC John McArthur,16,CDSC
2:25.50 YOUTHDEC Michael 8rock,16,NYAC
2:25.52 CANFEB Pascal Lafrance,16,SUPER
2:25.60 CANFEB Costa Christopoulos,16,PCSC
2:25.79 CAMONOV Andras Szuhay,15,CAMO
2:26.18 PQAGFEB Francis Roussel,16,SUPER
2:26.73 PQAGFE8 Jonathan Racine,15,SELCT
2:26.77 WESTFE8 Shawn Pinder,16,LASC
2:27.25 ONCUPJAN Steve Thomas,16,WAC

100 METRES BUTTERFLY
Rec: 55.19 S.Clarke,COBRA,91
55.19 CANFE8 Stephen Clarke,17,CO8RA
56.42 CANFE8 Justin Finney,16,PCSC
56.81 CANFE8 Frank Samel,17,EPS
57.15 EPSDEC Derek McEachern,17,GMAC
57.24 CANFEB Jason Bishop,17,HYACK
57.26 EPSDEC Sean Watson,17,HWAC
57.34 GOLDOCT Robbie McFarlane,17,GOLD
57.45 CANFE8 Mac Fraser,16,NYAC
57.55 CANFE8 Robert Sampson,17,GO
57.56 CANFEB Trevor Johnsen,17,UCSC
57.66 EPSDEC Simon Eberlie,16,LAC
57.81 RACERDEC Greg Miller,17,CDSC
57.97 GOLDOCT Michael 8rowne,16,OSC
57.99 RACERDEC Dan Kupr,19,UBC
58.01 EPSDEC Frederic Marchand,16,SELCT
58.16 CANFEB Jonathan Dean,16,HYACK
58.26 ONAAFEB Doug McKay,17,8ROCK
58.35 ONCUPJAN Miguel Munoz,17,EPS
58.48 MANTADEC Tyler Koyl,17,ROD
58.69 SHERDEC 8ernard Martineau,16,PLUS
58.76 CANFEB Carl Simonson,17,EKSC
58.79 CANFE8 Dan Letourneau,15,CNCB
58.85 ONCUPJAN Matthew McWha,17,WAC
58.88 WESTFE8 Jason Harding,17,UCSC
59.07 ONCUPJAN David Dykstra,17,GMAC

200 METRES BUTTERFLY
Rec: 1:58.44 V.Davis,ROW,82
2:02.57 CANFE8 Robbie McFarlane,17,GOLD
2:02.98 CANFE8 Frank Samel,17,EPS
2:05.29 EPSDEC Simon Eberlie,16,LAC
2:05.50 CANFE8 Dino Verbrugge,16,HYACK
2:05.79 CANFE8 Doug McKay,17,8ROCK
2:05.86 RACERDEC Greg Miller,17,CDSC
2:05.86 CANFEB Robert Sampson,17,GO
2:06.01 EPSDEC Sean Watson,17,HWAC
2:06.42 CANFE8 Dan Letourneau,15,CNC8
2:06.53 CANFEB Carl Simonson,17,EKSC
2:06.64 YOUTHDEC Michael 8rock,16,NYAC
2:07.51 CANFE8 Trevor Johnsen,17,UCSC
2:07.58 EPSDEC Derek McEachern,17,GMAC
2:07.96 EPSDEC Frederic Marchand,16,SELCT
2:07.97 CANFE8 Jamie Stevens,16,MANTA
2:08.03 CANFE8 Justin Finney,16,PCSC
2:08.21 CANFE8 Matthew McWha,17,WAC
2:08.67 SHERDEC Bernard Martineau,16,PLUS
2:08.94 EPSDEC Jayson Knack,17,BRANT
2:08.96 EPSDEC David Struthers,15,TIDE
2:09.63 MANTADEC Tyler Koyl,17,ROD
2:09.66 BRANTNOV Stephen Clarke,17,COBRA
2:09.76 ONAAAFEB Steven Georgiev,16,CAJ
2:10.03 UCSCJAN Curtis Myden,17,UCSC
2:10.06 EPSDEC Owen VonRichter,15,EPS

200 METRES IND.MEDLEY
Rec: 2:00.43 A.8aumann,LUSC,81
2:02.61 CANFE8 Curtis Myden,17,UCSC
2:05.50 EPSDEC Frank Samel,17,EPS
2:07.07 EPSDEC Jayson Knack,17,BRANT
2:07.21 CANFEB Doug McKay,17,8ROCK
2:07.55 RODJAN Stephen Clarke,17,COBRA
2:08.19 GODEC Stephen Baird,17,GO
2:08.43 EPSDEC Derek McEachern,17,GMAC
2:08.51 PQAGFEB Dan Letourneau,15,CNCB
2:08.78 EPSDEC Andrew Foulds,17,TBT
2:08.98 CANFEB Jamie Stevens,16,MANTA
2:09.21 RODJAN Robbie McFarlane,17,GOLD
2:09.40 YOUTHDEC Michael Brock,16,NYAC
2:09.88 RACERDEC Greg Miller,17,CDSC
2:10.05 PQAGFEB Alex Leduc,17,SELCT
2:10.20 EPSDEC Donald Head,17,LAC
2:10.25 CANFEB Trevor Johnsen,17,UCSC
2:10.36 CANFEB Matthew McWha,17,WAC
2:10.72 CANFEB Russell Patrick,15,UCSC
2:10.74 MANTADEC Tyler Koyl,17,ROD
2:10.79 WESTFEB Ramon Vrielink,17,CASC
2:11.08 PQAGFEB Eros Pelletier,17,ELITE
2:11.11 MANTADEC Jonathan McLeod,15,ROD
2:11.18 MANTADEC Luke Small,17,MM
2:11.32 ONCUPJAN Steve Thomas,16,WAC
2:11.32 ONCUPJAN Eric Weibl,17,EPS

400 METRES IND.MEDLEY
Rec: 4:12.67 A.8aumann,LUSC,81
4:15.92 CANFEB Curtis Myden,17,UCSC
4:25.33 CANFEB Jaret Abel,16,EKSC
4:26.44 CANFEB Owen VonRichter,15,EPS
4:30.28 GODEC Stephen Baird,17,GO
4:30.50 EPSDEC Jayson Knack,17,BRANT
4:30.97 CANFEB Doug McKay,17,BROCK
4:32.55 CANFEB Jamie Stevens,16,MANTA
4:33.40 EPSDEC Andrew Foulds,17,TBT
4:35.23 PQAGFEB Alex Leduc,17,SELCT
4:35.53 RACERDEC Greg Miller,17,CDSC
4:35.82 CANFEB Michael Brock,17,NYAC
4:36.12 CANFEB Trevor Johnsen,17,UCSC
4:36.13 EPSDEC Matthew McWha,17,WAC
4:36.68 EPSDEC Jonathan McLeod,15,ROD
4:37.09 ONCUPJAN Steve Thomas,16,WAC
4:37.35 CANFEB Dan Letourneau,15,CNC8
4:37.37 EPSDEC David McLellan,17,LAC
4:37.46 PQAGFEB Kevin Pickard,17,DDO
4:37.84 CANFEB Michael Lamothe,17,GO
4:38.04 EPSDEC Simon Eberlie,16,LAC
4:38.97 RODJAN Robbie McFarlane,17,GOLD
4:39.08 HYACKJAN Jonathan Dean,16,HYACK
4:39.61 RACERDEC Russell Patrick,15,UCSC
4:39.64 EPSDEC Donald Head,17,LAC
4:39.71 RACERDEC John McArthur,16,CDSC

4X50 M MEDLEY RELAY
Rec: 1:46.33 Univ.Calgary SC,UCSC,90
1:48.27 MANTADEC Edmonton Keyano SC,EKSC
1:49.64 WESTFE8 Olympian Swim Club,OSC
1:49.78 EPSFE8 Etobicoke Pepsi,EPS
1:50.69 GODEC Glouc-Ottawa Kingfish,GO
1:50.78 MANTADEC Regina Opt.Dolphins,ROD
1:51.78 TOMACNOV Markham AC,MAC
1:52.29 HYACKJAN Hyack Swim Club,HYACK
1:52.41 YOUTHDEC North York AC,NYAC
1:52.61 MANTADEC Cascade Swim Club,CASC
1:53.42 PQAGFE8 Select Ste-Foy,SELCT
1:53.62 ONAAAFEB Cambridge Aquajets,CAJ
1:54.05 RACERDEC Univ.Calgary SC,UCSC
1:54.65 MANTADEC Manta Aquatic Club,MANTA
1:54.78 YOUTHDEC Barrie Trojans,BTSC
1:55.10 BROCKNOV Nepean Kanata SC,NKSC
1:55.43 CVACJAN Saint John Fundy AC,TIDE
1:55.46 PQAGFEB Rive Sud+Boucherville,SUPER
1:55.48 WACJAN Windsor AC,WAC
1:55.49 BROCKNOV Trent Swim Club,TRENT
1:55.56 MANTADEC Manitoba Marlins,MM
1:55.75 PQAGFEB Laval+Longueuil,ELITE
1:55.85 TOMACNOV Mississauga AC,TOMAC
1:56.00 PQAGFEB CA Chateauguay,CAC
1:56.22 OAKJAN East York SC,EYSC
1:56.30 BRANTNOV Thun Bay Thunderbolts,TBT

4X50 M FREE RELAY
Rec: 1:35.61 Etobicoke Pepsi,EPS,91
1:35.61 EPSFEB Etobicoke Pepsi,EPS
1:36.54 MANTADEC Regina Opt.Dolphins,ROD
1:37.76 MANTADEC Edmonton Keyano SC,EKSC
1:39.19 WESTFEB Olympian Swim Club,OSC
1:39.34 HYACKJAN Hyack Swim Club,HYACK
1:39.51 ONAAAFEB Cambridge Aquajets,CAJ
1:39.73 EPSDEC Markham AC,MAC
1:39.92 EPSDEC Windsor AC,WAC
1:40.52 MANTADEC Cascade Swim Club,CASC
1:41.00 RACERDEC Univ.Calgary SC,UCSC
1:41.56 PQAGFE8 CA Chateauguay,CAC
1:41.57 ONAAAFEB Muskoka AC,MUSAC
1:41.57 PQAGFEB Select Ste-Foy,SELCT
1:41.83 GODEC Glouc-Ottawa Kingfish,GO
1:41.83 PQAGFEB Rive Sud+Boucherville,SUPER
1:42.02 MANTADEC Selkirk Dolphins,SD
1:42.19 MANTADEC Manitoba Marlins,MM
1:42.35 EPSDEC Trent Swim Club,TRENT
1:42.36 YOUTHDEC North York AC,NYAC
1:42.41 BROCKNOV Barrie Trojans,BTSC
1:42.64 HYACKJAN Canadian Dolphin SC,CDSC
1:42.69 TOMACNOV Mississauga AC,TOMAC
1:42.72 MANTADEC Manta Aquatic Club,MANTA
1:42.93 SHERDEC CN Outaouais,CNO

MAKING WAVES®

Donna Wu, 14
Club: Vancouver Canadian Swim Club
Coach: Todd Clark
Specialty: Freestyle
Ranks among top 10 for SCM91 TAG for 200-400 freestyle

Best Times	*SCM91*	*LCM90*
50 freestyle	27.79	
100 freestyle	1:00.25	1:03.27
200 freestyle	2:08.03	2:14.77
400 freestyle	4:28.00	4:42.43
800 freestyle	9:20.10	

Michael Brett, 12
Club:Richmond Hill Aquatic Club
Coach: Takeo Inoki
Specialty: Butterfly
Ranks 5th for SCM91 TAG in 200 fly

Best Times	*SCM91*	*LCM90*
100 freestyle	1:02.96	
100 butterfly	1:08.04	1:14.25
200 butterfly	2:29.36	2:42.43
200 ind.medley	2:29.02	
400 ind.medley	5:16.73	

Megan Sulllvan, 16
Club: Muskoka Aquatic Club
Coach: Liisa Tikkala
Specialty: Breaststroke
Consolation finalist for both breaststrokes at Winter Nationals. Ranks 5th for 100 breast in SCM91 TAG

Best Times	*SCM91*	*LCM90*
50 freestyle	27.31	
100 freestyle	1:12.31	1:15.30
100 backstroke	2:37.73	2:47.86

Goran Yabar, 12
Club: Breakers Swim Team
Coach: Doug Moriarty/John Hebb
Specialty: Freestyle, butterfly
Ranks in top 10 for SCM91 TAG in 50 free and 100 fly.

Best Times	*SCM91*	*LCM90*
50 freestyle	27.54	29.72
100 freestyle	1:01.44	
100 butterfly	1:06.97	1:13.52

Kostas Kapralos,12
Club: North York Aquatic Club
Coach: Bill Durrant
Specialty: Freestyle
Ranks 7th for both 400-1500 free in SCM91 TAG

Best Times	*SCM91*	*LCM90*
50 freestyle	28.46	29.64
100 freestyle	1:01.97	1:04.86
200 freestyle	2:12.72	2:20.12
400 freestyle	4:40.17	4:55.90
1500 freestyle	18:29.51	19:35.93

Gwendolina Grubski, 14
Club: Select Ste-Foy
Coach: Benoit Lebrun
Specialty: Free, individual medley

Best Times	*SCM91*	*LCM90*
400 freestyle	4:28.25	
100 backstroke	1:07.54	
100 butterfly	1:06.83	1:07.23
200 butterfly	2:27.71	2:26.13
400 ind.medley	5:02.95	5:18.56

Marsha Clouthier, 12
Club: Oshawa Aquatic Club
Coach: Michael Holbrook
Specialty: Butterfly
Ranks 2nd for 200 fly, 3rd in 400 IM for SCM91 TAG

Best Times	*SCM91*	*LCM90*
100 butterfly	1:08.49	1:13.66
200 butterfly	2:27.44	2:37.70
200 ind.medley	2:38.30	
400 ind.medley	5:18.76	5:33.49

Dennis Lau, 12
Club: Markham Aquatic Club
Coach:Rob Masson
Specialty: Breaststroke
First ranked in TAG for 100-200 breast.

Best Times	*SCM91*	*LCM90*
50 freestyle	28.05	29.42
100 breaststroke	1:11.02	1:19.15
200 breaststroke	2:33.94	2:51.62
100 butterfly	1:05.82	1:12.10
200 ind.medley	2:25.95	

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● **Ak-O-Mak owner, Buck Dawson chosen for U.S. Swimming's 1987 highest award, founder and first director (22 years) of International Swimming Hall of Fame, member for 12-years of U.S. Olympic Swimming Committee.**

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